# Triple therapies: opening spaces for hope in COPD patients





## **Alberto Papi**

Clinica Pneumologica Azienda Ospedaliera-Universitaria S. Anna University of Ferrara, I

## Presenter disclosures

Alberto Papi

- Personal financial relationships with commercial interests relevant to medicine, within past 3 years:
  - Consultant or Advisory Board or Board Member: AstraZeneca, Boehringer Ingelheim, Chiesi Farmaceutici, GlaxoSmithKline, Mundipharma, Novartis IT, Zambon, Almirall, TEVA
  - Lecture Fees: AstraZeneca, Chiesi Farmaceutici, Boehringer Ingelheim, GlaxoSmithKline, Gentili, Pfizer, Merck Sharp & Dohme, Novartis, Mundipharma, Novartis, Almirall, TEVA
  - Industry-Sponsored Grants: AstraZeneca, Chiesi Farmaceutici, Boehringer Ingelheim, GlaxoSmithKline, Merck Sharp & Dohme, Menarini, Fondazione Maugeri, Fondazione Chiesi Farmaceutici
- Member of GOLD Science Committee
- No relationships with tobacco entities
- No non-commercial relationship to disclosures

# Triple therapies: opening spaces for hope in COPD patients

- Definitions & treatment outcomes.
- Exacerbations and their prevention
  - GOLD 2019-20
- New options, new hopes
  - Triple Therapy: Efficay safety
- ....and beyond: new hopes
- In addition..... Letters..

# Triple therapies: opening spaces for hope in COPD patients

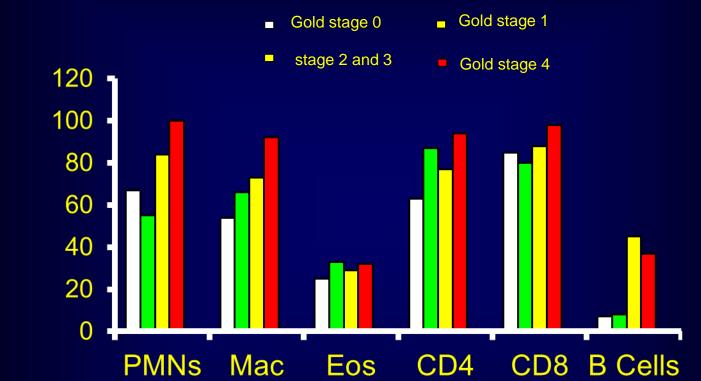
- Definitions & treatment outcomes.
- Exacerbations and their prevention
  - GOLD 2019-20
- New options, new hopes
  - Triple Therapy: Efficay safety
- ....and beyond: new hopes
- In addition..... Letters..

## **DEFINITION GOLD 2020**

Chronic Obstructive Pulmonary Disease (COPD) is a common, preventable and treatable disease that is characterized by *persistent respiratory symptoms and airflow limitation* that is due to *airway and/or alveolar abnormalities* usually caused by significant exposure to noxious particles or gases <u>including</u> <u>abnormal lung development</u>. Significant comorbidities may have an impact on morbidity and mortality.

- The chronic airflow limitation that is characteristic of COPD is caused by a mixture of small airways disease (e.g., obstructive bronchiolitis) and parenchymal destruction (emphysema), the relative contributions of which vary from person to person.
- Chronic inflammation causes structural changes, narrowing of the small airways and destruction of the lung parenchyma that leads to the loss of alveolar attachments to the small airways and decreases lung elastic recoil. In turn, these changes diminish the ability of the airways to remain open during expiration. A loss of small airways may also contribute to airflow limitation

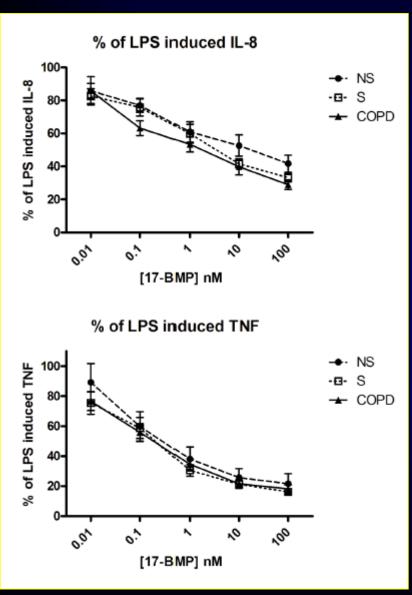
#### Inflammation and severity

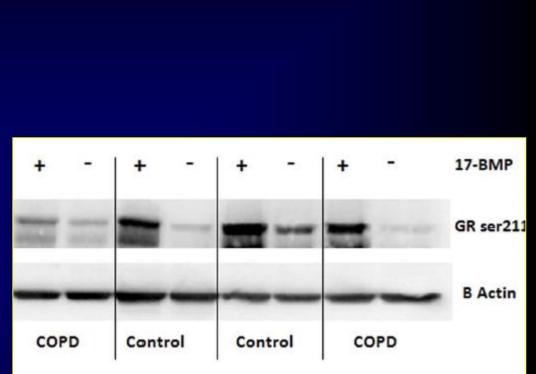


Airways with measurable cells (%)

(Hogg et al NEJM 2004)

#### Effects of 17-BMP on LPS-stimulated cytokines



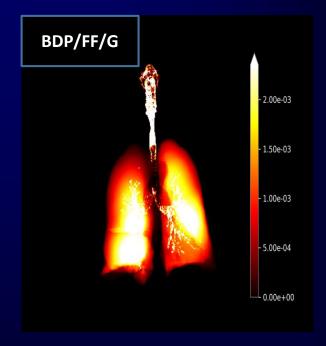


Plumb J, PLoS ONE 2013

## Lung deposition of extrafine triple therapy in patients with COPD by Functional Respiratory Imaging (FRI)

AIMS: To evaluate lung deposition patterns of extrafine formulation BDP/FF/G pMDI in patients with stable COPD and moderate to very severe airflow obstruction.

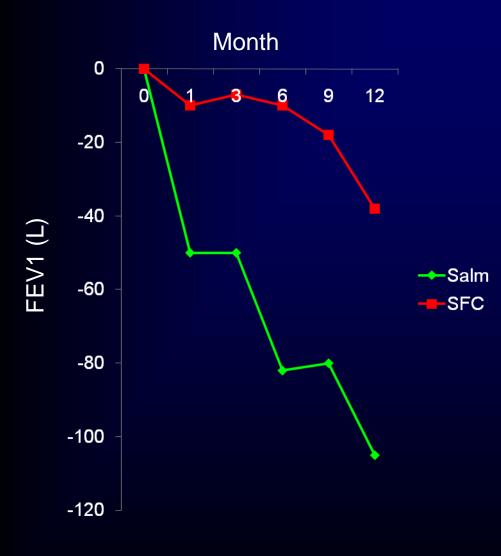
**METHODS:** Intrathoracic depositions of ICS, LABA, and LAMA components were calculated in 20 patients. Inhalation was simulated in silico using a per-patient profile derived from real life measurement.



| Component | Extrafine formulation<br>BDP/FF/G pMDI |
|-----------|--|
| ICS       | 0.48 +/- 0.13                          |
| LABA      | 0.48 +/- 0.13                          |
| LAMA      | 0.49 +/- 0.13                          |

Central to peripheral deposition ratios (all flow rates)

## Withdrawal of FP from SFC





Wouters, Thorax 2005

The NEW ENGLAND JOURNAL of MEDICINE

#### EDITORIAL

Making Sense of Triple Inhaled Therapy for COPD

Samy Suissa, Ph.D., and Jeffrey M. Drazen, M.D.

....% of the patients enrolled in the trial were receiving treatment with triple therapy.....

Thus, for the patients assigned to the LAMA–LABA group, many of whom were actually stepping down in their treatment, inhaled glucocorticoids were abruptly withdrawn at the time of randomization; this could lead to COPD exacerbations.<sup>7-9</sup>

Suissa S, et al. Eur Respir J 2008.
 Vestbo J, et al Clin Respir J 2011
 Suissa S. Thorax 2014.

