

肺結節與腫瘤判讀

臺北榮民總醫院胸腔部

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2022/5/1

Introduction

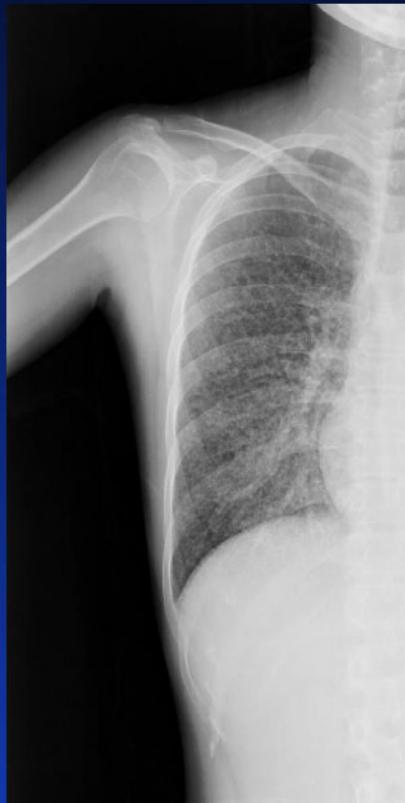
- 處理單一肺結節患者最重要的是在於察覺異常之存在。
- 肺內腫瘤依大小可分為nodule ($\leq 3\text{cm}$)及mass ($>3\text{cm}$)
- 在胸部X光像看到nodule時，首先須排除一些肺外的異物，例如胸壁上的構造、皮膚/皮下病灶、肋膜病灶、bone island、nipple、鈕扣等外物。
- 肺內結節可分為單一性(solitary)或多發性(multiple)

Miliary nodule: <2 mm

Pulmonary micronodule: 2-7 mm

Pulmonary nodule: ≤ 30 mm

Pulmonary mass: > 30 mm



Miliary nodule



micronodule



nodule



Mass

Nodule/ Mass 鑑別診斷的依據

- Patient factor
 - 臨床症狀(Clinical information)
 - 年齡(Age)
 - 抽菸史
 - 職業
- Tissue is the Issue
 - Lesion factor(2S, 3C, DOA)
 - 大小(Size)
 - 形狀、邊緣(Shape/Margin)
 - 有無開洞(Cavitation)
 - 鈣化的有無與型態(Calcification)
 - CT下注射顯影劑的變化(Contrast enhancement)
 - Doubling time(比較舊片)、Density (CT scan, HU)
 - Other associated findings, ex: satellite lesions
 - 位置(area)、air-bronchogram

S1: 大小(Size)

- 大size要R/I malignancy，但是小size卻不能R/O malignancy
 - Benign lesion: relatively fewer > 3 cm
 - Malignancy: any size
- Literature:
 - 10^9 cells = 1 cm
 - Benign tumor: 80% < 1cm; only 6% > 3cm
 - Malignant tumor: 57% > 3cm

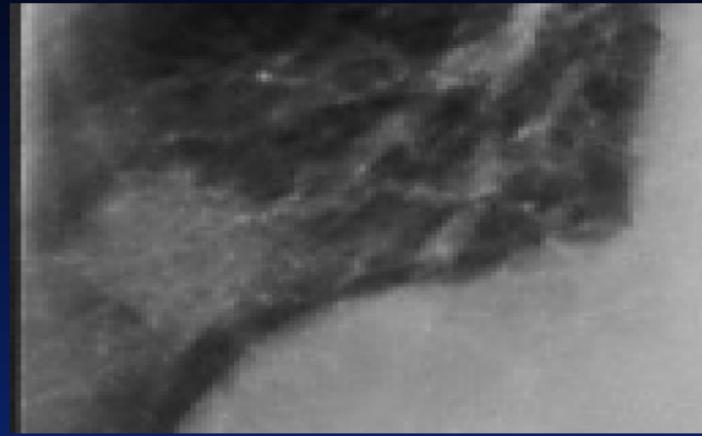
S2: 形狀(Shape)/邊緣(Margin)

- Favor Benign
 - Well-defined margin
 - Benign (80%)
- Favor malignant
 - Lobulated
 - Malignant 60~80%
 - Focal spiculation
 - Malignant 80%
 - Diffuse spiculation (corona radiata)
 - Malignant 95%
 - Tail sign (pleural tag)
 - Malignant 60~80%

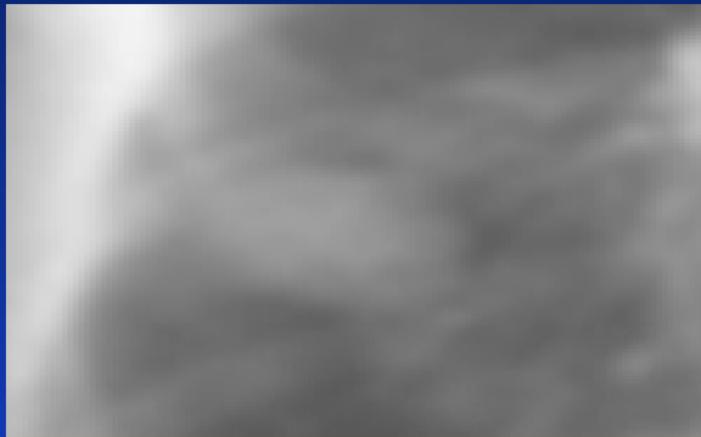
S2: 形狀(Shape)/邊緣(Margin)



Lobulated(分葉的)



Spiculated (針狀的/長角)

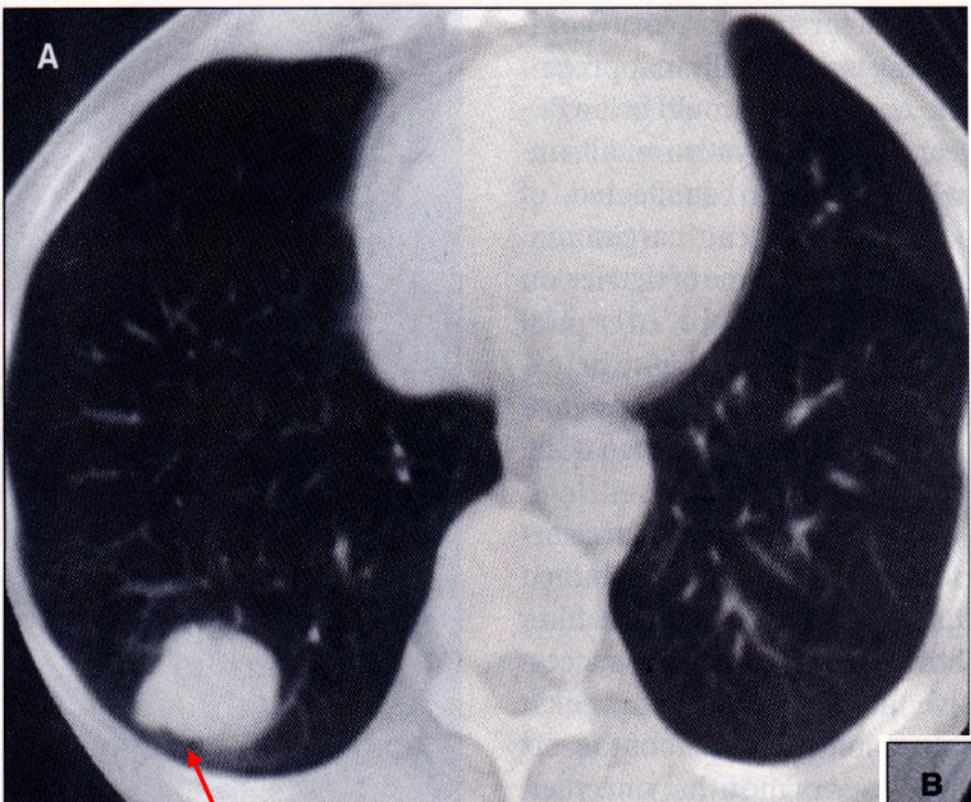


Smooth(外緣平滑)



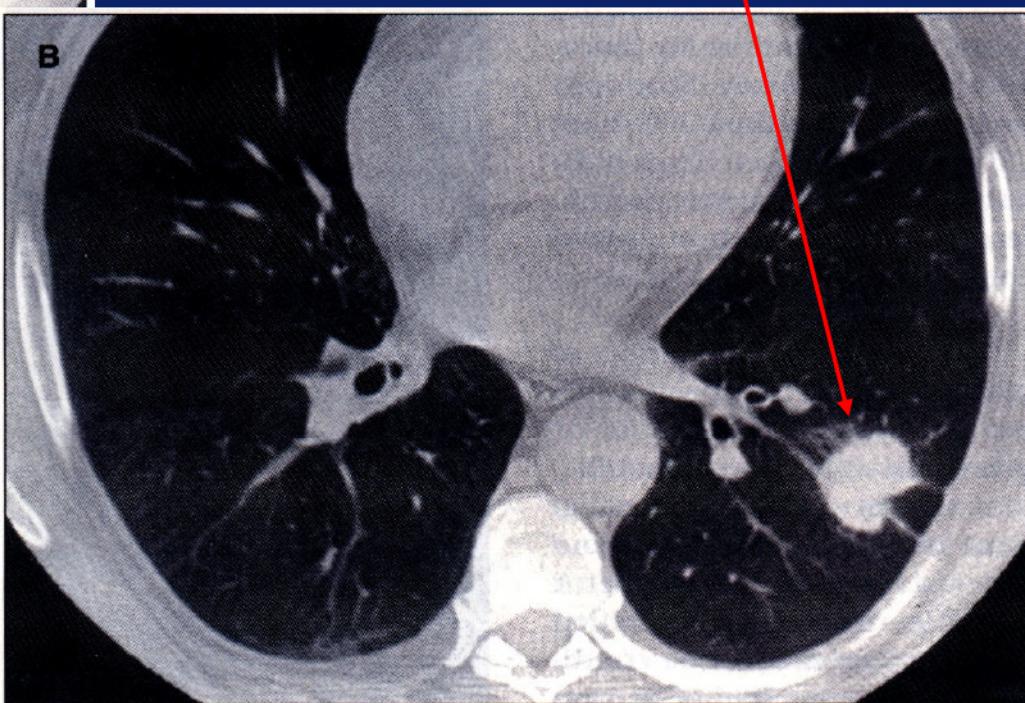
Ill-defined (不清楚/不規則的)

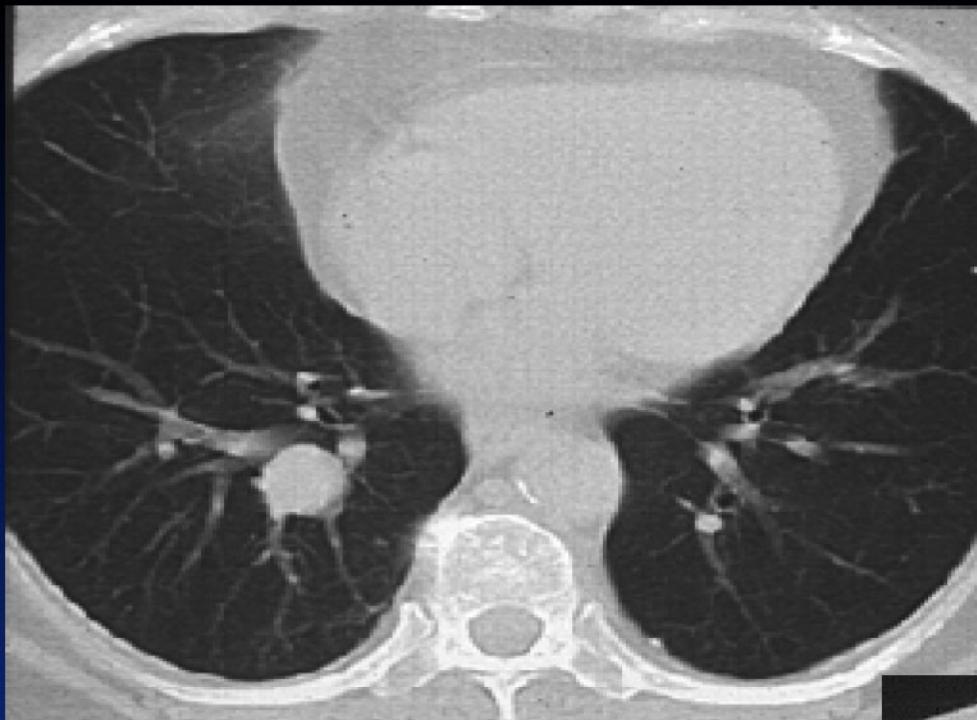
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Lobulated

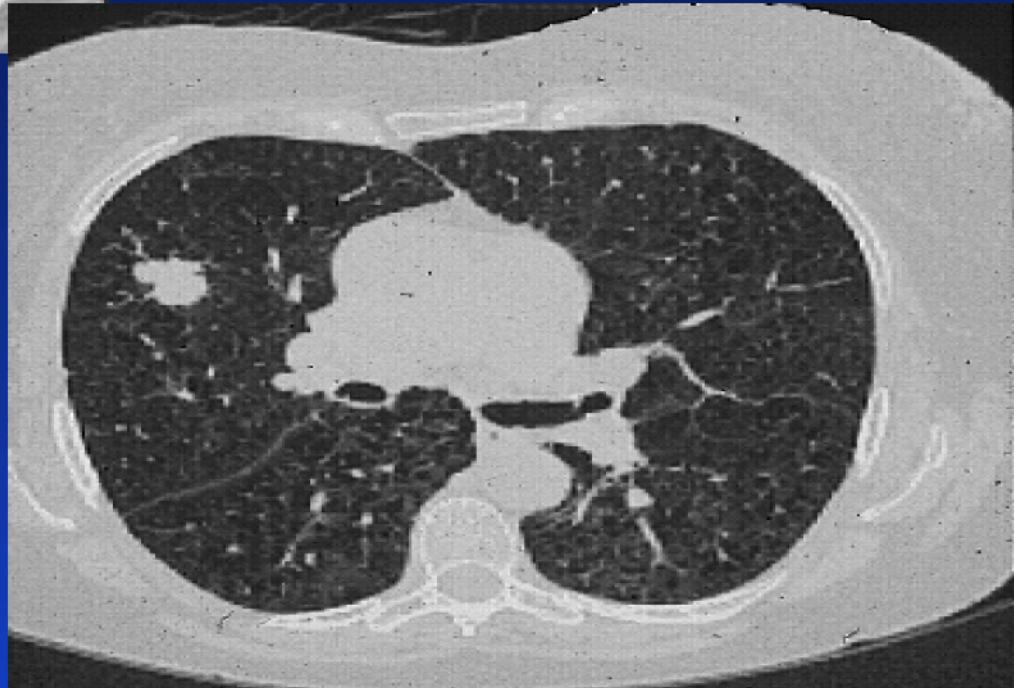
Focal spiculation



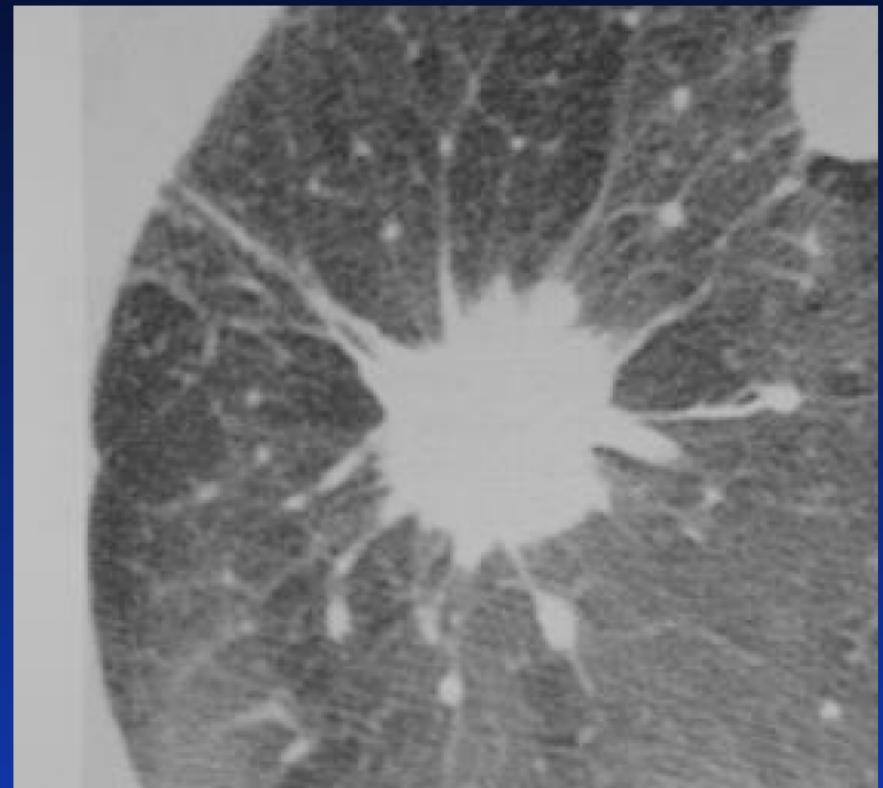
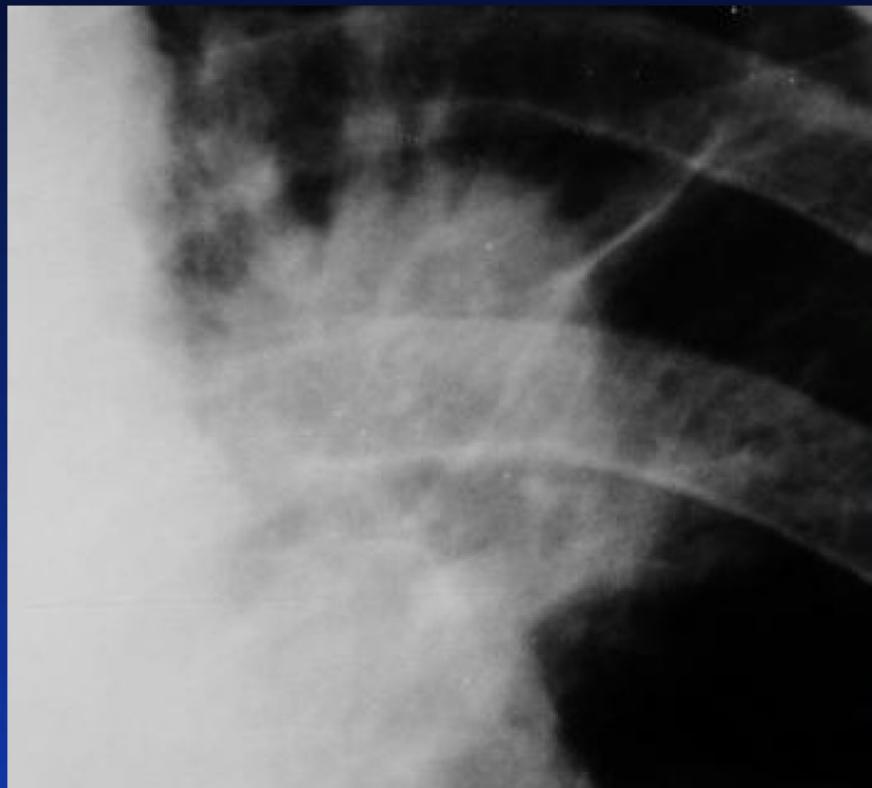