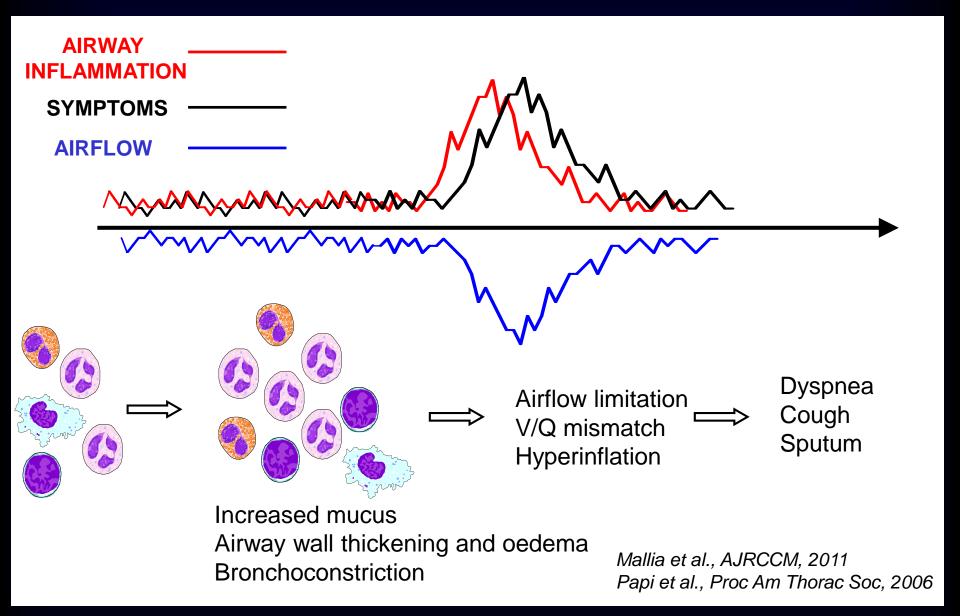
# Triple therapies: opening spaces for hope in COPD patients

- Definitions & treatment outcomes.
- Exacerbations and their prevention
  - GOLD 2019
- New options, new hopes
  - Triple Therapy: Efficay safety
- ....and beyond: new hopes
- In addition..... Letters..

## **COPD** exacerbations: Definition

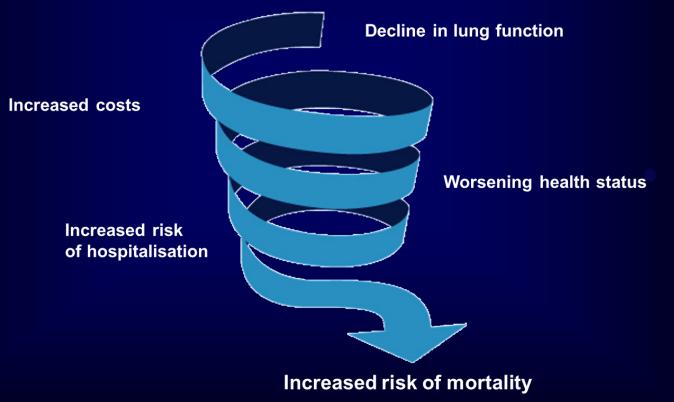
COPD exacerbations are defined as an acute worsening of respiratory symptoms that result in additional therapy. They are classified as mild (treated with short acting bronchodilators only, SABAs), moderate (treated with SABAs plus antibiotics and/or oral corticosteroids) or severe (patient requires hospitalization or visits the emergency room). Severe exacerbations may also be associated with acute respiratory failure ....

## **Pathogenesis of COPD exacerbations**



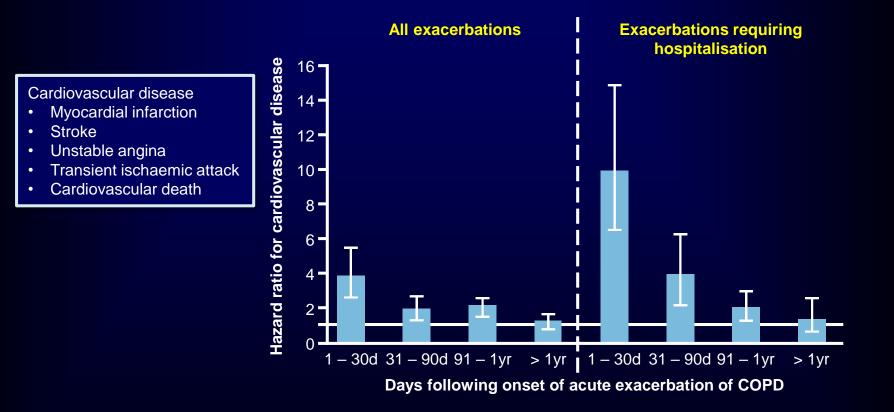
## Exacerbations drive morbidity and mortality

**COPD** exacerbations lead to:



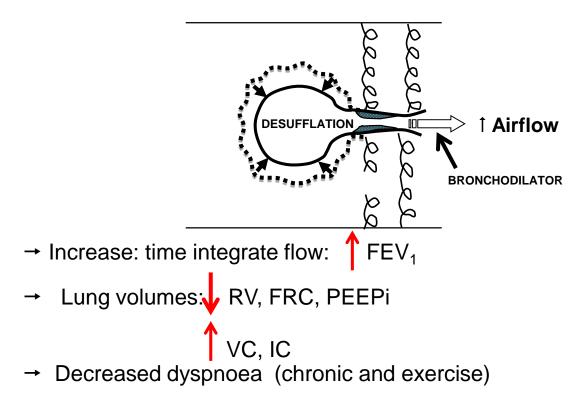
GOLD Report 2019

# Cardiovascular events following an acute COPD exacerbation



Adapted from Kunisaki KM, et al. *Am J Respir Crit Care Med.* 2018;198:51–57.

## Bronchodilators & "desufflation"



→ Increased exercise tolerance

## Comparison of reduction of COPD exacerbation rate observed in recent studies of ICS/LABA combinations vs LABA monotherapy

- ICS/LABAs show a consistent reduction of approx 25-30% vs LABAs
- A Cochrane meta- analysis reports an average 24% reduction in exacerbations with ICS/LABAs vs LABAs<sup>1</sup>

| Study reference    | Drugs and total daily dose<br>(μg) | Study<br>duration | Annual rate of moderate/severe<br>exacerbations |      |                                   |
|--------------------|------------------------------------|-------------------|---|------|-----------------------------------|
|                    |                                    |                   | ICS/LABA  | LABA | Reduction ICS/LABA vs<br>LABA (%) |
| Calverley et al    | FP/Salm 1000/100 vs Salm<br>100    | 3 years           | 0.85  | 0.97 | 12 <sup>a</sup>                   |
| Szafranski et al   | BUD/FF 800/24 vs FF 24             | 12 months         | 1.42  | 1.84 | 23 <sup>a</sup>                   |
| Rennard et al      | BUD/FF 400/12 vs FF 12             | 12 months         | n/a   | n/a  | 25 <sup>a</sup>                   |
| Calverley et al    | BUD/FF 800/24 vs FF 24             | 12 months         | 1.38  | 1.85 | 25.5 <sup>a</sup>                 |
| Sharafkhaneh et al | BUD/FF 200/12 vs FF 12             | 12 months         | 0.79  | 1.07 | 25.9 <sup>a</sup>                 |
| Wedzicha et al     | BDP/FF 400/24 vs FF 24             | 48 weeks          | 0.80  | 1.12 | <b>28.1</b> ª                     |
| Rennard et al      | BUD/FF 200/12 vs FF 12             | 12 months         | n/a   | n/a  | 29 <sup>a</sup>                   |
| Dransfield et al   | FF/Vil 100/25 vs Vil 25            | 52 weeks          | 0.81  | 1.11 | 30*                               |
| Anzueto et al      | FP/Salm 500/100 vs Salm 100        | 52 weeks          | 1.10  | 1.59 | 30.4 <sup>a</sup>                 |
| Ferguson et al     | FP/Salm 500/100 vs Salm 100        | 12 months         | 1.06  | 1.53 | 30.5 <sup>a</sup>                 |
| Sharafkhaneh et al | BUD/FF 400/12 vs FF 12             | 12 months         | 0.70  | 1.07 | 34.6 <sup>a</sup>                 |
| Kardos et al       | FP/Salm 1000/100 vs Salm<br>100    | 44 weeks          | 0.92  | 1.4  | 35ª                               |