Smooth border of nodule
- 20% malignant

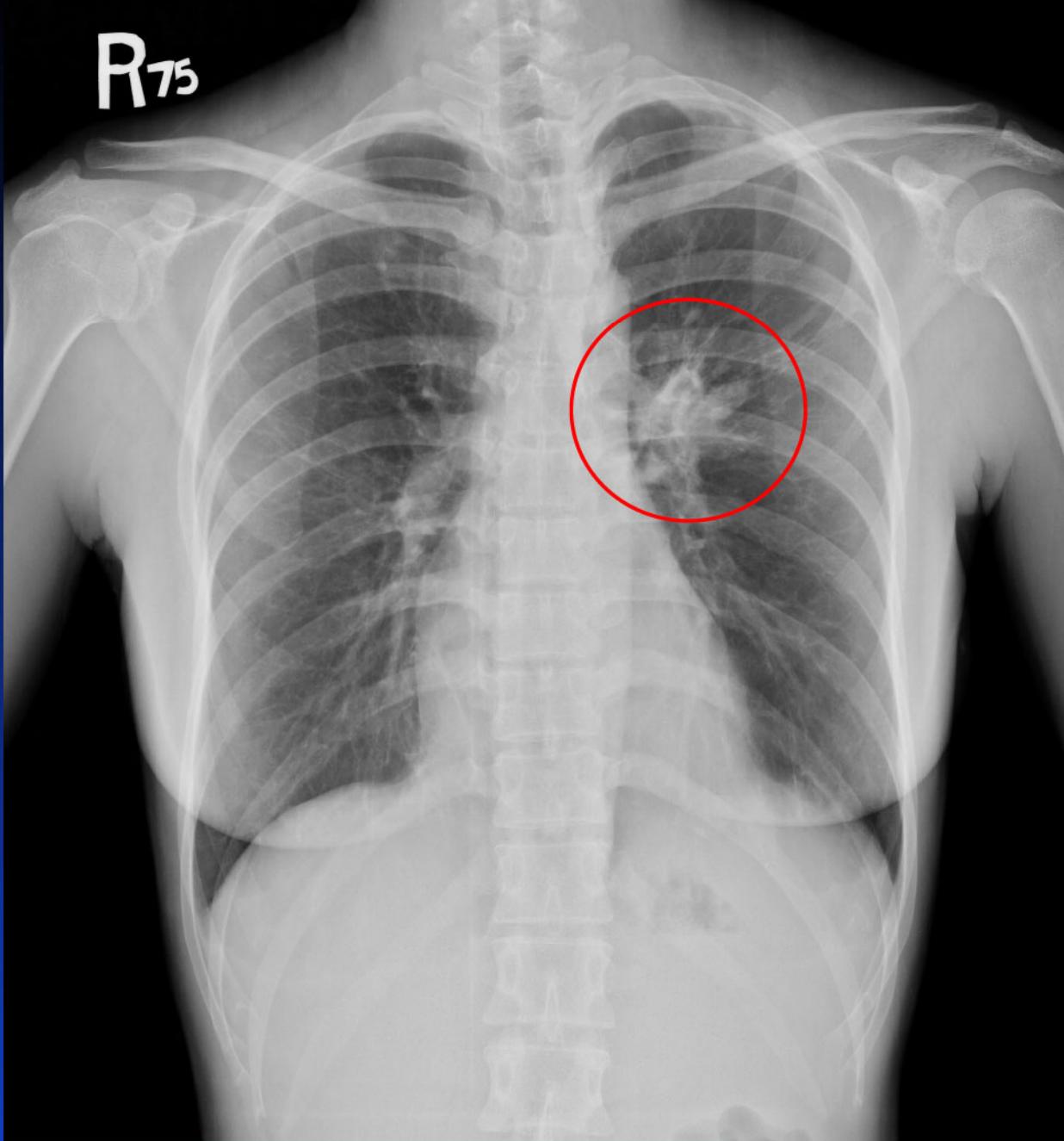
Scalloped border of nodule
- 60% malignant



Corona Radiata



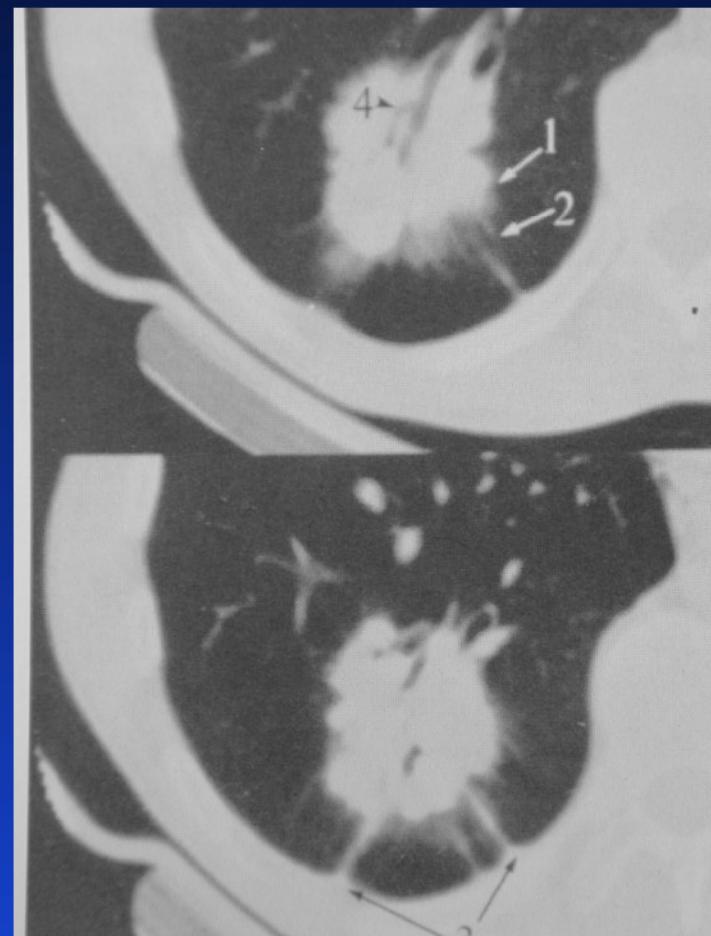
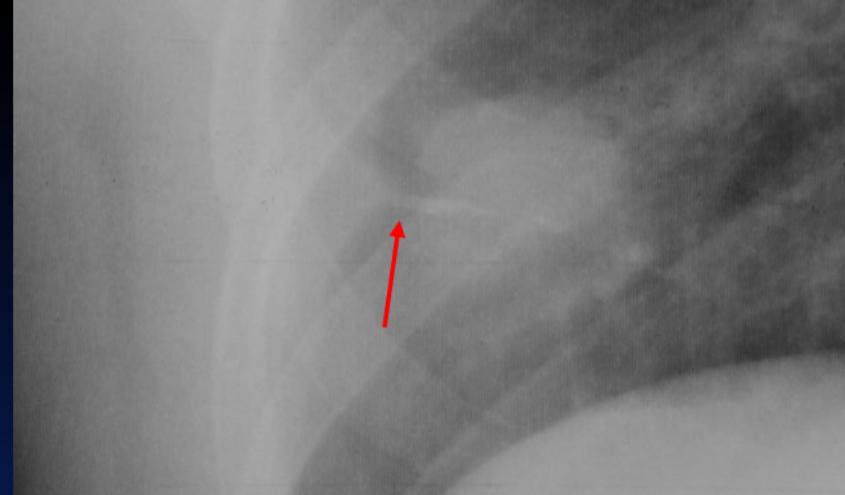
R₇₅



Pulmonary
TB

Tail sign (Rat tail sign)

- Line extends to visceral pleura
- Favor **malignancy** but of limited value
- Most common **adenocarcinoma**, but also present in other cell type of malignancy, metastasis, granuloma.



C1: Cavitation/開洞

- 觀察重點：壁厚、內緣、內容物、位置、數目、周圍肺實質的變化
- 壁厚:越厚越懷疑惡性
 - 壁薄 <4mm: favor benign
 - 壁厚 >16mm: favor malignancy
- 內緣(Inner wall)
 - 規則、一致、平滑(Smooth/uniform) : favor benign
 - 不規則、結節狀(Irregular/nodular): favor malignancy

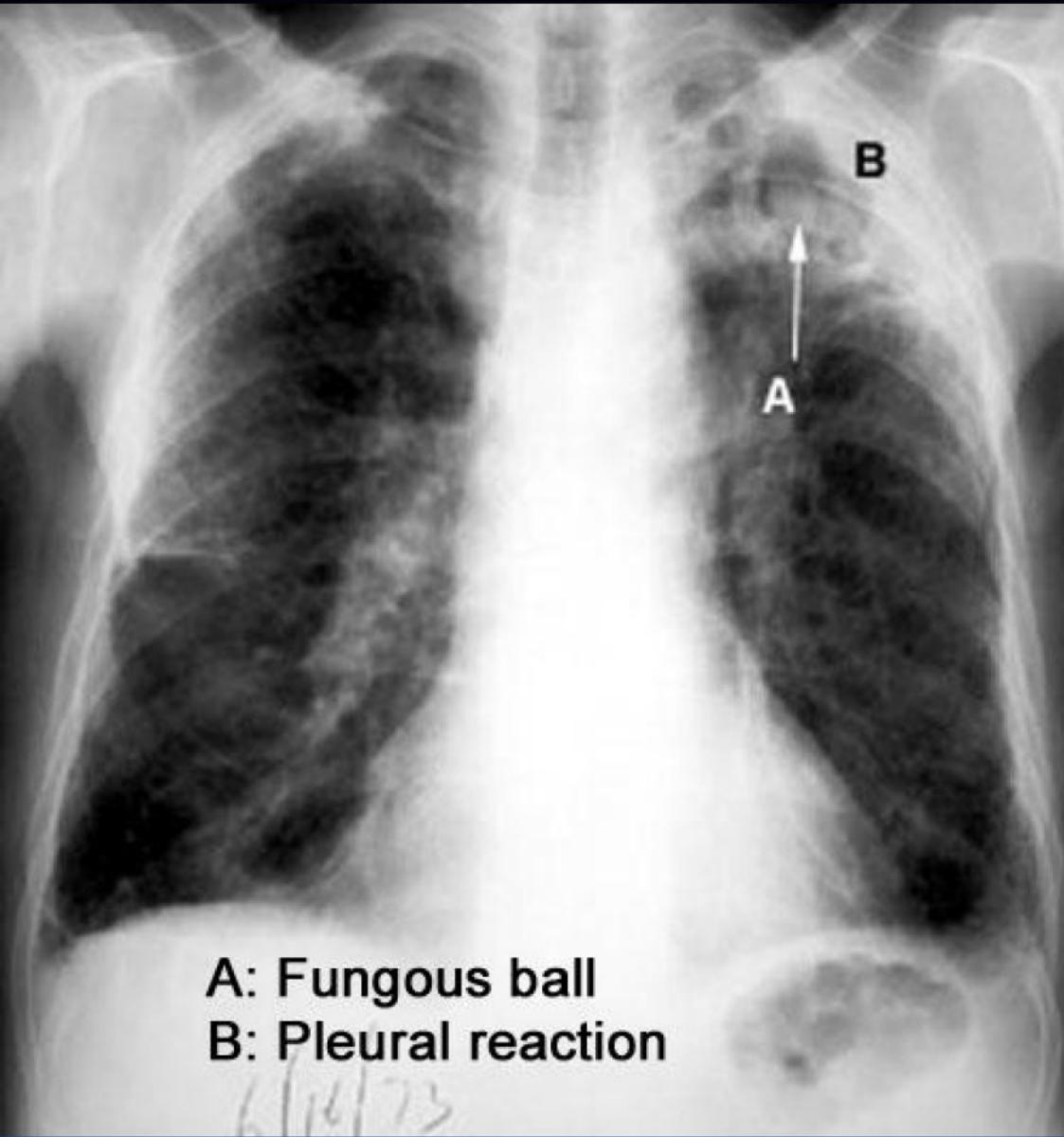
C1: Cavitation/開洞

- 內容物：
 - Fluid: malignancy is less likely, except bleeding or 2nd infection
 - Fungus ball: aspergillosis
- 位置：
 - Central: more common fibrotic or neoplastic lesions
 - Peripheral(eccentric): more metastatic or embolic lesions
 - Apical: TB, fungus ball
- 數目：
 - Solitary 多: primary lung cancer, lung abscess
 - Multiple 多: metastasis, Granulomatosis with polyangiitis, septic emboli
- 周圍肺實質的變化：
 - Air-space consolidation: acute process
 - Irregular reticular strands: chronic fibrotic change