<sup>a</sup> p-value ICS/LABA vs. LABA alone <0.05, \* p value not available

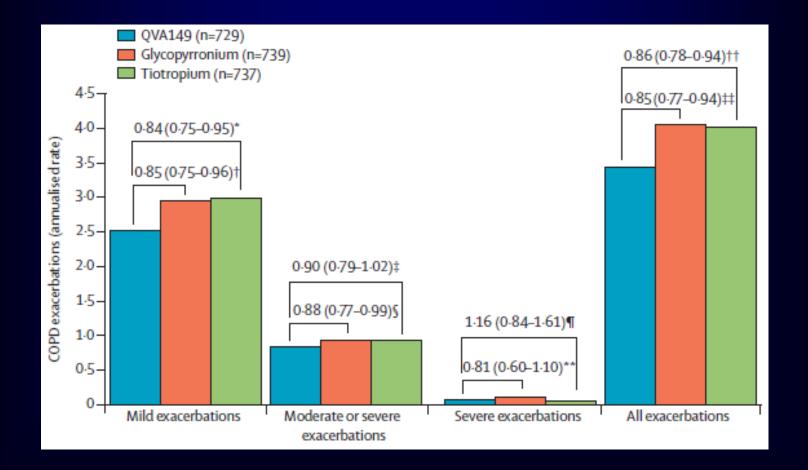
## GOLD 2019

## **INITIAL PHARMACOLOGICAL TREATMENT**

| ≥ 2 moderate<br>exacerbations or ≥ 1<br>leading to<br>hospitalization      | Group C<br>LAMA             | Group D LAMA or<br>LAMA + LABA* or<br>ICS + LABA**<br>*Consider if highly symptomatic (e.g. CAT > 20)<br>**Consider if eos ≥ 300 |
|--|-----------------------------|--|
| 0 or 1 moderate<br>exacerbations<br>(not leading to<br>hospital admission) | Group A<br>A Bronchodilator | Group B<br>A Long Acting Bronchodilator<br>(LABA or LAMA)  |
|  | mMRC 0-1 CAT < 10           | mMRC $\geq$ 2 CAT $\geq$ 10  |

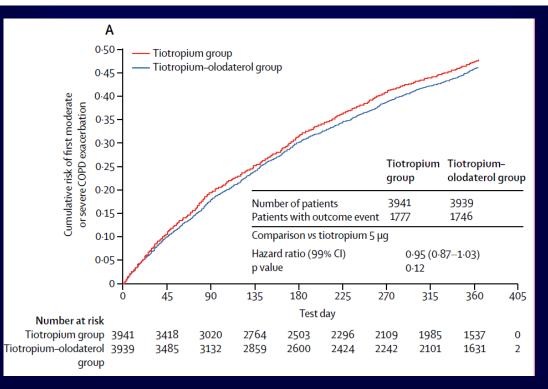
GOLD 2019 Report: Available from http://goldcopd.org/gold-2019-global-strategy-diagnosis-management-prevention-copd

## **Exacerbations**



Tiotropium and olodaterol in the prevention of chronic obstructive pulmonary disease exacerbations (DYNAGITO): a double-blind, randomised, parallel-group, active-controlled trial

Peter M A Calverley, Antonio R Anzueto, Kerstine Carter, Lars Grönke, Christoph Hallmann, Christine Jenkins, Jadwiga Wedzicha, Klaus F Rabe



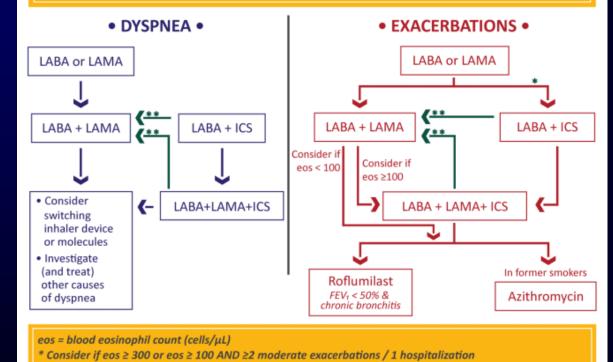
The rate of moderate and severe exacerbations was lower with tiotropium– olodaterol than tiotropium (rate ratio [RR] 0.93, 99% CI 0.85–1.02;p=0.0498), not meeting the targeted 0.01 significance level.

Calverley et al., Lancet Respir Med 2018; 6: 337-44

## GOLD 2019

#### **FOLLOW-UP PHARMACOLOGICAL TREATMENT**

- 1. IF RESPONSE TO INITIAL TREATMENT IS APPROPRIATE, MAINTAIN IT.
- 2. IF NOT: ✓ Consider the predominant treatable trait to target (dyspnea or exacerbations)
  Use exacerbation pathway if both exacerbations and dyspnea need to be targeted
  - $\checkmark$  Place patient in box corresponding to current treatment & follow indications
  - ✓ Assess response, adjust and review
  - ✓ These recommendations do not depend on the ABCD assessment at diagnosis



\*\* Consider de-escalation of ICS or switch if pneumonia, inappropriate original indication or lack of response to ICS

Available from http://goldcopd.c rg/gold-2019global-strategydiagnosis-

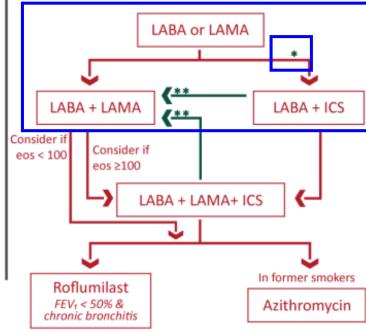
prevention-copd

## **GOLD 2019**

#### **FOLLOW-UP PHARMACOLOGICAL TREATMENT**

#### 1. IF RESPONSE TO INITIAL TREATMENT IS APPROPRIATE, MAINTAIN IT.

- 2. IF NOT: ✓ Consider the predominant treatable trait to target (dyspnea or exacerbations) - Use exacerbation pathway if both exacerbations and dyspnea need to be targeted
  - ✓ Place patient in box corresponding to current treatment & follow indications
  - ✓ Assess response, adjust and review
  - ✓ These recommendations do not depend on the ABCD assessment at diagnosis



#### • EXACERBATIONS •

GOLD 2019 Report: Available from

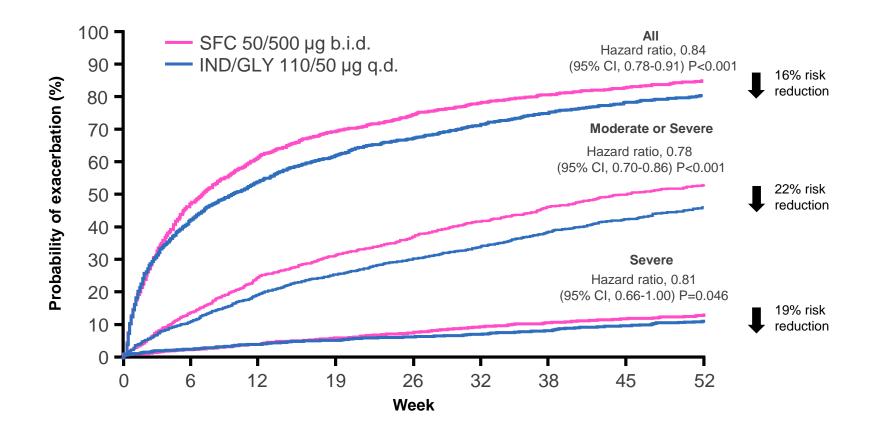
> http://goldcopd.or g/gold-2019-globalstrategy-diagnosismanagementprevention-copd

eas = blood easinophil count (cells/ul)

\* Consider if  $eos \ge 300$  or  $eos \ge 100$  AND  $\ge 2$  moderate exacerbations / 1 hospitalization

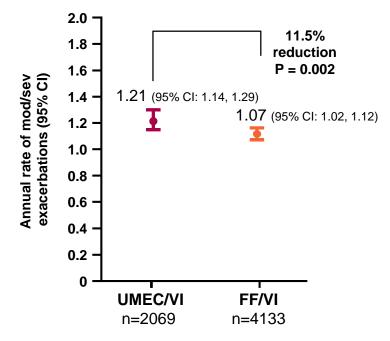
\*\* Consider de-escalation of ICS or switch if pneumonia, inappropriate original indication or lack of response to ICS

## IND/GLY significantly delayed the time to first exacerbation compared with F/SALM



Wedzicha JA, et al.NEJM2016, Online May 15, 2016. DOI: 10.1056/NEJMoa1516385

## ICS/LABA decreased the rate of on-treatment moderate/ severe exacerbations compared with LAMA/LABA



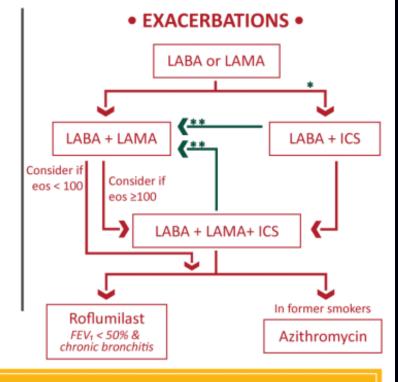
Note: The n reflects the number of patients included in each analysis from the ITT population. Patients were excluded if they had predefined data missing; this varied according to the analysis. The ITT population comprised: 4151 patients treated with FF/UMEC/VI, 4134 patients treated with FF/VI and 2070 patients treated with UMEC/VI.