- LUL mass
- Thick walled cavity
- Eccentric location of cavity

**Squamous Cell
Carcinoma**



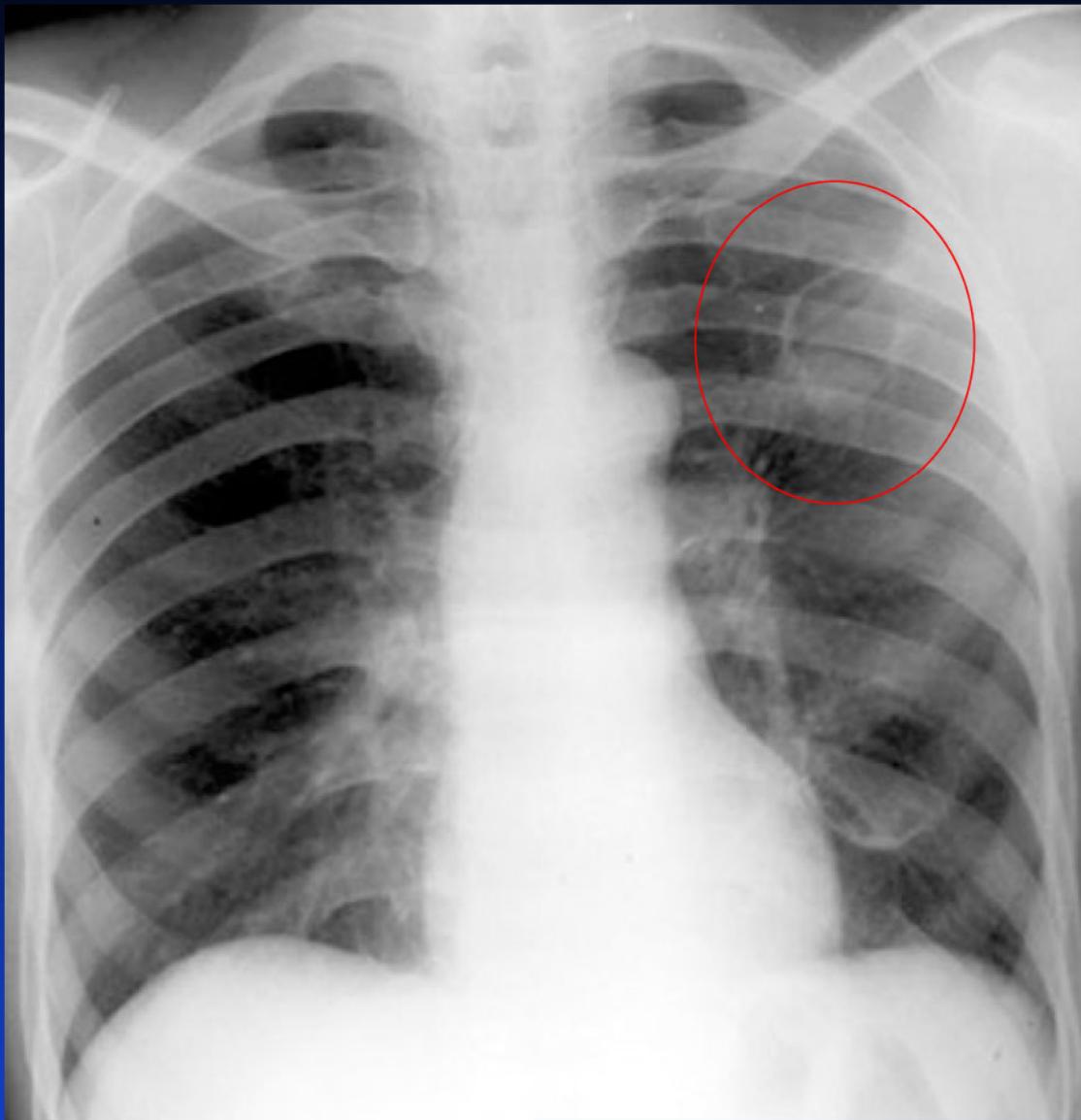
A: Fungous ball

B: Pleural reaction

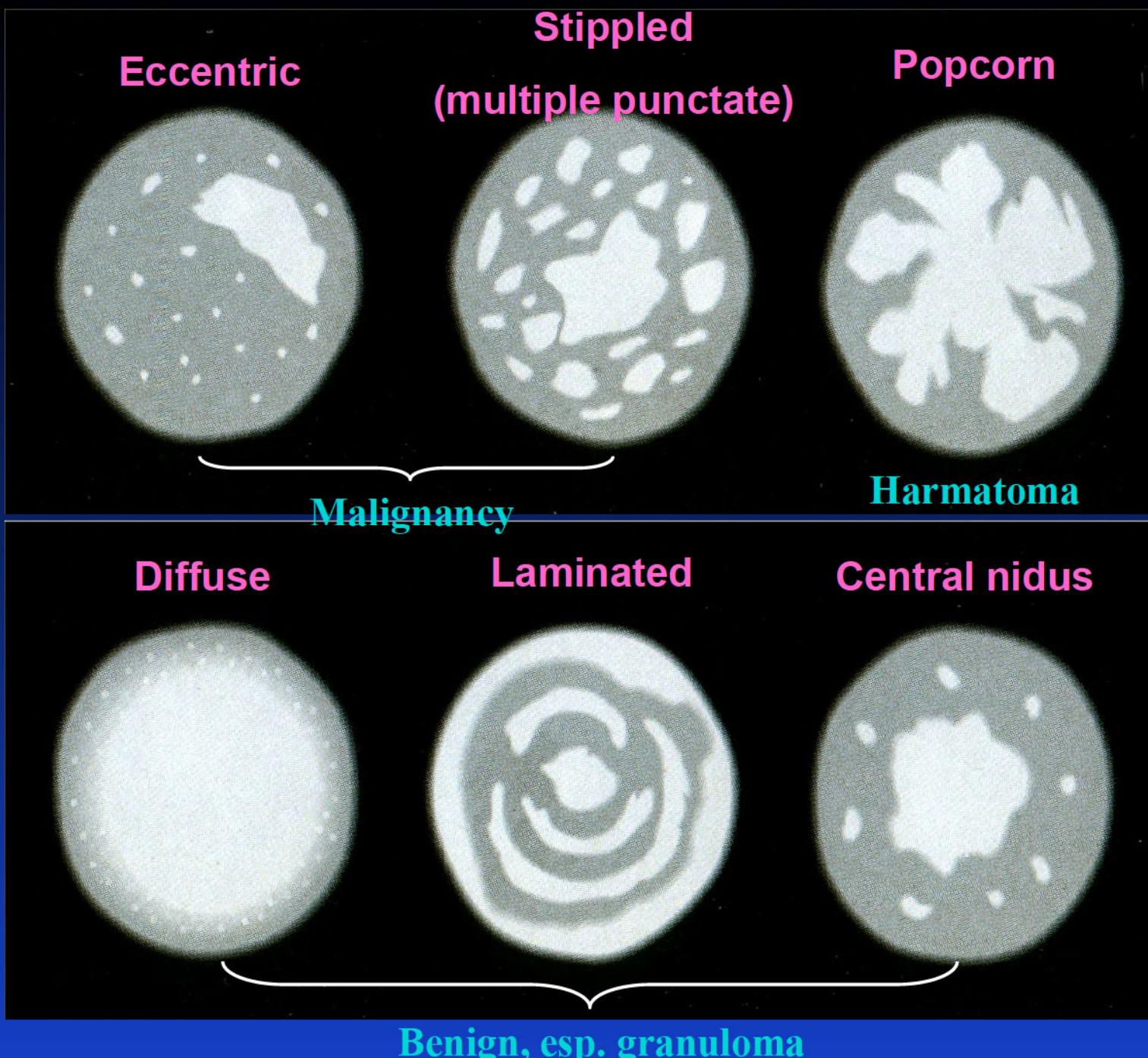
Aspergilloma

Ball in hole

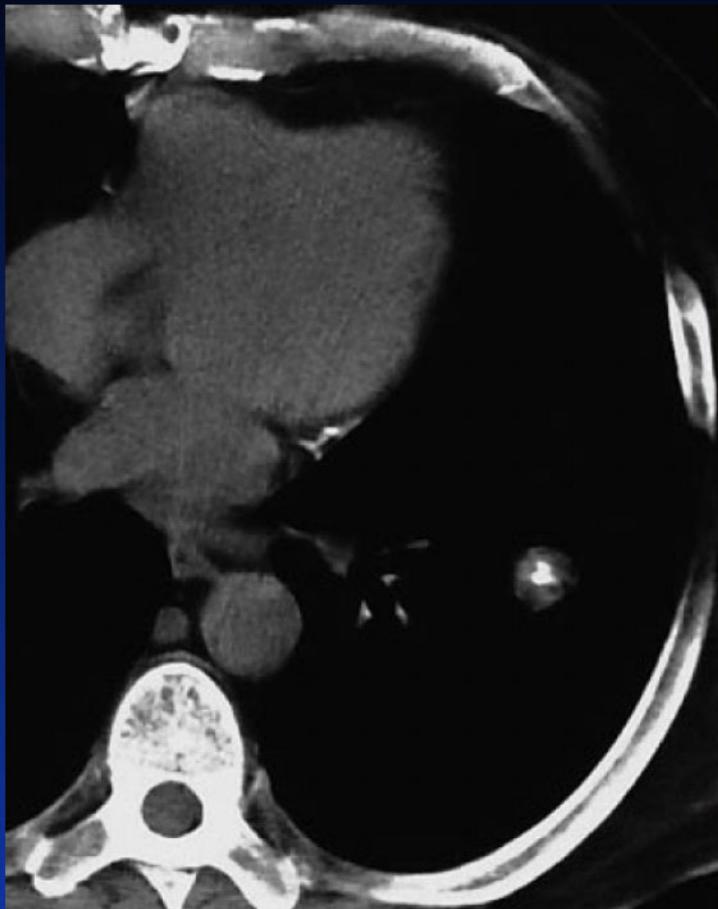
Coccidioidomycosis



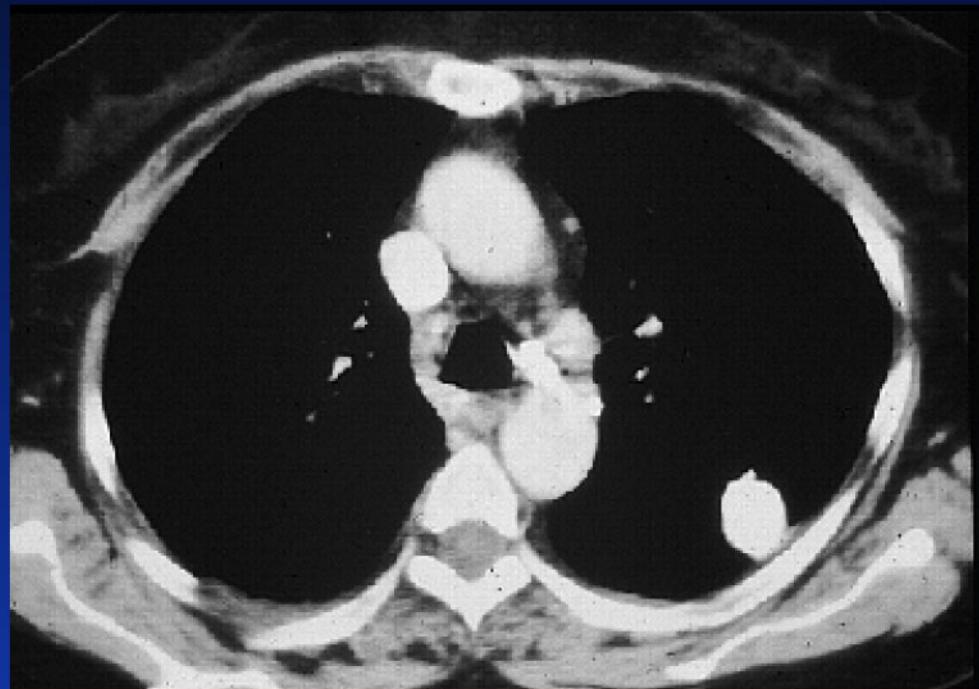
C2: Calcific ation/ 鈣化



Benign calcification

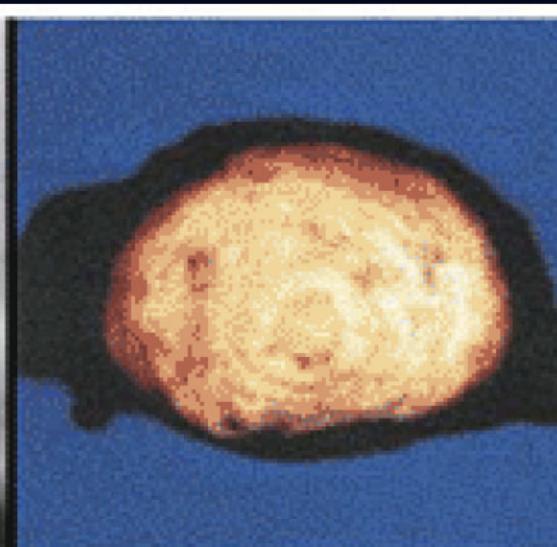
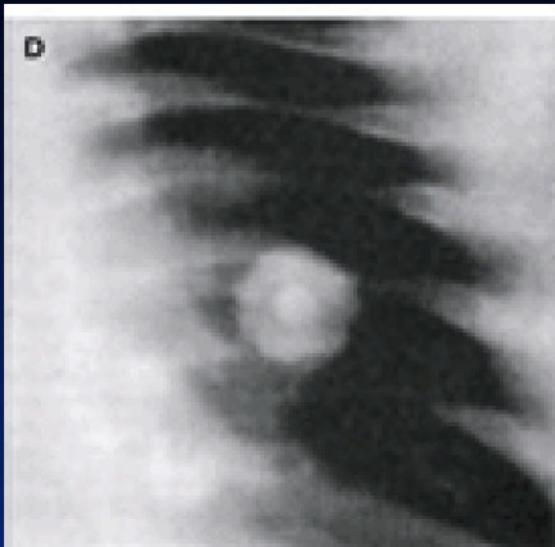


Central nidus calcification



Diffuse calcification

Benign calcification



Histoplasmosis

Laminated calcification



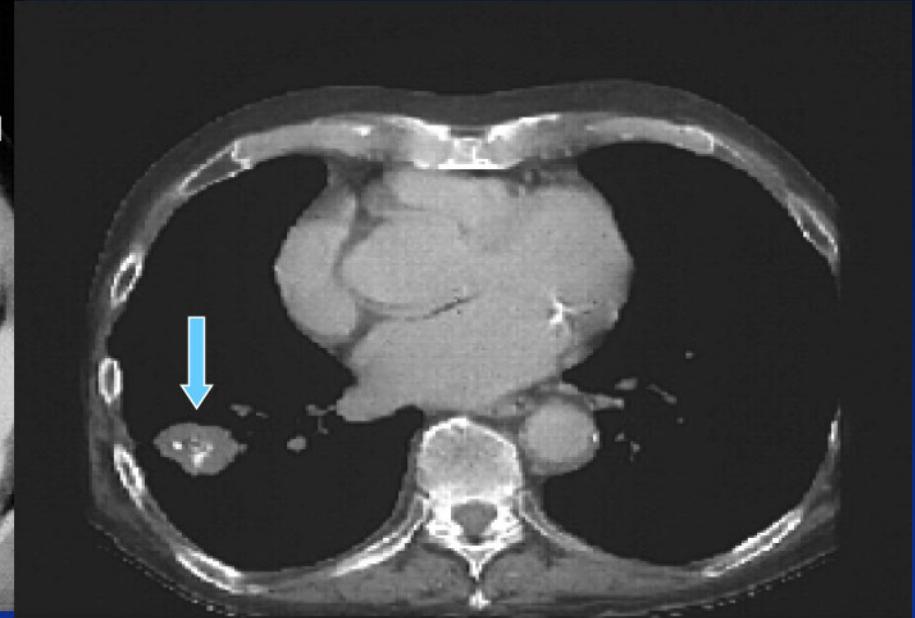
Harmatoma

Popcorn-like calcification

Malignant calcification



Amorphous calcification



Punctate calcification

Malignant calcification



Figure 10: CT scan in an 80-year-old man shows a 2.2-cm-diameter nodule in the left upper lobe with eccentric calcification. FNAB of the nodule revealed adenocarcinoma.



Figure 11: CT scan shows eccentric dense calcification in a right lower lobe carcinoid tumor.

Eccentric Calcification

Malignant calcification



Pitfall: Take the history carefully

Dense, diffuse calcification
resembles benign granuloma

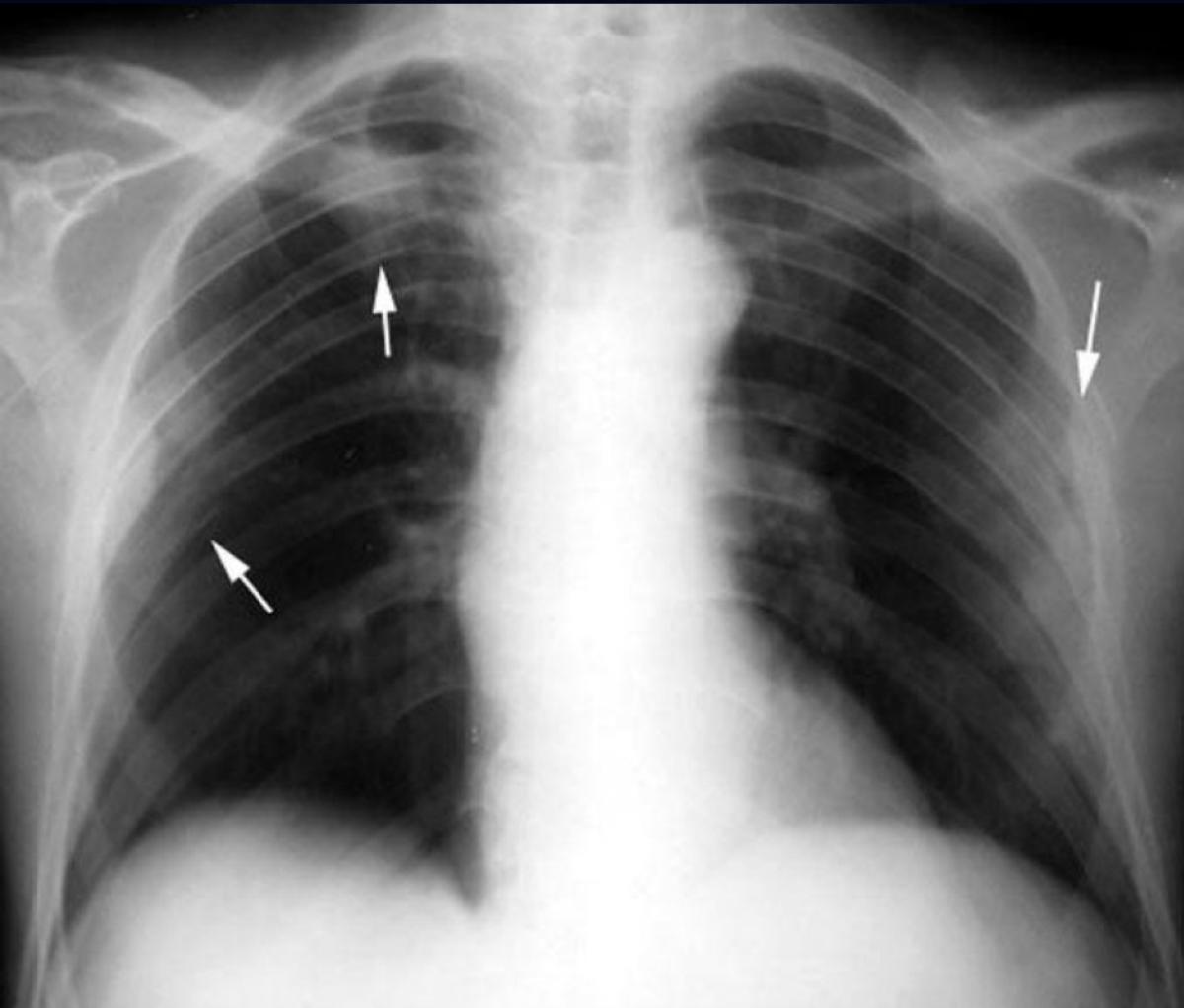
Hx of osteosarcoma
-- metastasis from OGS

D1: Doubling Time

- 在CXR上，tumor由single cell要長到 1 cm nodule 才容易看的到，期間需要經過 約30 doubling time。
- Malignancy的doubling time, range from 30-300 days or 1.8-18 months
- 一般而言, lung cancer的doubling time：
 - Small cell carcinoma = 30 days
 - Squamous cell, Large cell carcinoma = 90 days
 - Adenocarcinoma = 120 days(30~180 days)
- Rule of “2”
 - **Doubling time < 2wk or > 2 yrs: favor benign lesion**

O: Other Associated Findings

- Rib destruction
- Satellite lesion
- Hilar/mediastinal LN enlargement
- Parenchymal scar
- Pleural effusion