## GOLD 2019

#### FOLLOW-UP PHARMACOLOGICAL TREATMENT

#### 1. IF RESPONSE TO INITIAL TREATMENT IS APPROPRIATE, MAINTAIN IT.

- 2. IF NOT: ✓ Consider the predominant treatable trait to target (dyspnea or exacerbations) - Use exacerbation pathway if both exacerbations and dyspnea need to be targeted
  - ✓ Place patient in box corresponding to current treatment & follow indications
  - ✓ Assess response, adjust and review
  - ✓ These recommendations do not depend on the ABCD assessment at diagnosis



GOLD 2019 Report: Available from <u>http://goldcopd.or</u> <u>g/gold-2019-global-</u> <u>strategy-diagnosis-</u> <u>management-</u> prevention-copd

- eos = blood eosinophil count (cells/µL)
- \* Consider if eos ≥ 300 or eos ≥ 100 AND ≥2 moderate exacerbations / 1 hospitalization
- \*\* Consider de-escalation of ICS or switch if pneumonia, inappropriate original indication or lack of response to ICS

# Triple therapies: opening spaces for hope in COPD patients

- Definitions & treatment outcomes.
- Exacerbations and their prevention
  - GOLD 2019
- New options, space for hopes
  - Triple Therapy: Efficay & Safety
- ....and beyond: new hopes
- In addition..... Letters..

Single inhaler triple therapy versus inhaled corticosteroid plus long-acting β<sub>2</sub>-agonist therapy for chronic obstructive pulmonary disease (TRILOGY): a double-blind, parallel group, randomised controlled trial



THE LANC

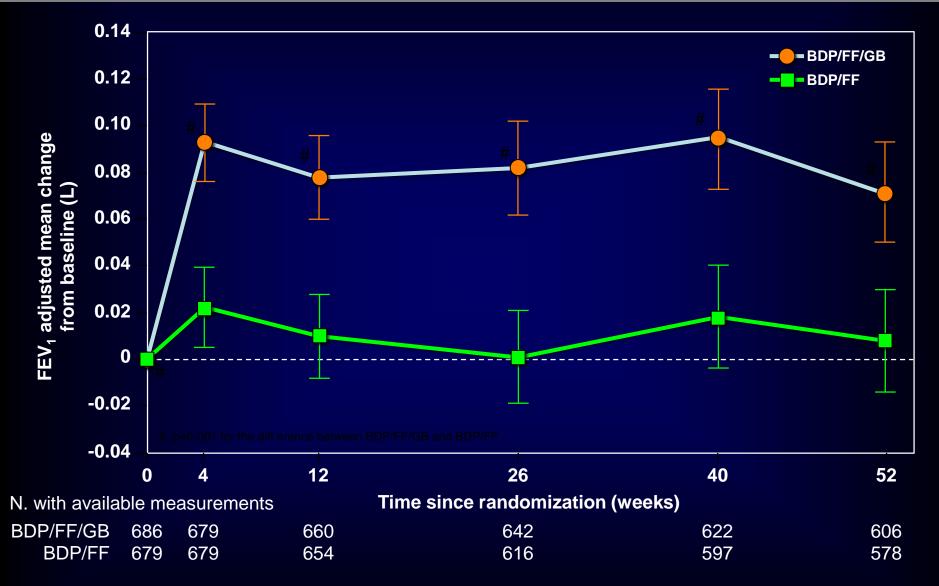
t 2016

Dave Singh, Alberto Papi, Massimo Corradi, Ilona Pavlišová, Isabella Montagna, Catherine Francisco, Géraldine Cohuet, Stefano Vezzoli, Maria Scuri, Jargen Vestbo

#### Double-blind, randomized, multinational, multicentre, 2-arm parallel-group, active-controlled study

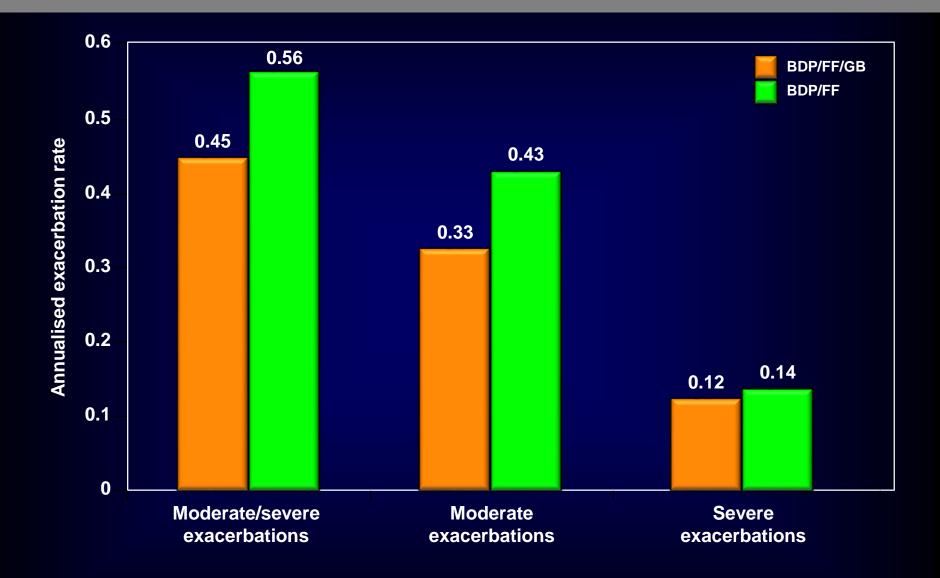
|                  |  | BDP/FF/GB   | BDP/FF      |                 |
|------------------|--|-------------|-------------|-----------------|
|                  |  | (N=687)     | (N=680)     |                 |
|                  | FEV, percentage predicted*             | 36-9 (8-4)  | 36-2 (8-6)  |                 |
|                  | 30% to <50%                            | 532 (77%)   | 525 (77%)   |                 |
|                  | <30%                                   | 155 (23%)   | 155 (23%)   |                 |
|                  | FVC (L)*                               | 2.73 (0.76) | 2.75 (0.76) |                 |
|                  | FEV,/FVC ratio*                        | 0-42 (0-11) | 0-41 (0-11) |                 |
| VO               | Reversibility                          | 10-4 (14-2) | 10-4 (14-1) | √7              |
| Ĩ                | Chronic bronchitis†                    | 450 (66%)   | 463 (68%)   | ¥               |
| · .              | Exacerbation rate in the previous year | 1-2 (1-5)   | 1.2 (1-6)   | W52             |
| S                | CAT total score                        | 20-8 (5-9)  | 20-8 (5-7)  |                 |
| PRE-<br>SCREENIN | COPD medication at study entry         |             |             |                 |
| (1 week<br>mac)  | ICS/LABA                               | 506 (74%)   | 487 (72%)   |                 |
|                  | ICS/LAMA                               | 10 (1%)     | 10 (1%)     |                 |
|                  | LABA/LAMA                              | 95 (14%)    | 107 (16%)   |                 |
|                  | LAMA                                   | 76 (11%)    | 76 (11%)    |                 |
|                  | Spacer use during the study            | 111 (16%)   | 129 (19%)   | A et al., Lance |
|                  |  |             | IID. Fau    |                 |