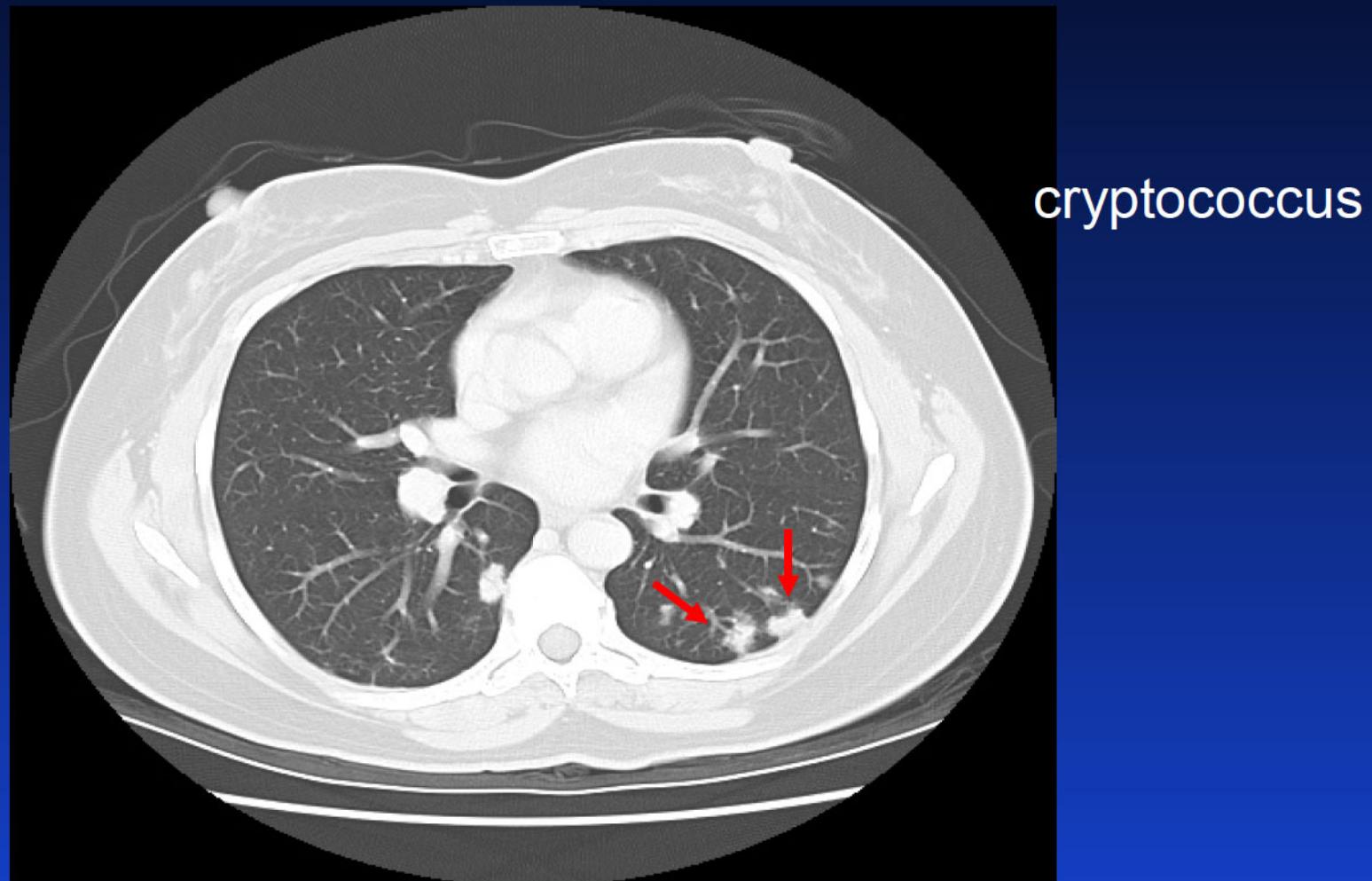


Lung cancer with rib metastasis

Solitary pulmonary nodule
behind right clavicle

Others: Satellite lesions

Benign: TB, fungus

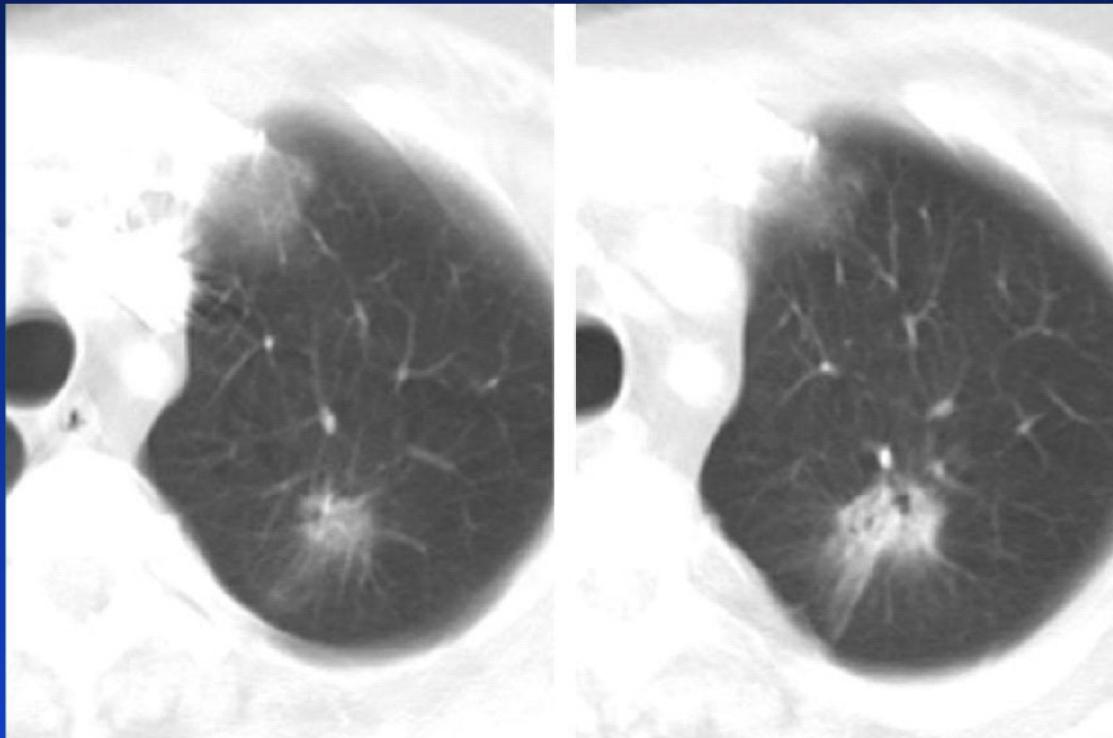


A1: Area/位置

- Malignant:
 - One study showed most missed lung cancers are located in the **right upper lobe**
 - In **IPF**, lung cancer is more common located over **periphery of lower lobe**, where fibrosis is most likely to occur.
 - Primary lung cancer
 - SCLC, SqCC: more **central**; high-tar, unfiltered cigarettes
 - Adenocarcinoma: more **peripheral**; low-tar, filtered cigarettes(可以吸得比較深)
- Benign:
 - Equally distributed over upper and lower lobes
 - TB: upper lobe or superior segment of lower lobe

A2: Air-bronchogram

- 大多為良性，如pneumonia等感染性疾病
- 例外：但有時pneumonic-type lung cancer 或 lymphoma亦可見air-bronchogram (因為parenchymal lesion為consolidative type)。



Etiology of solitary pulmonary nodules/mass

H-I-I-N

- Hemodynamic- vascular
- Infection
- Inflammation
- Neoplasm
- Congenital (先天)
- 肺外

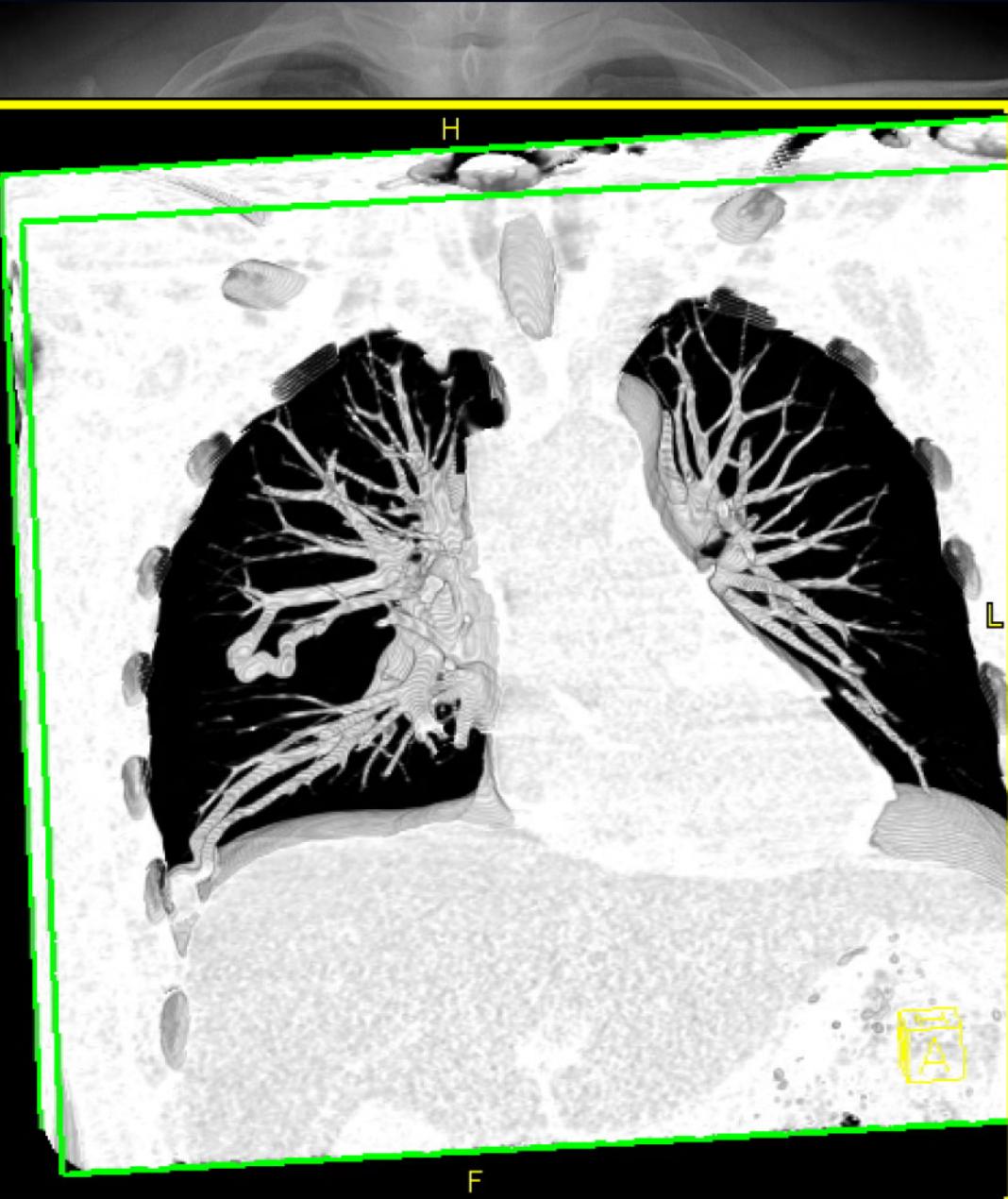
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Figure 5: Chart shows differential diagnosis of SPN.

Hemodynamic- Vascular

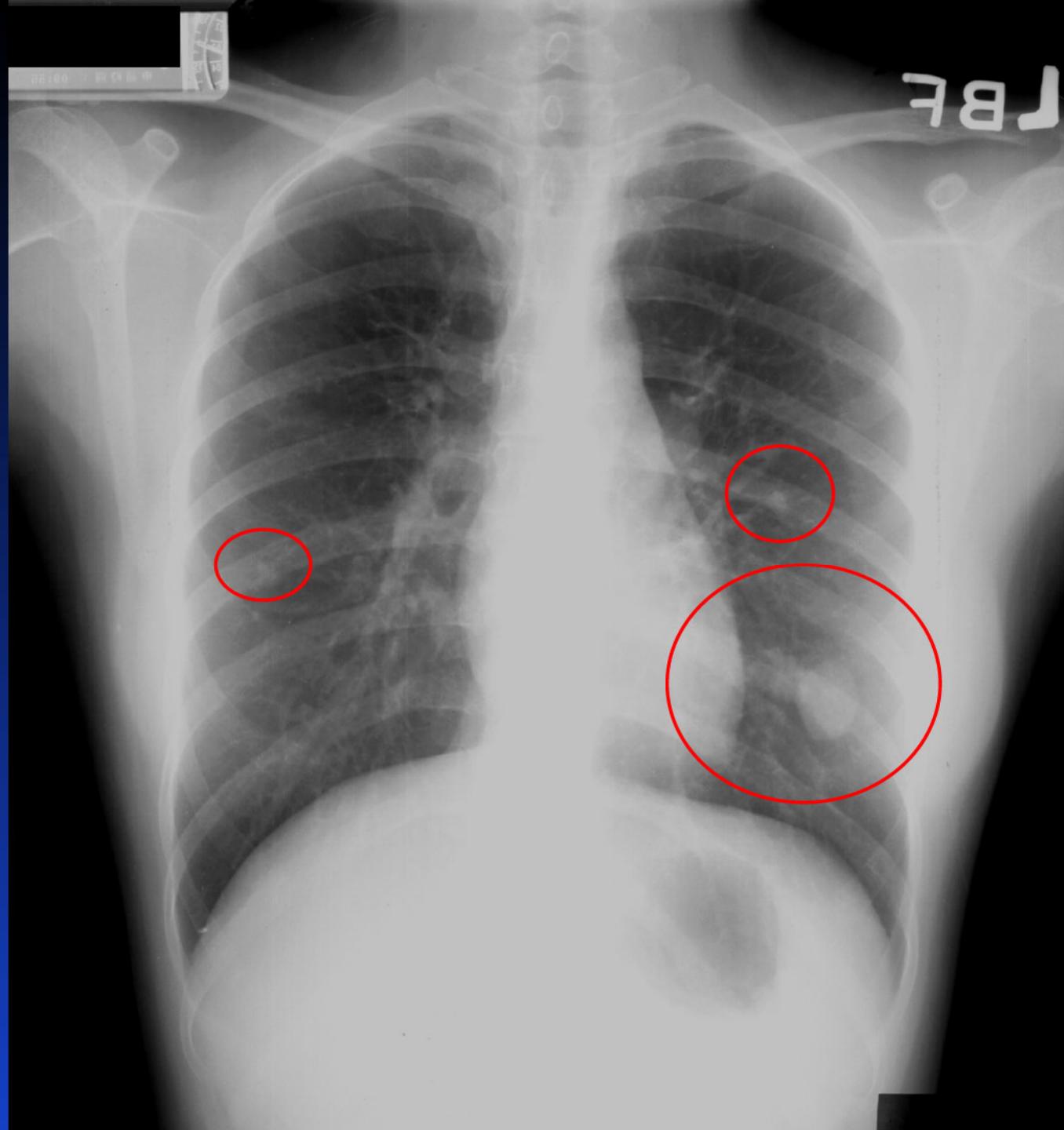
- **Cardiovascular**
 - Arteriovenous malformation (AVM)
 - Pulmonary artery aneurysm
 - Pulmonary vein varix
- **Thromboembolic**
 - Infarct(organizing)

Pulmonary AVM

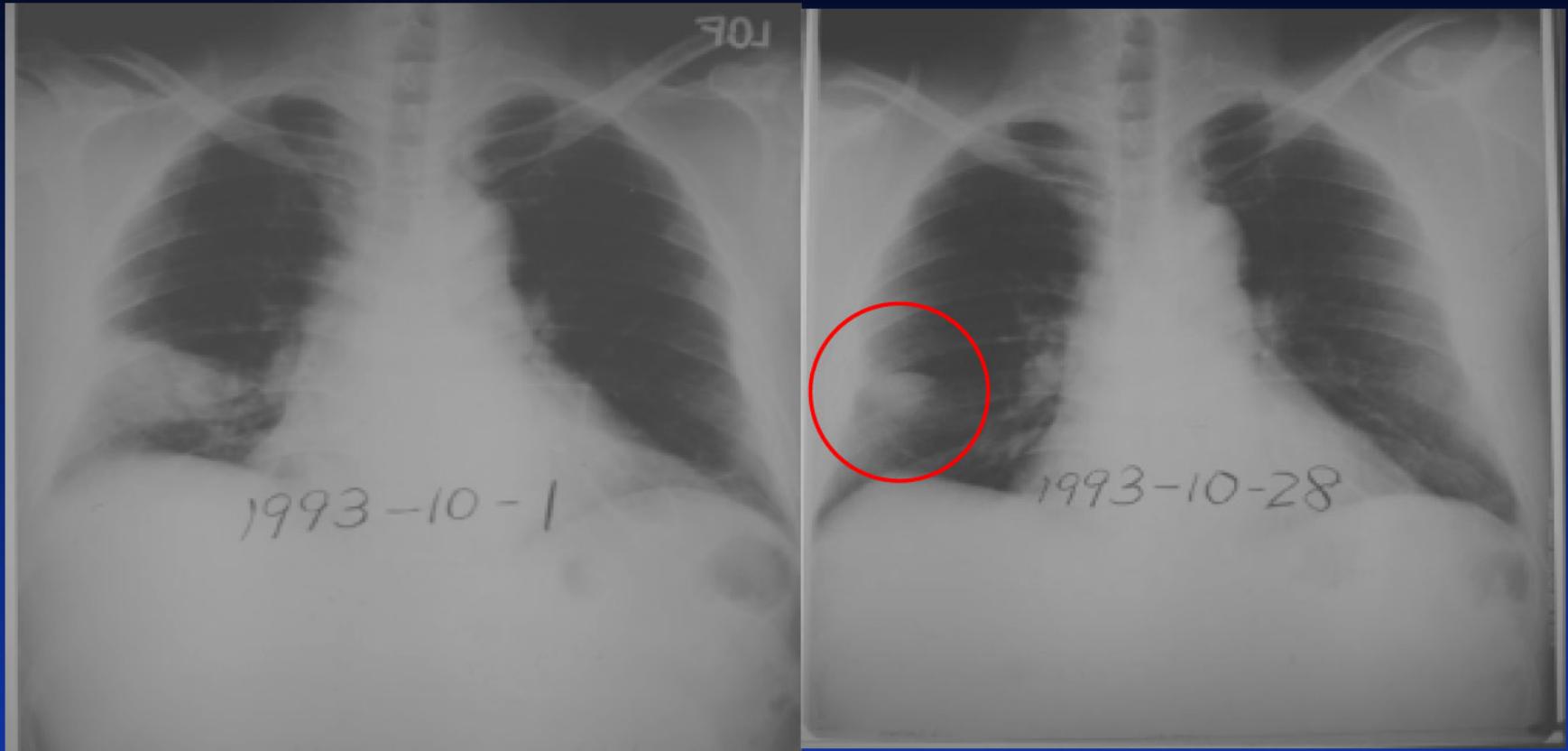


- Round or oval shape; somewhat **lobulated**, but sharply defined margin.
- Connected with **feeding a.** and **drainage v.**
- 1/3 have **multiple** lesions
- More common in **lower lobes**

Pulmonary AVM



Pulmonary Infarction (Hampton's hump/Melting sign)



Melting sign: shadow gradually diminishes while maintaining its homogeneity and its original shape (pneumonia resolution: shape change).

Etiology of solitary pulmonary nodules/mass

H-I-I-N

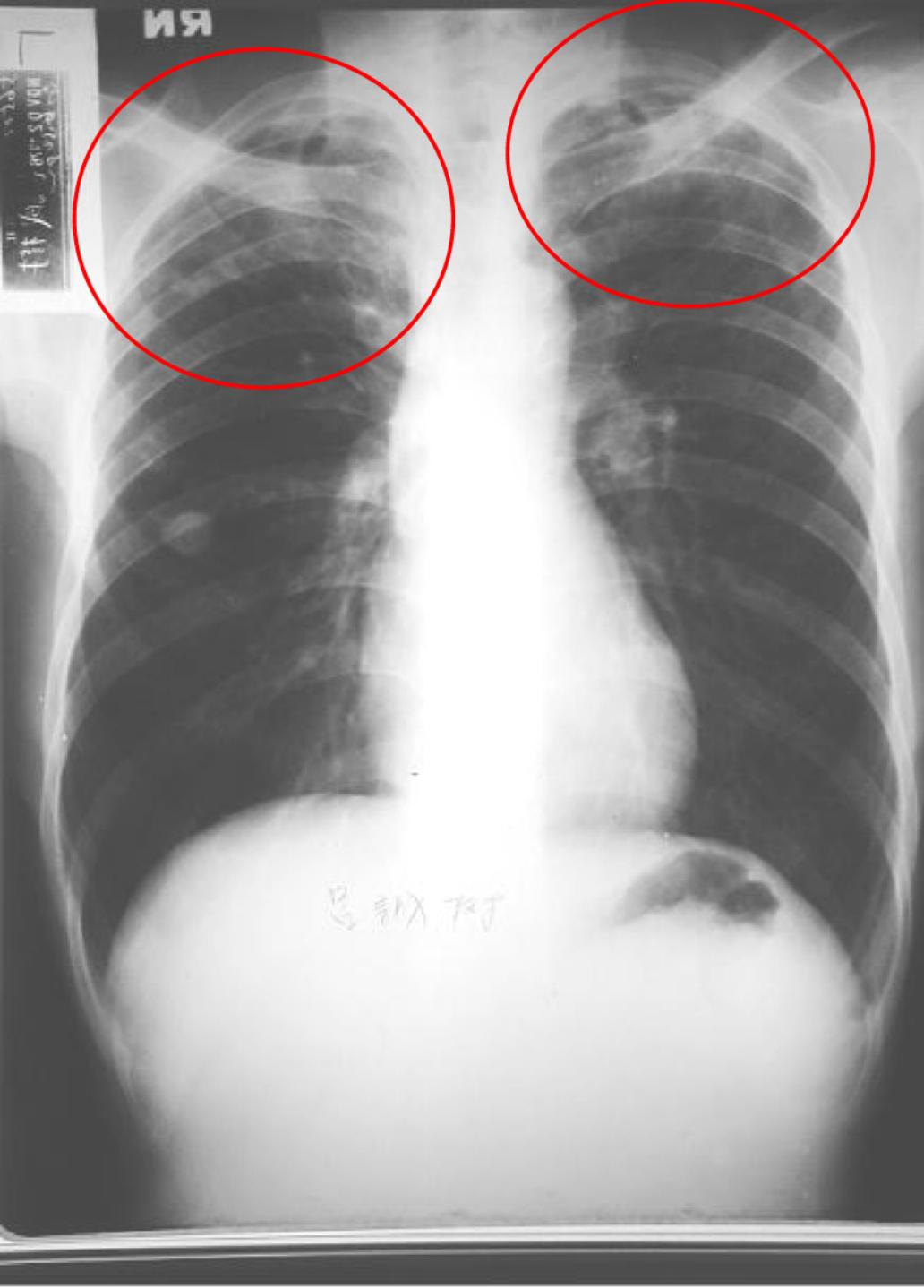
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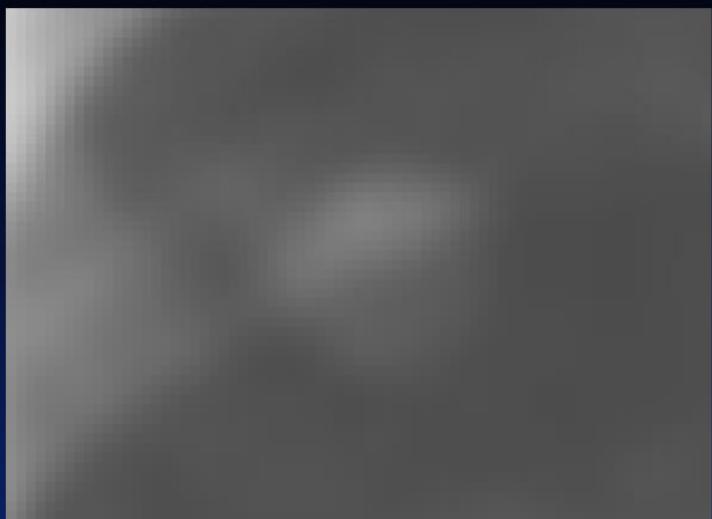
Figure 5: Chart shows differential diagnosis of SPN.

Infection

- Bacteria:
 - Lung abscess
- TB: granuloma
- Fungus:
 - Cryptococcus
 - Aspergillosis: aspergilloma(fungus ball)
 - Coccidioidosis
 - Histoplasmosis
- Parasite
 - paragonimiasis



Tuberculoma

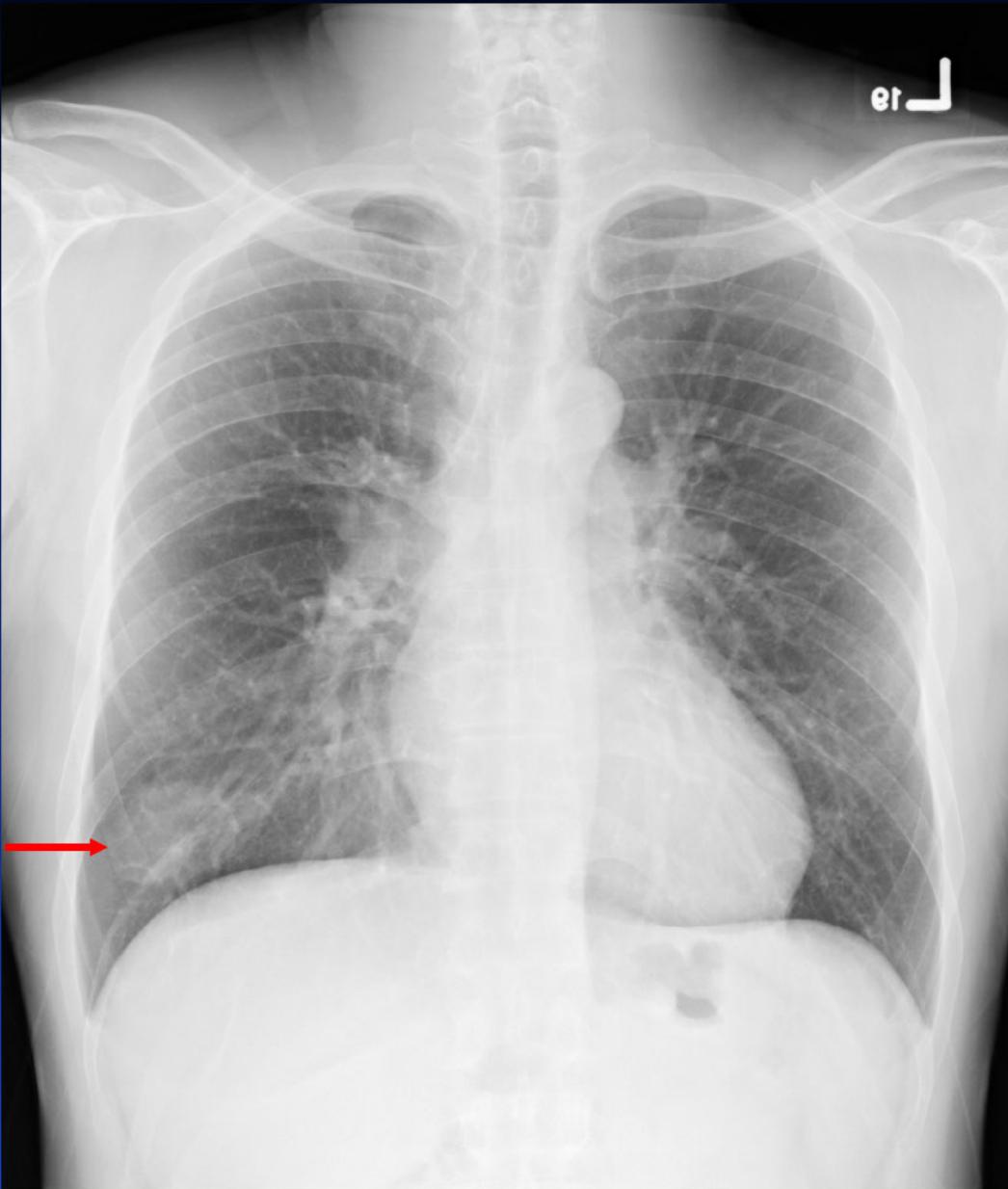


- Usually 1-4 cm, typically **smooth** and **sharply defined**; occasionally, lobulated or spiculated
- 多發生在**upper** lung field
- **Satellite lesions:** in 80% of cases
- **Calcification:** diffuse, central or punctate
- Cavitation: uncommon

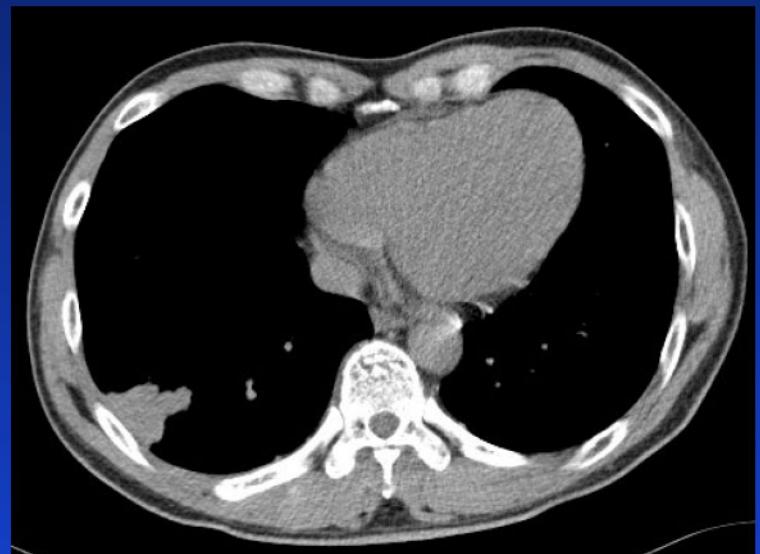
Tuberculoma



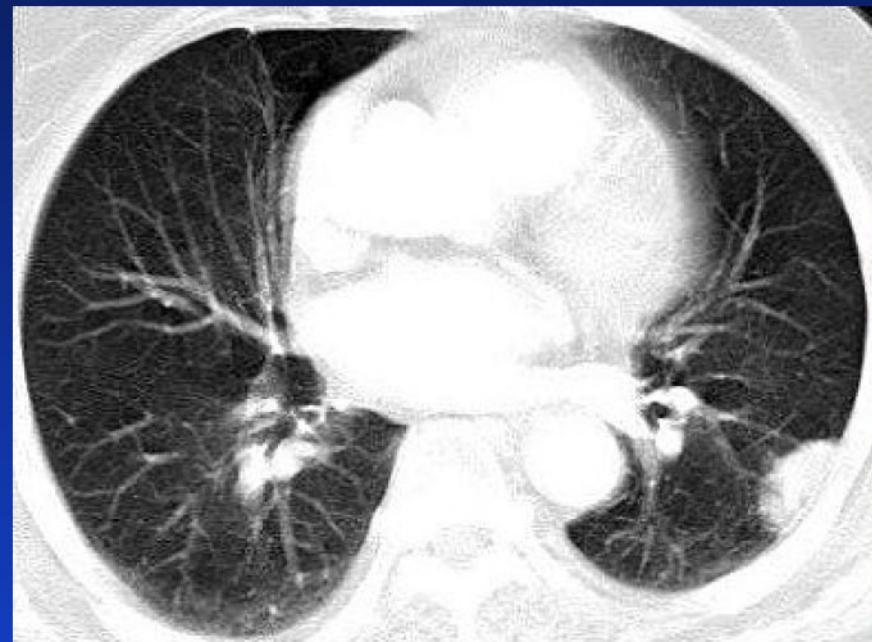
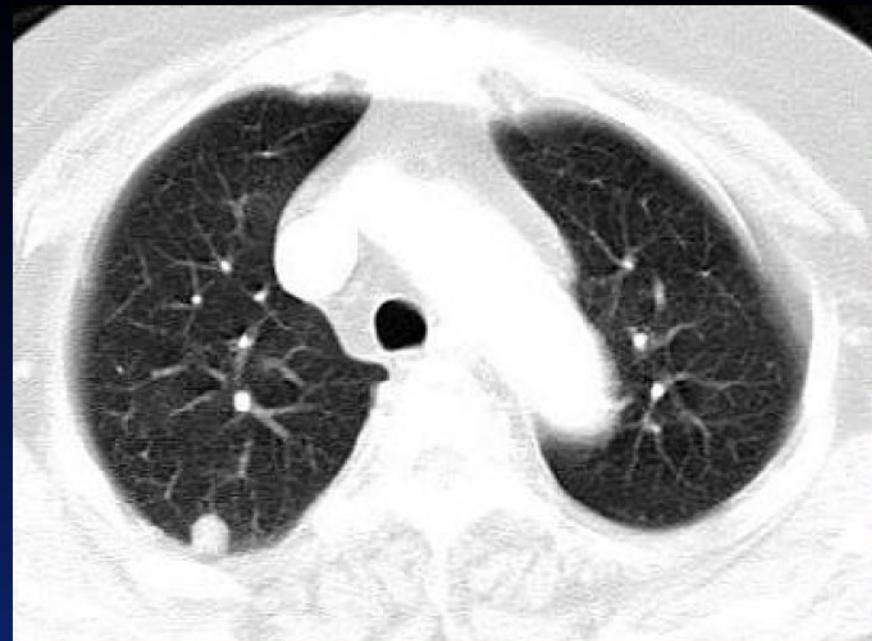
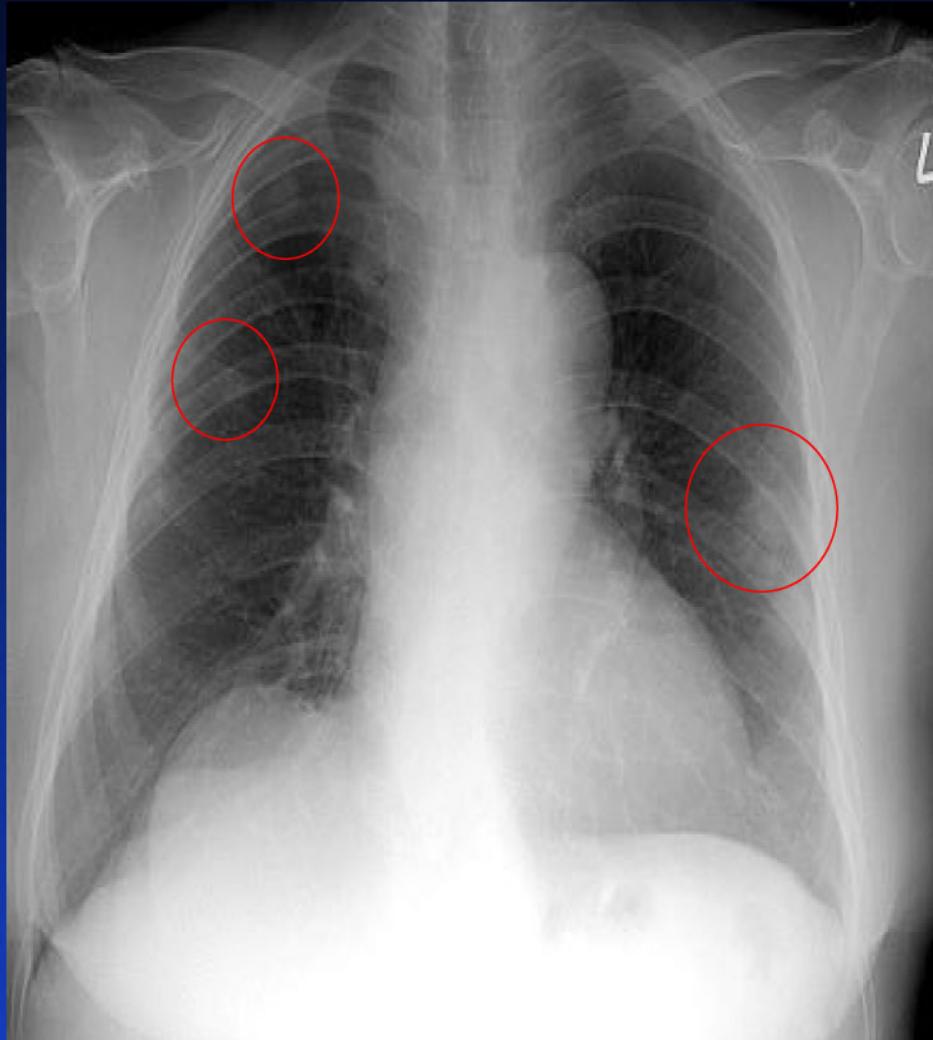
Cryptococcus infection