#### ADJUSTED MEAN CHANGE FROM BASELINE FOR PRE-DOSE FEV1



Singh D. et al., Lancet 2016; 388: 963-73

#### UNADJUSTED ANNUAL RATE OF COPD EXACERBATIONS OF DIFFERENT SEVERITIES



Singh D. et al., Lancet 2016; 388: 963–73

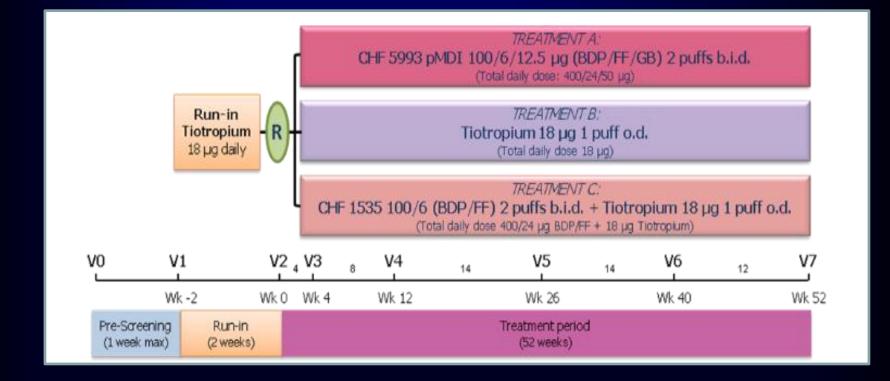
## TRILOGY KEY RESULTS

TRILOGY study provides for the first time <u>one-year evidence</u> that:

- BDP/FF/GB is superior vs ICS/LABA in terms of pre-dose morning FEV1 and 2-hour post-dose FEV1
- BDP/FF/GB significantly reduced moderate/severe exacerbation rate vs ICA/LABA
- Both treatments led to a clinically significant improvement of TDI. With BDP/FF/GB a significantly greater percentage of responders was observed at week 26
- Other symptoms-based and lung function parameters (SGRQ and Exact-RS scores, FVC) consistently supported the superior clinical efficacy of BDP/FF/GB
- BDP/FF/GB is well tolerated

## Triple 6 (TRINITY) – Study Design/ Treatments

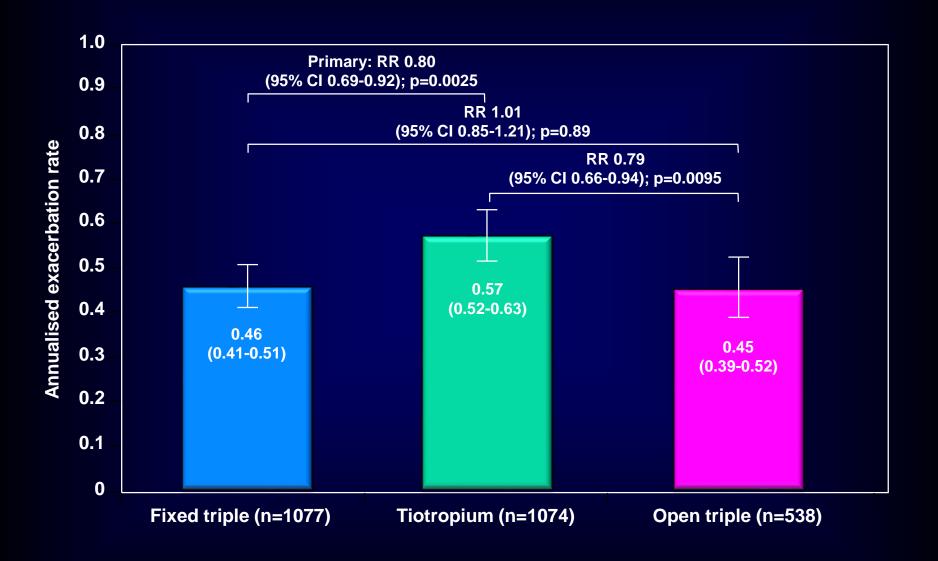
Double-blind, double-dummy, randomized, multinational, multicentre, 3-arm parallel-group, active-controlled study



Vestbo J , Papi A et al., Lancet 2017; 389: 1919–29

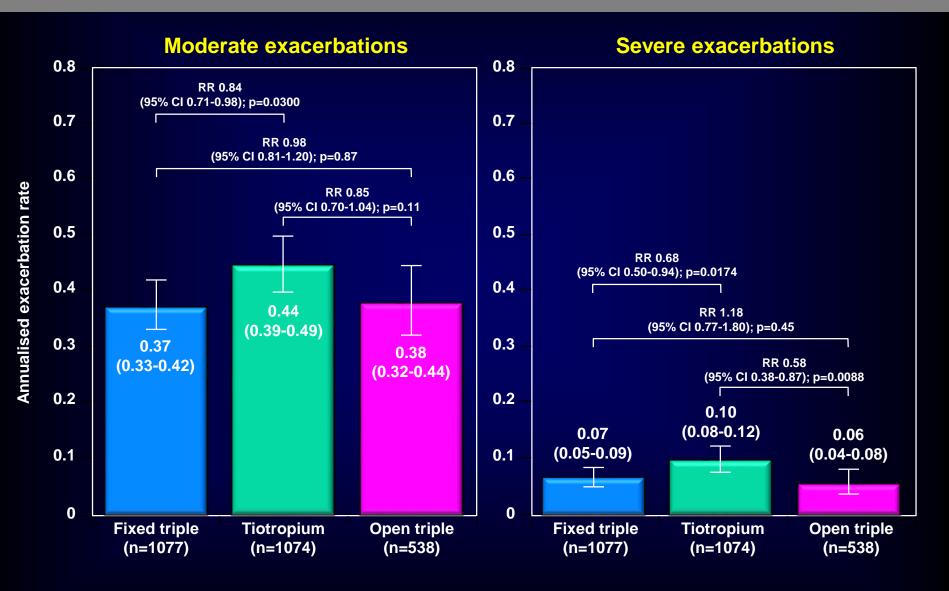
THE LANCET

#### ADJUSTED ANNUAL RATE OF MODERATE TO-SEVERE COPD EXACERBATIONS



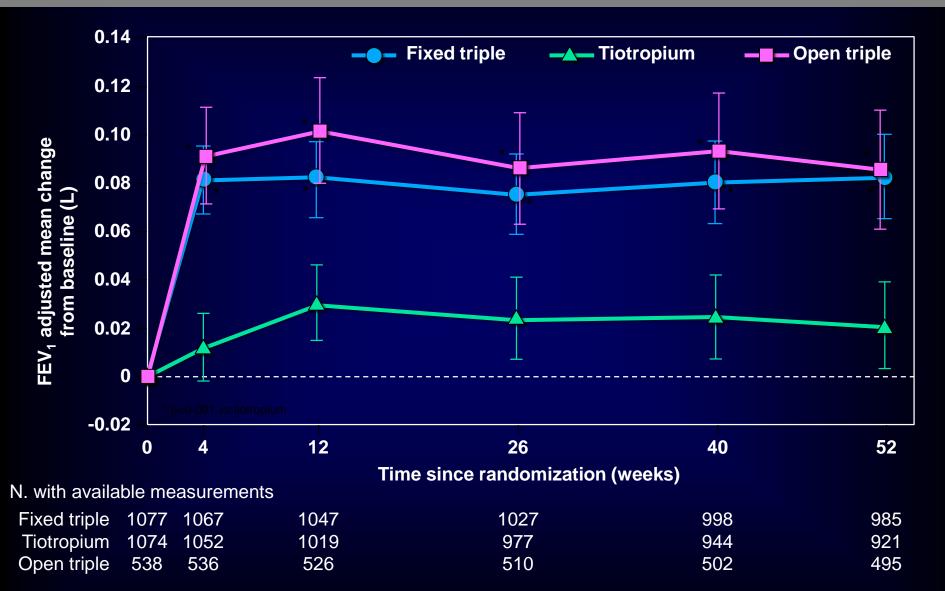
Vestbo J. et al., Lancet 2017; 389: 1919-29

#### ADJUSTED ANNUAL RATE OF SEVERE AND MODERATE COPD EXACERBATIONS



Vestbo J. et al., Lancet 2017; 389: 1919–29

#### ADJUSTED MEAN CHANGE FROM BASELINE IN PREDOSE FEV1

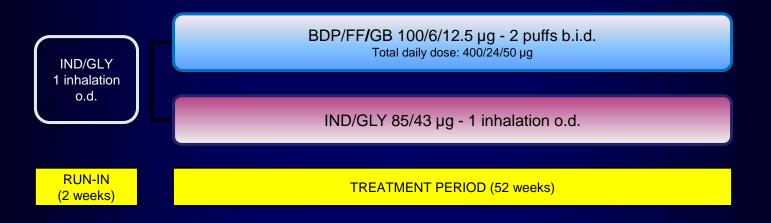


Vestbo J. et al., Lancet 2017; 389: 1919-29

Extrafine inhaled triple therapy versus dual bronchodilator therapy in chronic obstructive pulmonary disease (TRIBUTE): a double-blind, parallel group, randomised controlled trial



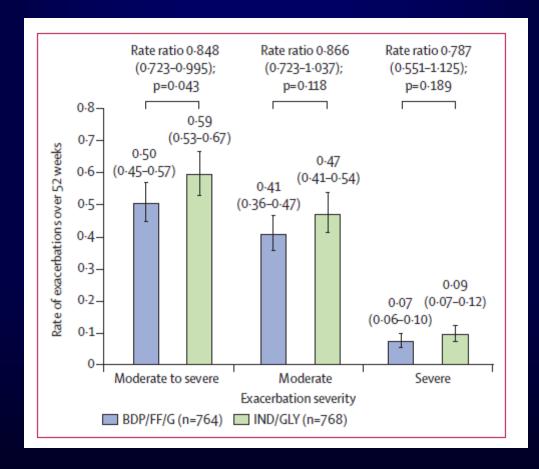
Alberto Papi, Jørgen Vestbo, Leonardo Fabbri, Massimo Corradi, Hélène Prunier, Géraldine Cohuet, Alessandro Guasconi, Isabella Montagna, Stefano Vezzoli, Stefano Petruzzelli, Mario Scuri, Nicolas Roche\*, Dave Singh\*



- Same population as TRILOGY and TRINITY
- Blinded
- Aim: to demonstrate superiority of ICS/LABA/LAMA vs LABA/LAMA combination
- Primary Endpoint : exacerbations

Papi A, Vestbo J, et al The Lancet, 2018

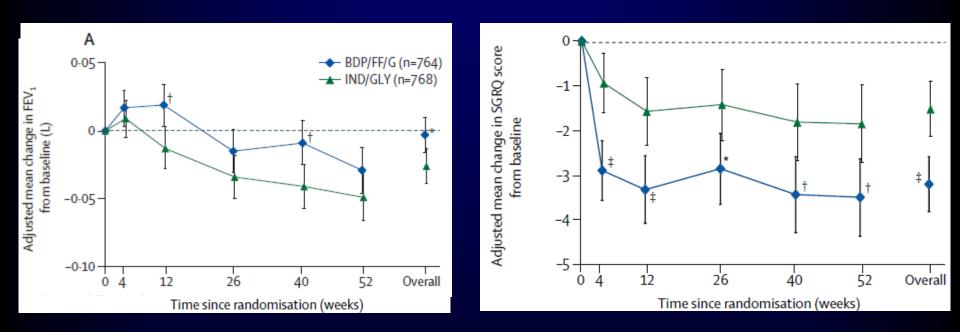
## Moderate/severe COPD exacerbation rate (ITT)



Primary endpoint met. Superiority demonstrated. A 15.2% reduction of moderate/severe COPD exacerbations is found for BDP/FF/GB pMDI compared to IND/GLY

Papi A, Vestbo J, et al Lancet 2018

## TRIBUTE



Papi A et al. Lancet 2018; 391: 1076-84

### Risk-benefit ratio (COPD exacerbations and pneumonias) in Trilogy, Trinity and Tribute studies

#### TRILOGY TRINITY TRILOGY study: cumulative number of COPD exacerbations and pneumonias by study day TRINITY study: cumulative number of COPD exacerbations and pneumonias by study day 400 600 350 Exacerbations ∆ (BDP/FF/GLY vs Tio) = -84 events Pneumonia (100 pts/yr) 300 Group of 200 Trilogy **BDP/FF/GB** 3.9 150 BDP/FF/GLY, Exacerbation ž RDP/ FF /GLY. Pr 100 Trilogy **BDP/FF** 2.9 Pr -----∆ (BDP/FF/GLY vs Tio) = +10 events 75 50 75 100 125 150 175 200 225 250 275 300 32 5 250 275 300 325 350 375 Days **BDP/FF/GB** Trinity 2.9 1.9 Trinity Tiotropium **BDP/FF +TIO** 2.5 Trinity TRIBUTE Tribute Inda/Glyco 44 **BDP/FF/GB** 4.1 Tribute 50 25 50 75 100 125 150 175 200 225 250 275 300 325 Days

Singh D et al., Lancet 2016; Vestbo J et al., Lancet 2017; Papi A et al., Lancet 2018



EMA's Pharmacovigilance Risk Assessment Committee (PRAC) has reviewed the risk of pneumonia with inhaled corticosteroidcontaining medicines when used to treat COPD.

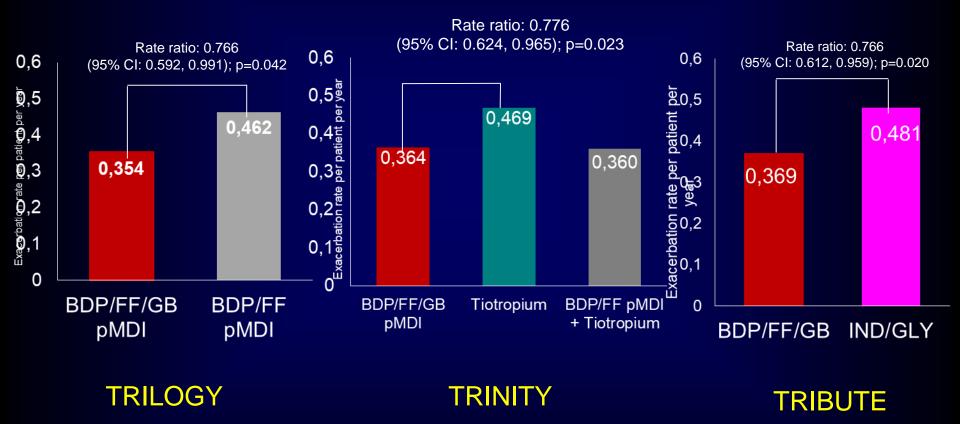
The PRAC review confirms that COPD patients treated with inhaled corticosteroids are at increased risk of pneumonia; however the <u>Committee's view is that the benefits of inhaled corticosteroids</u> <u>continue to outweigh their risks</u>

14/07/2016 EMA/488280/2016

# Triple therapies: opening spaces for hope in COPD patients

- Definitions & treatment outcomes.
- Exacerbations and their prevention
  - GOLD 2019-20
- New options, space for hopes
  - Triple Therapy: Efficay & Safety
- ....and beyond: new hopes

## Moderate/severe COPD exacerbation rate in patients with 1 moderate exacerbation in the previous year



Singh et al., Eur Resp J 2019; 53: 1900235

## Moderate/severe exacerbations in patients experiencing

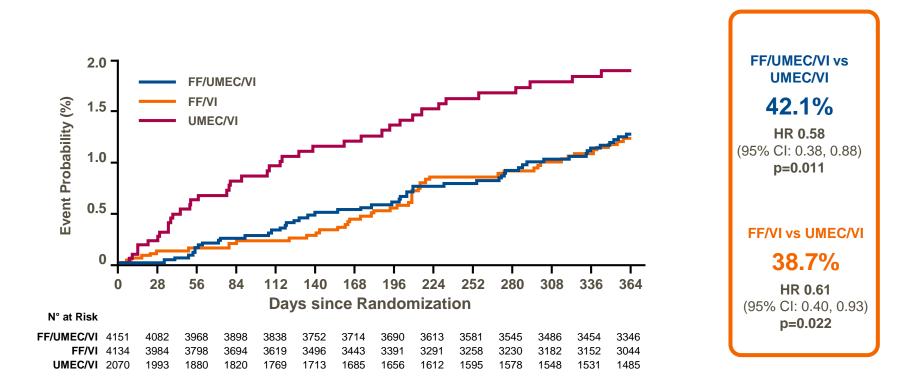
≥ 2 moderate/severe exacerbation

#### in the last 12 months 28% 11% (95% CI: 21, 35) (95% CI: 3%, 18%) 21% 20% p<0.001 p=0.008 1.6 (95% CI: 11, 29) (95% CI: 13, 28) Annual rate of mod/sev ີີີ⊡<sup>1.4</sup> p<0.001 p<0.001 mod/sev %1.2 (1.0) 1.32 (95% CI: <sup>8.0</sup> <sup>9.0</sup> Annual rate of 1.08 1.21, 1.43) 1.06 1.08 (95% CI: (95% CI: (95% CI: 0.94 0.94 1.01, 1.15) 0.86 0.86 (95% CI: 1.00, 1.12) (95% CI: 0.98, 1.19)(95% CI: (95% CI: 0.89, 1.00) 0.89, 1.00) 0.80, 0.92) 0.80, 0.92) 190.4 eXa( 0 0 **FF/UMEC** FF/VI **FF/UMEC UMEC/VI** FF/UMEC/ FF/VI FF/UMEC/ UMEC/VI /VI n=1911 /VI n=932 VI n=2222 VI n=1137 n=1853 n=1853 n=2292 n=2292