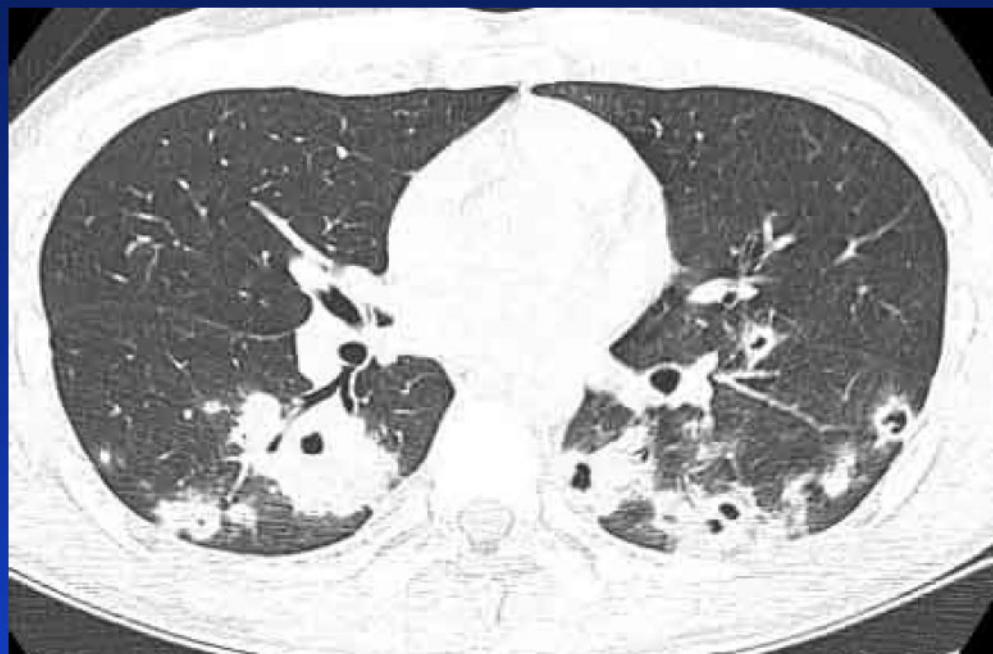
- Solitary or multiple pulmonary nodules or masses
- 0.5~5cm in size; more common in **lower** and **peripheral** lung
- Focal areas of consolidation: air-bronchogram (+)



Cryptococcus pneumonia



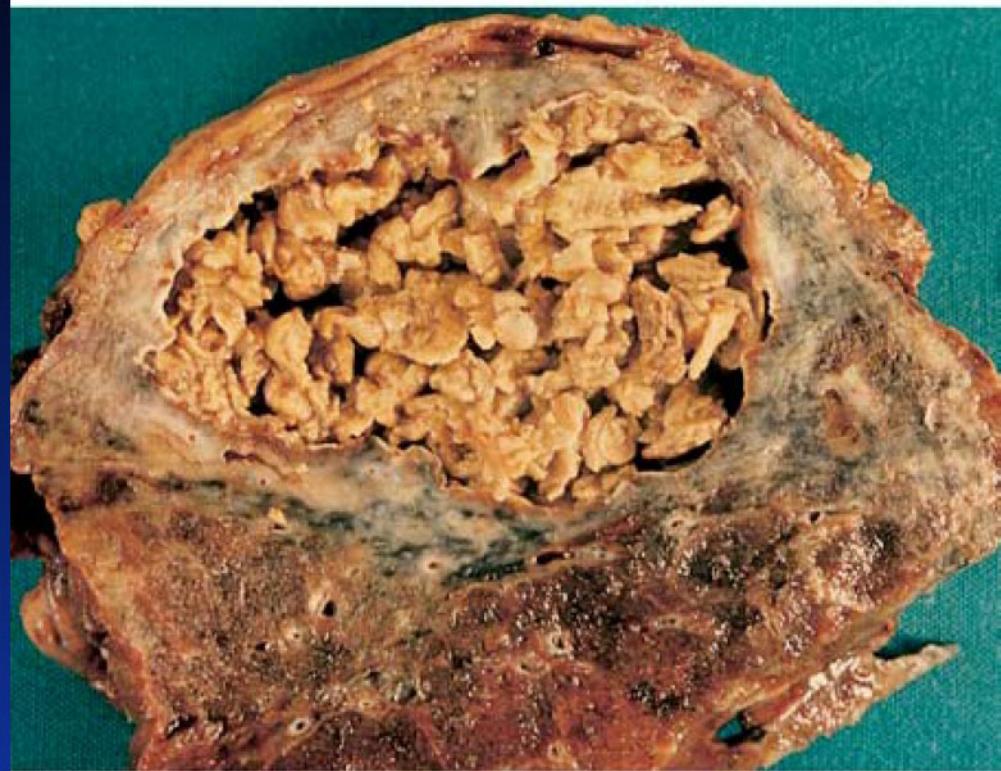
Cryptococcal pneumonia



Aspergilloma



Multiple fungus ball within a cavity over RUL



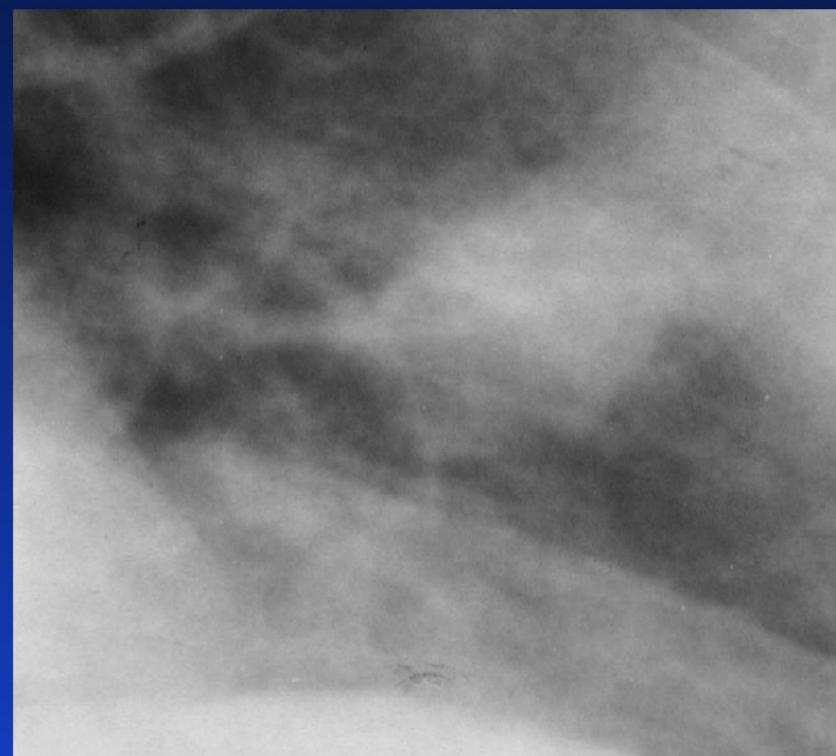
Multiple irregular fungus balls virtually filling the pulmonary cavity

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Paragonimiasis

肺吸蟲病



Etiology of solitary pulmonary nodules/mass

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Figure 5: Chart shows differential diagnosis of SPN.

Granulomatosis with polyangiitis (GPA) (Wegener Granulomatosis): mostly multiple



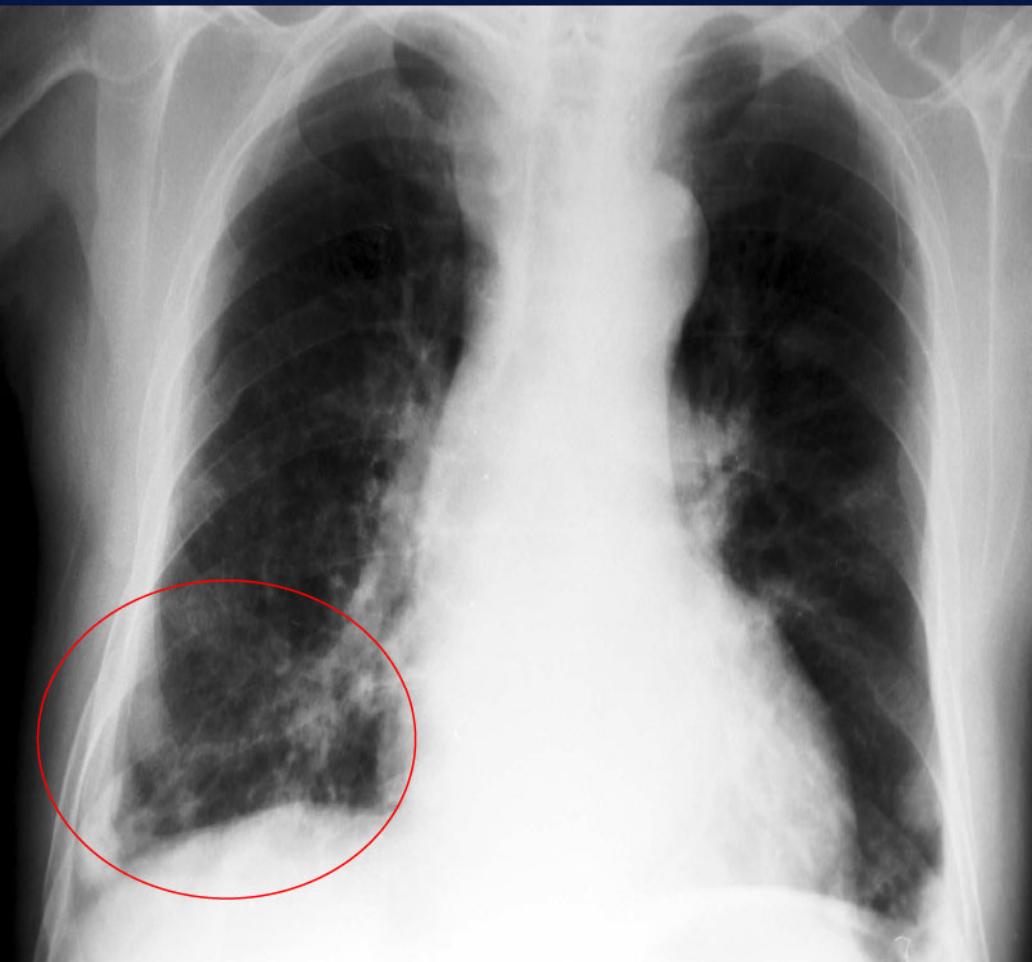
**bilateral irregular nodules and a
mass in the right lower lobe**



**multiple irregular nodules in a
peribronchovascular distribution**

Rheumatoid Arthritis

- Pulmonary nodules
 - Uncommon; usually associated with **advanced** disease
 - Usually **multiple** and **well circumscribed**, they often result in **thick-walled** cavities.



Etiology of solitary pulmonary nodules/mass

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Lung Cancer

- Could be any size
- Often irregular, spiculated margin
- Tail sign: mostly in adenocarcinoma
- Cavitation: most in squamous cell carcinoma > 3 cm
- Contrast-enhancement in CT
- Associated findings:
 - Hilar / mediastinal LN enlargement
 - Rib destruction / PE
 - Rarely with satellite lesions

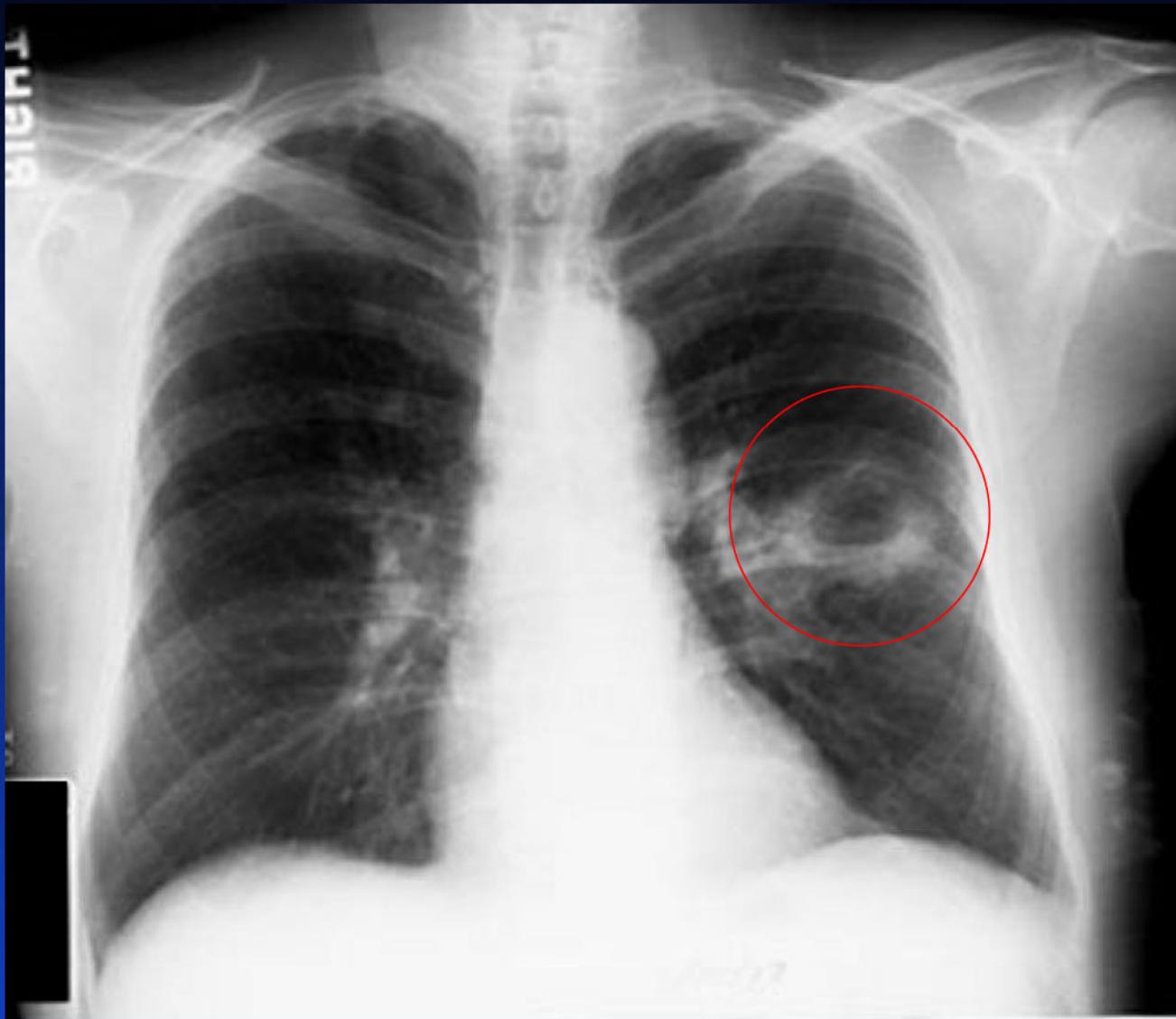
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Squamous cell
Carcinoma of lung:
lobulated border