1 moderate/severe exacerbation in the last 12 months

Lipson DA et al. NEJM 2018

#### IMPACT MORTALITY (data on-treatment)



Lipson DA et al NEJM 2018

## **ICS containing combinations and Mortality in COPD**

#### Eur Respir J. 2018 Dec 13;52(6). pii: 1801230

| Table 1. Patients (%)        | with fatal AEs and Hazard Ra             | tios for the treatment gro | up comparisons in TRILOG                    | Y, TRINITY and TRIBUTE                               |                                   |  |  |
|------------------------------|--|----------------------------|---|--|-----------------------------------|--|--|
| Study                        | Test                                     | Comparator                 | Number of patients<br>with event (%) - Test | Number of patients<br>with event (%) -<br>Comparator | Hazard Ratio (95% CI),<br>p-value |  |  |
| Single                       |  |                            |   |  |                                   |  |  |
| TRILOGY                      | BDP/FF/G (N=687)                         | BDP/FF (N=680)             | 15 (2.2%)                                   | 16 (2.4%)  | -                                 |  |  |
| TRINITY                      | BDP/FF/G (N=1077) TIO (N=1076) 20 (      | 20 (1.9%)                  | 29 (2.7%)                                   | -  |                                   |  |  |
|                              | · · · · · · · · · · · · · · · · · · ·    | BDP/FF+TIO (537)           | (   | 8 (1.5%)   | -                                 |  |  |
| TRIBUTE                      | BDP/FF/G (N=764)                         | IND/GLY (N=768)            | 16 (2.1%)                                   | 21 (2.7%)  |                                   |  |  |
| Pooled                       |  |                            |   |  |                                   |  |  |
| TRILOGY, TRINITY,<br>TRIBUTE | BDP/FF/G, BDP/FF,<br>BDP/FF+TIO (N=3745) | TIO, IND/GLY<br>(N=1844)   | 75 (2.0%)                                   | 50 (2.7%)  | 0.72 (0.50; 1.02),<br>p=0.066     |  |  |
|                              | BDP/FF/G (N=2528)                        | TIO, IND/GLY<br>(N=1844)   | 51 (2.0%)                                   | 50 (2.7%)  | 0.72 (0.49; 1.06),<br>p=0.096     |  |  |

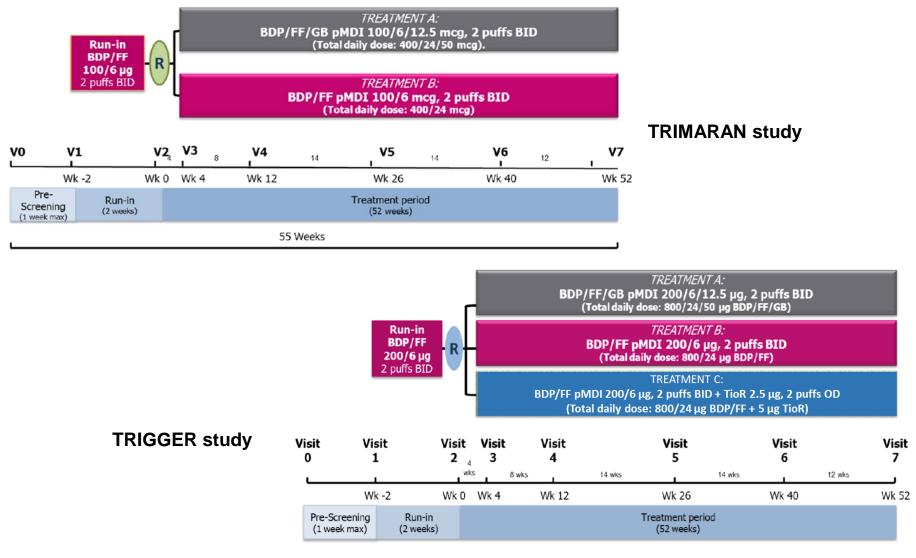
|                 | BDP/FF/G, BDP/FF,<br>BDP/FF+TIO<br>(n=3745) | TIO, IND/GLY<br>(N=1844) |                              |  |  |  |  |  |
|-----------------|---|--------------------------|------------------------------|--|--|--|--|--|
|                 | N of patients with event                    | HR (95%, CI), p-value    |                              |  |  |  |  |  |
| RESPIRATORY     | 19 (0.5%)                                   | 9 (0.5%)                 | 1.01 (0.45; 2.22)<br>p=0.990 |  |  |  |  |  |
| NON-RESPIRATORY | 56 (1.5%)                                   | 41 (2.2%)                | 0.65 (0.43; 0.97)<br>p=0.037 |  |  |  |  |  |

Vestbo J, Fabbri L, Papi A, Petruzzelli S, Scuri M, Guasconi A, Vezzoli S, Singh D. Eur Resp J 2018

## GOLD 2020 Triple therapy. Mortality

- Recently, trials utilizing triple combinations of LABA/LAMA/ICS in comparison to LAMA, LABA/LAMA or LABA/ICS have reported reduced mortality with triple therapy. (Lipson NEJM 2018; Vestbo ERJ 2019). Unlike previous trials, the recent studies target patient populations that are enriched for increased respiratory symptoms and a prior history of frequent and/or severe exacerbations with the majority receiving background treatment with triple or LABA/ICS based therapy before study enrollment.
- The largest of these trials (n=10,355) compared single inhaler triple therapy versus ICS/LABA or LABA/LAMA dual therapy; there was a statistically significant 42.1% reduction in the risk of on-treatment allcause mortality and a 28.6% reduction in the risk of all-cause mortality including off-treatment data, comparing triple therapy with LABA/LAMA (Lipson NEJM 2018)
- A post-hoc pooled analysis of triple therapy clinical trials conducted in severe COPD patients with a history of exacerbations showed a trend for lower mortality with use of triple inhaled therapy compared to non-ICS based treatments, but the differences were not statistically significant. (Vestbo ERJ 2019).
- It should be noted that none of the recent studies reporting a reduction in mortality with triple inhaled therapy had survival as the primary oucome.

## TRIMARAN and TRIGGER: studies design



Data not yet submitted to EMA BDP/FF/GB is not indicated in asthmatic patients

## **TRIMARAN and TRIGGER: studies objectives**

Primary objectives in each study:

- To demonstrate superiority of BDP/FF/G over BDP/FF in terms of pre-dose FEV<sub>1</sub> at Week 26;
- To demonstrate superiority of BDP/FF/G over BDP/FF in reducing the rate of moderate to severe exacerbations over 52 weeks.

#### Secondary objectives:

- To demonstrate superiority of BDP/FF/G over BDP/FF in terms of peak FEV<sub>1</sub> at Week
  26 and average morning PEF over the first 26 weeks of treatment in each study;
- To demonstrate superiority of BDP/FF/G over BDP/FF in reducing the rate of severe exacerbations using data pooled from the two studies.

Data not yet submitted to EMA BDP/FF/GB is not indicated in asthmatic patients

## **TRIMARAN and TRIGGER: results**

In TRIMARAN study both co-primary endpoints were met:

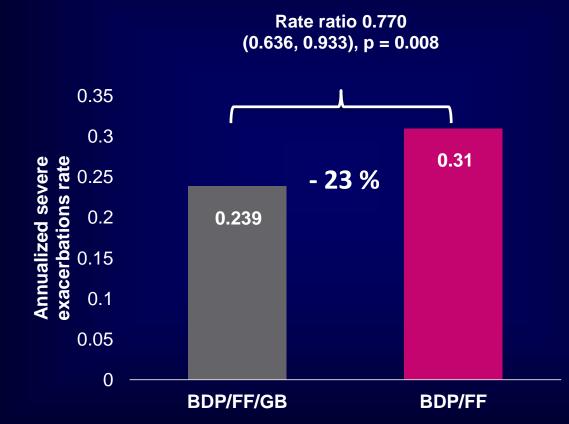
- At week 26, trough FEV<sub>1</sub> was 57mL higher with BDP/FF/GB than BDP/FF;
- Over the 52 weeks, a 15.4% reduction in the rate of moderate and severe asthma exacerbations was observed in favour of BDP/FF/GB;
- Differences in FEV<sub>1</sub> Peak<sub>0-3</sub> and morning PEF at week 26 were also observed in favour of BDP/FF/GB.

#### In TRIGGER study:

- Pre-dose FEV<sub>1</sub> at week 26 showed a 73 mL increase in favour of BDP/FF/GB (p=0.003);
- Over the 52 weeks, treatment with BDP/FF/GB resulted in a 12% reduction in the annual rate of moderate and severe asthma exacerbations compared to BDP/FF (RR: 0.880; p=0.110);
- Differences in FEV1 Peak0-3 and morning PEF at week 26 were also observed in favour of BDP/FF/GB.

Data not yet submitted to EMA BDP/FF/GB is not indicated in asthmatic patients

## TRIMARAN and TRIGGER – Results of Pooled prespecified analysis



Data not yet submitted to EMA BDP/FF/GB is not indicated in asthmatic patients

# Triple therapies: opening spaces for hope in COPD patients

- Definitions & treatment outcomes.
- Exacerbations and their prevention
  - GOLD 2019-20
- New options, new hopes
  - Triple Therapy: Efficay safety
- ....and beyond: new hopes
- In addition..... Letters..

# Triple therapy trials in COPD: a precision medicine opportunity

#### Conclusions

We demonstrated that the timing of the exacerbations in these trials presents a particularly informative pattern. It shows that the lower rate of a <u>first</u> <u>exacerbation</u> with triple therapy is exclusively due to a lower rate in the first month of follow-up. This pattern of "depletion of susceptibles" suggests that there is a subset of patients who could benefit from triple therapy. We submit that the history of asthma and the prior use of ICS, withdrawn at randomisation, could be two important factors of interest in identifying such subsets of responders

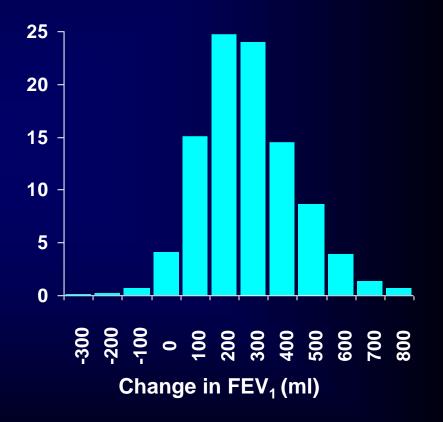


- «.....and patients with a history of asthma were included.
- IMPACT: Subjects meeting any of the following criteria must not be enrolled in the study:....2. Asthma: Subjects with a current diagnosis of asthma.
- TRIBUTE: Key exclusion criteria were a current diagnosis of asthma .....
- POET: Exclusion critaria: Significant diseases other than COPD. ..2. Patients *with a diagnosis of asthma*.
- WISDOM: Key exclusion criteria include: .... a current clinical diagnosis of asthma;
- TORCH: Exclusion criteria: *Diagnosis of asthma*
- SUMMIT: Key exclusion criteria....Current diagnosis of asthma or...

A 4-Year Trial of Tiotropium in Chronic Obstructive Pulmonary Disease Distribution of Change in FEV<sub>1</sub> Following Inhalation of 400 µg Salbutamol & 80 µg Ipratropium

Patient (%)





Tashkin et al. Eur Respir J. 2008;31:742-50.

To the Editor:

## Triple therapy for patients with severe, symptomatic COPD at risk of exacerbations <u>1) time to first</u>

The analysis of Suissa and Ariel was limited to the first event. In a *post-hoc* analysis of TRIBUTE triple therapy not only prolonged the combined estimate of time to exacerbation vs LAMA/LABA (HR] 0.84; 95% CI 0.74, 0.96; p=0.011) but the effect size increased for multiple events, from an HR of 0.90 (0.76, 1.06) for time to first exacerbation, to 0.80 (0.61, 1.04) for time to second, and 0.58 (0.37, 0.90; p=0.014) for time to third.

Papi A, Petruzzelli S, Vezzoli S, Georges G, Fabbri LM. Eur Respir J, 2019, In press.

thinbowe is a registered

#### To the Editor:

## Triple therapy for patients with severe, symptomatic COPD at risk of exacerbations

2) History of asthma; 3) ICS withdrawal

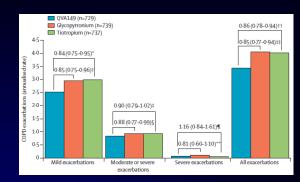
History of asthma; Only one patient had a history of asthma; it was therefore not possible to perform analyses stratified by this factor, but intrinsically this rules out the possibility that in TRIBUTE, the observed early effect on exacerbations was due to patients with a history of asthma. ICS withdrawal....To the contrary, the subgroup that gained most benefit from triple therapy over the duration of the study was that in which patients were not receiving ICS prior to study entry. Over the first four weeks, the initial increase in exacerbation incidence in the LAMA/LABA group occurred in both the prior ICS and no prior ICS subgroups, with patients receiving LAMA/LABA approximately twice as likely to exacerbate than triple in both subgroups

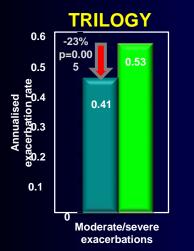
Thus, Suissa and Ariel's speculation about the TRIBUTE results is not supported by evidence.

## Summary



|                       |                                 |              | Annual rate of moderate/severe |      |   |
|-----------------------|---------------------------------|--------------|--------------------------------|------|---|
|                       |                                 |              | ICS/L<br>ABA                   | LABA | Reduction<br>ICS/LABA<br>vs LABA<br>(%) |
| Calverley et al       | FP/Salm 1000/100 vs<br>Salm 100 | 3 years      | 0.85                           | 0.97 | 12ª                                     |
| Szafranski et al      | BUD/FF 800/24 vs FF<br>24       | 12<br>months | 1.42                           | 1.84 | 23ª                                     |
| Rennard et al         | BUD/FF 400/12 vs FF<br>12       | 12<br>months | n/a                            | n/a  | 25ª                                     |
| Calverley et al       | BUD/FF 800/24 vs FF<br>24       | 12<br>months | 1.38                           | 1.85 | 25.5ª                                   |
| Sharafkhaneh<br>et al | BUD/FF 200/12 vs FF<br>12       | 12<br>months | 0.79                           | 1.07 | 25.9 <sup>a</sup>                       |
| Wedzicha et al        | BDP/FF 400/24 vs FF<br>24       | 48<br>weeks  | 0.80                           | 1.12 | 28.1ª                                   |
| Rennard et al         | BUD/FF 200/12 vs FF<br>12       | 12<br>months | n/a                            | n/a  | 29ª                                     |
| Dransfield et al      | FF/Vil 100/25 vs Vil 25         | 52<br>weeks  | 0.81                           | 1.11 | 30*                                     |
| Anzueto et al         | FP/Salm 500/100 vs<br>Salm 100  | 52<br>weeks  | 1.10                           | 1.59 | 30.4ª                                   |
| Ferguson et al        | FP/Salm 500/100 vs<br>Salm 100  | 12<br>months | 1.06                           | 1.53 | 30.5 <sup>a</sup>                       |
| Sharafkhaneh<br>et al | BUD/FF 400/12 vs FF<br>12       | 12<br>months | 0.70                           | 1.07 | 34.6ª                                   |
| Kardos et al          | FP/Salm 1000/100 vs<br>Salm 100 | 44<br>weeks  | 0.92                           | 1.4  | 35ª                                     |

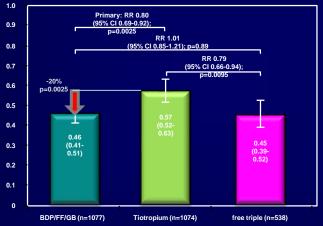


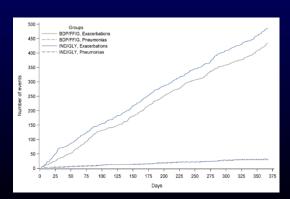


ate

# Rate ratio: 0.766); p=0.020

#### TRINITY





#### TRIBUTE