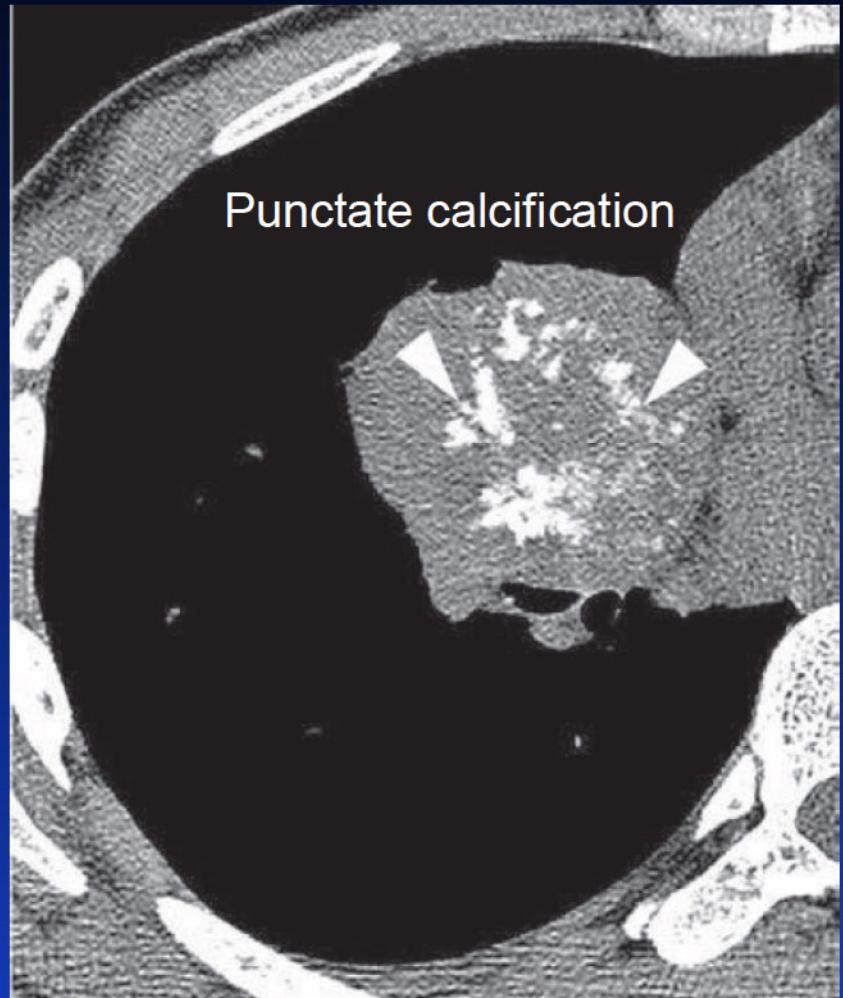
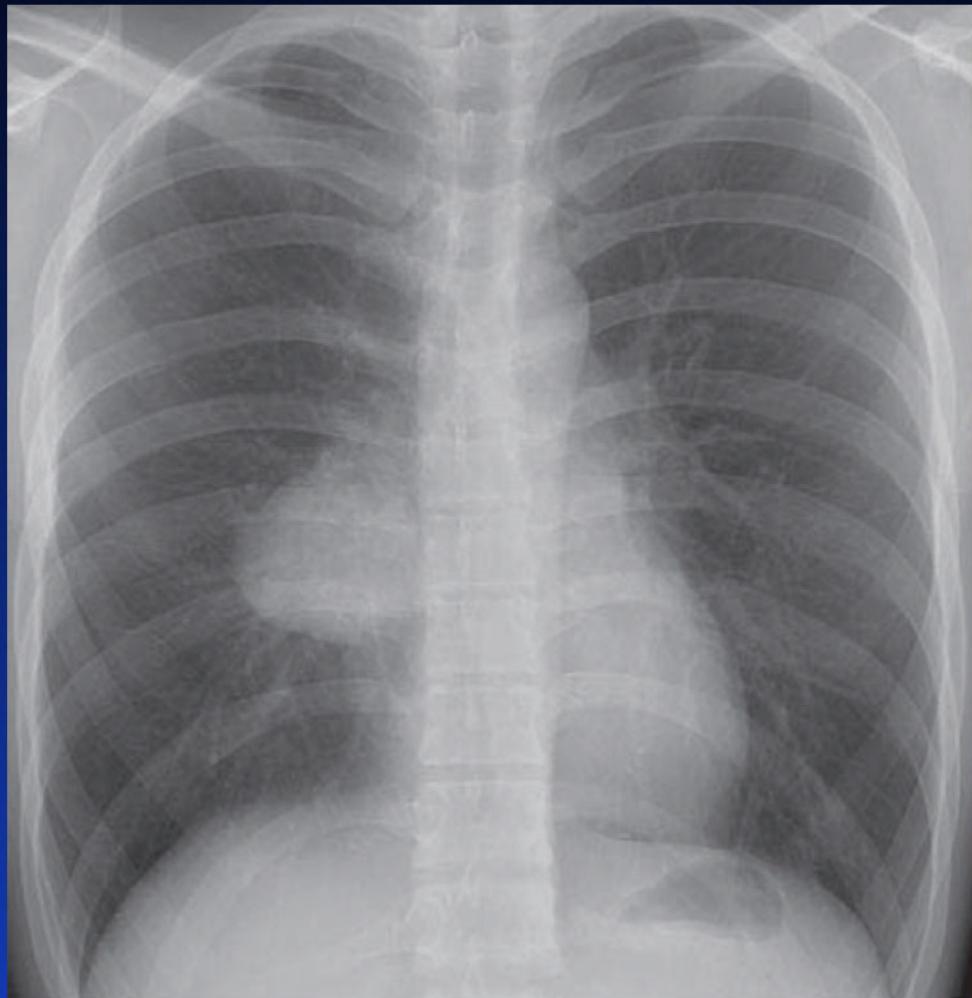


Tail sign
Adenocarcinoma

Squamous Cell Carcinoma of Lung

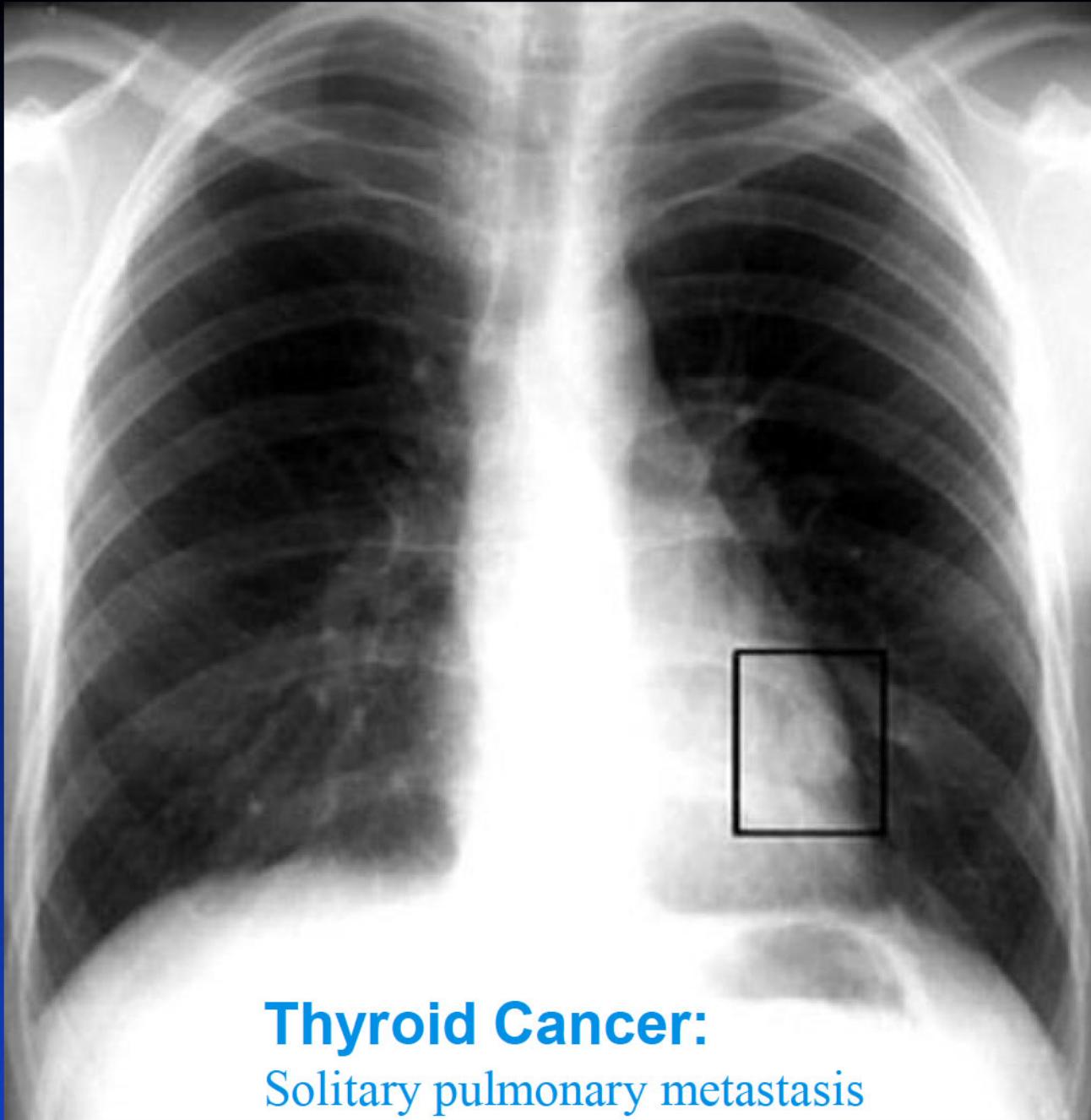


Typical Carcinoid

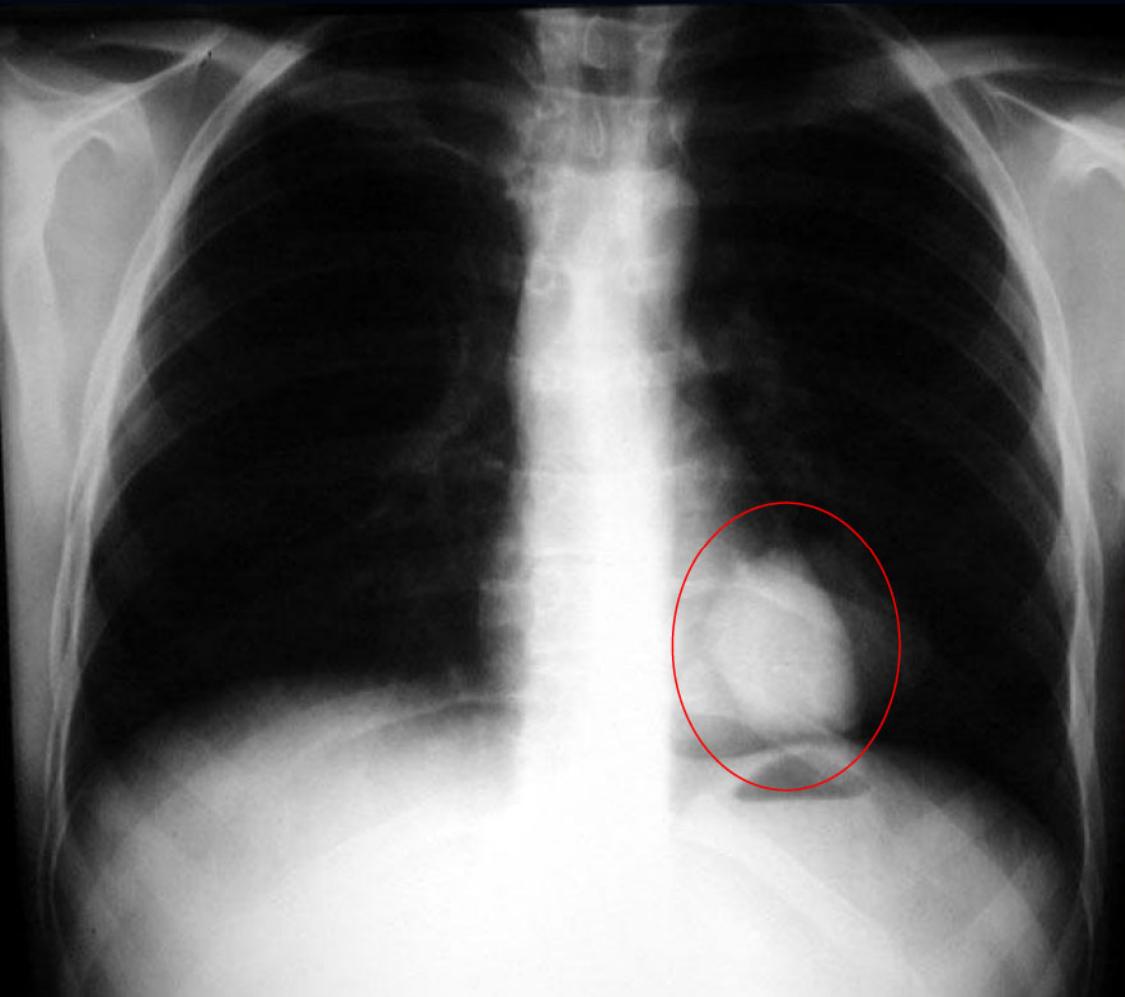


Metastasis

- Solitary metastasis is relatively uncommon.
- Certain metastasis are more likely to produce solitary metastases: **colon** (esp. rectosigmoid ca), **kidney, testes, ovary** cancer; **sarcoma** (esp. bone); **malignant melanoma**.
- 50% have smooth margins; round, oval or lobulated contour.



Thyroid Cancer:
Solitary pulmonary metastasis



Malignant melanoma metastatic to lung

- Mass density LLL
- Retrocardiac soft tissue density



Hamartoma

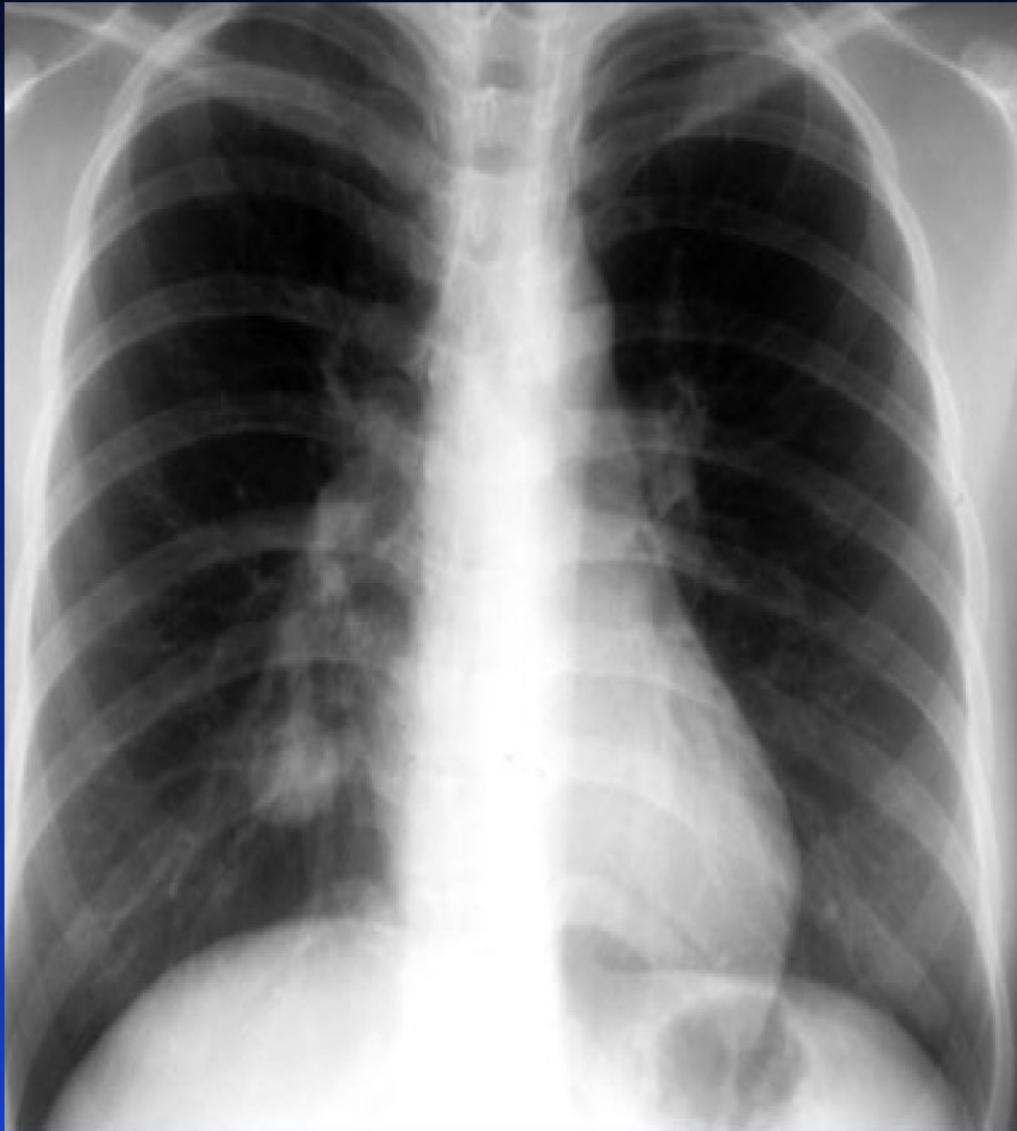
- Benign neoplasm
- Spherical, lobulated, notched
- Rarely > 4cm in size



Harmatoma
Popcorn
Calcification

Sclerosing hemangioma

Solitary well-defined, round pulmonary nodule, usually enhances inhomogeneously after contrast.



Etiology of solitary pulmonary nodules/mass

H-I-I-N

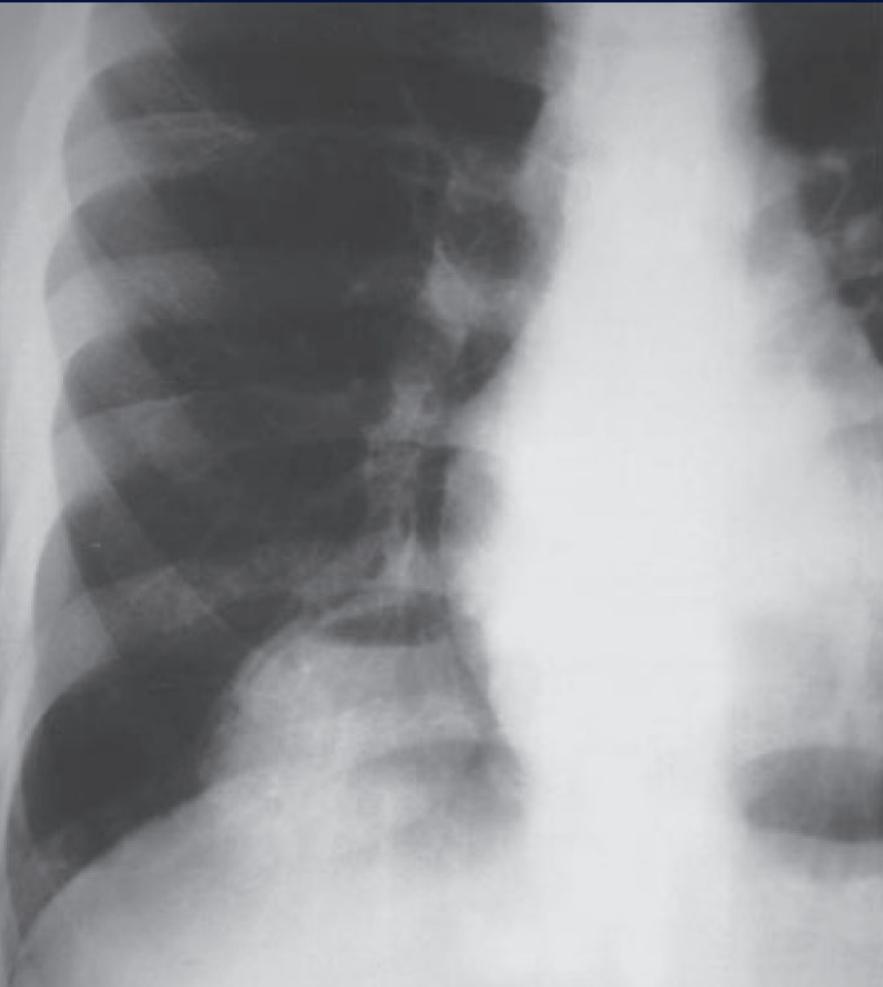
- Hemodynamic- vascular
- Infection
- Inflammation
- Neoplasm
- Congenital (先天)
- 肺外

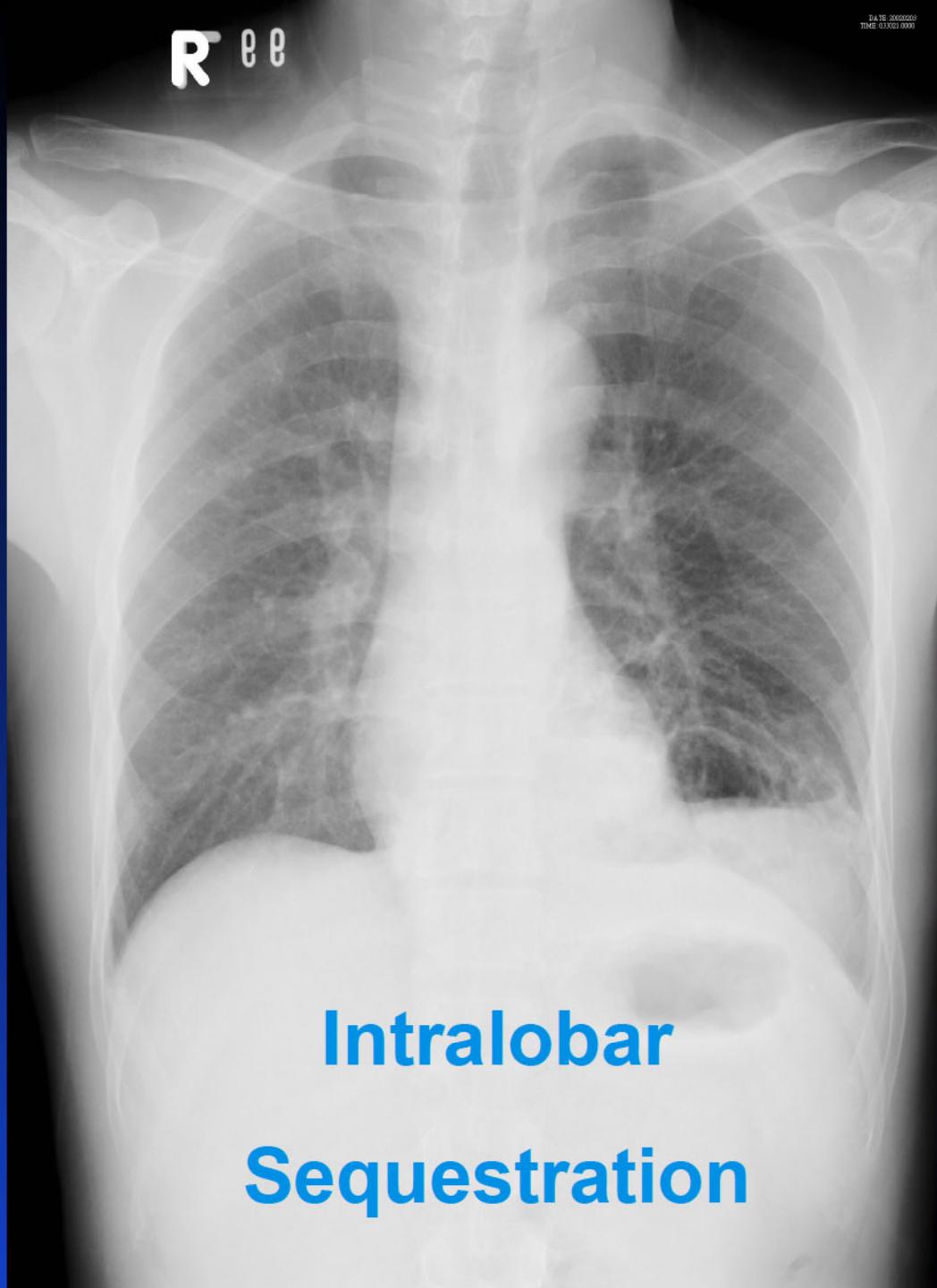
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Other	Skin nodule Rib fracture Pleural thickening, mass or fluid

Figure 5: Chart shows differential diagnosis of SPN.

Bronchogenic Cyst

- Usually **solitary**, well-defined, thin-walled, and unilocular.
- The common location is the **lower lobes**.



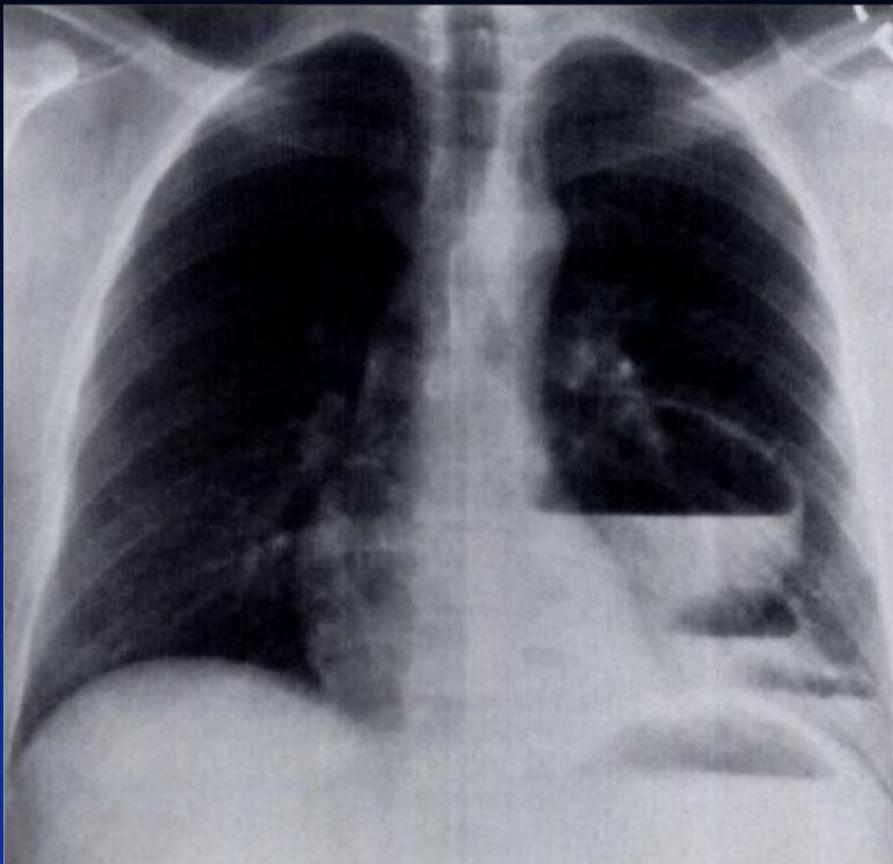


Intralobar
Sequestration

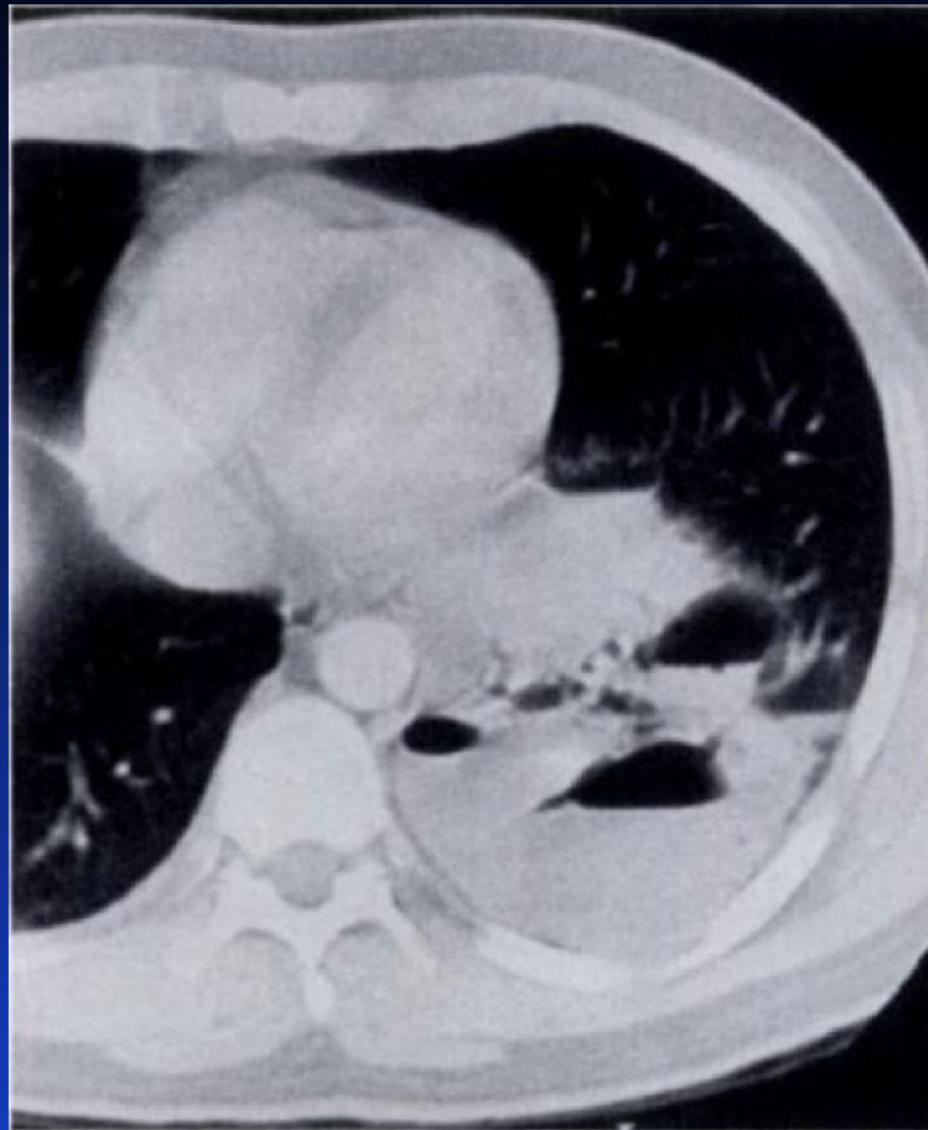
Pulmonary Sequestration

- CXR:
 - Uncomplicated:
 - Usually a homogeneous consolidation with irregular margins or as a uniformly dense mass with smooth or lobulated contours, in the lower lobe
 - Complicated with advanced chronic infection
 - Predominantly cystic/cavitary lesion, single large cyst or multiple cysts of variable size.

Intralobar Sequestration



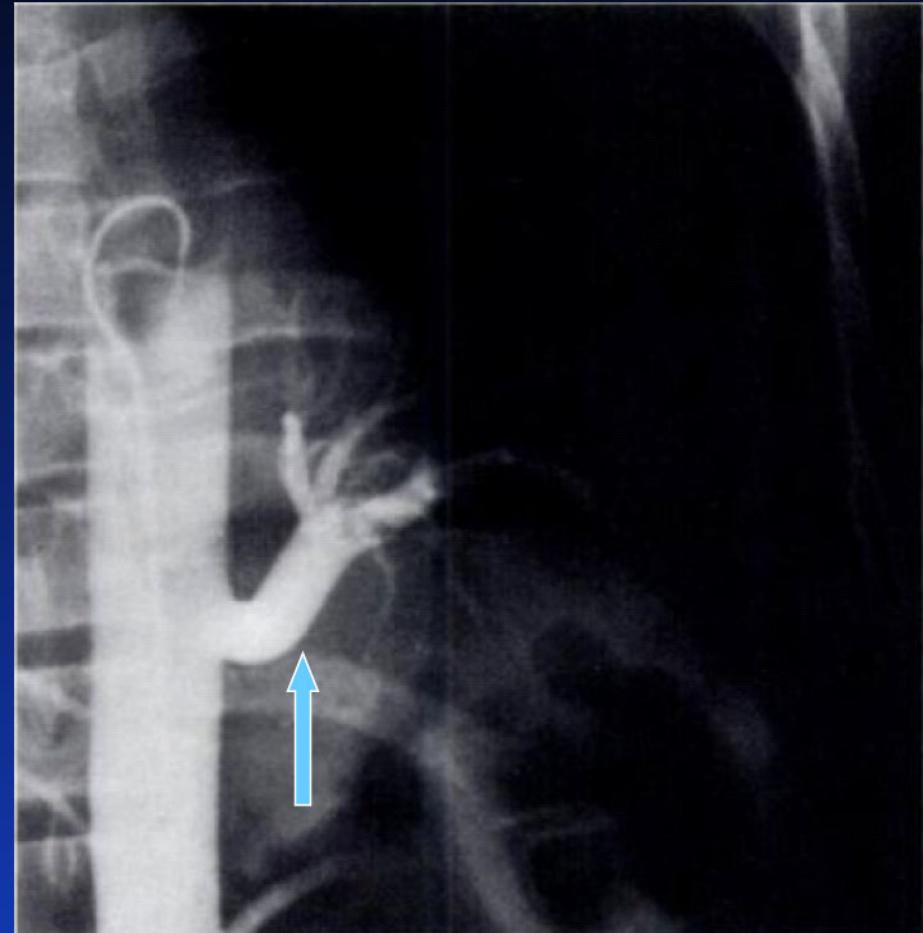
Multiple cystic mass containing several air-fluid level in LLL



Intralobar Sequestration



A large artery from D-aorta
supplying sequestration



Etiology of solitary pulmonary nodules/mass

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Etiology of Multiple Pulmonary Nodules/masses – HIIN

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 - Cardiovascular
 - AVM
 - Organizing hematoma
 - Thromboembolic
 - Organizing infarct
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 - Leptospirosis
 - TB:
 - Miliary TB
 - TB granuloma
- Fungus:
 - Cryptococcus
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- Virus: atypical measles
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- **N (neoplasm)**
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 - Lymphoma

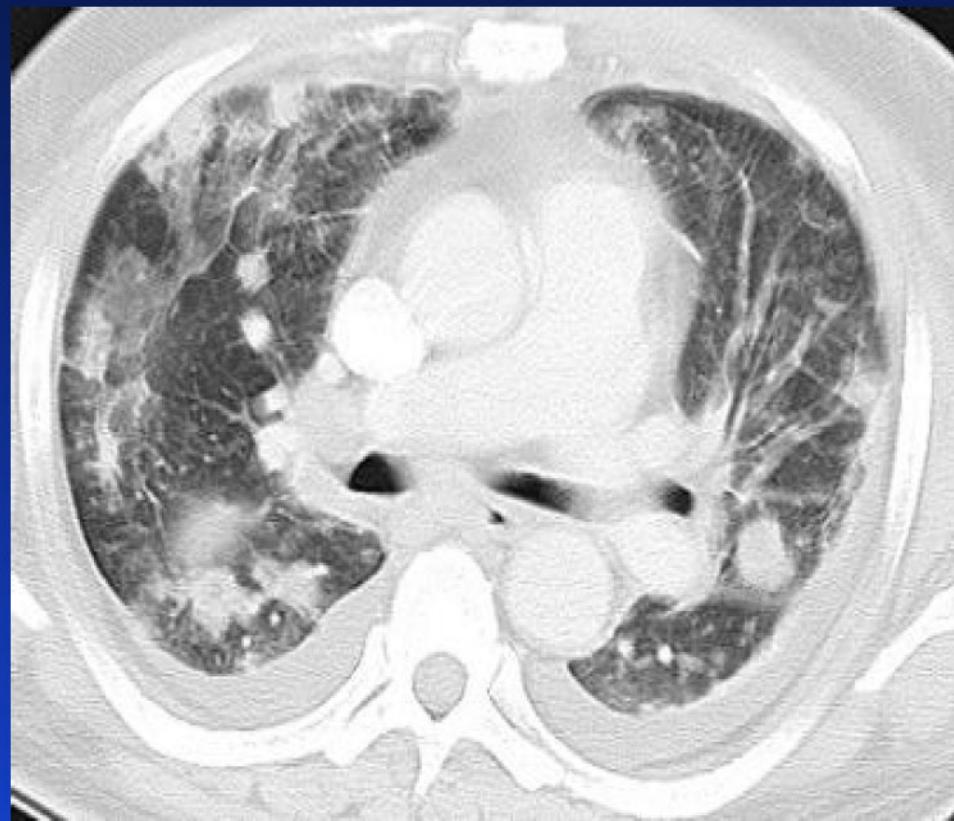
• 多發性肺結節和腫塊之 etiology 與單一性肺結節之 etiology 大同小異。但以 metastatic disease 最為常見。

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Septic embolism

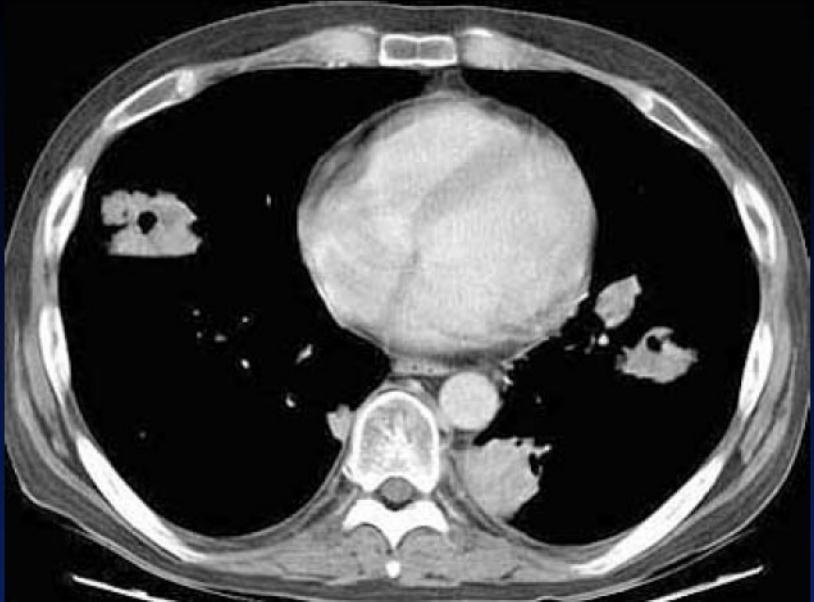
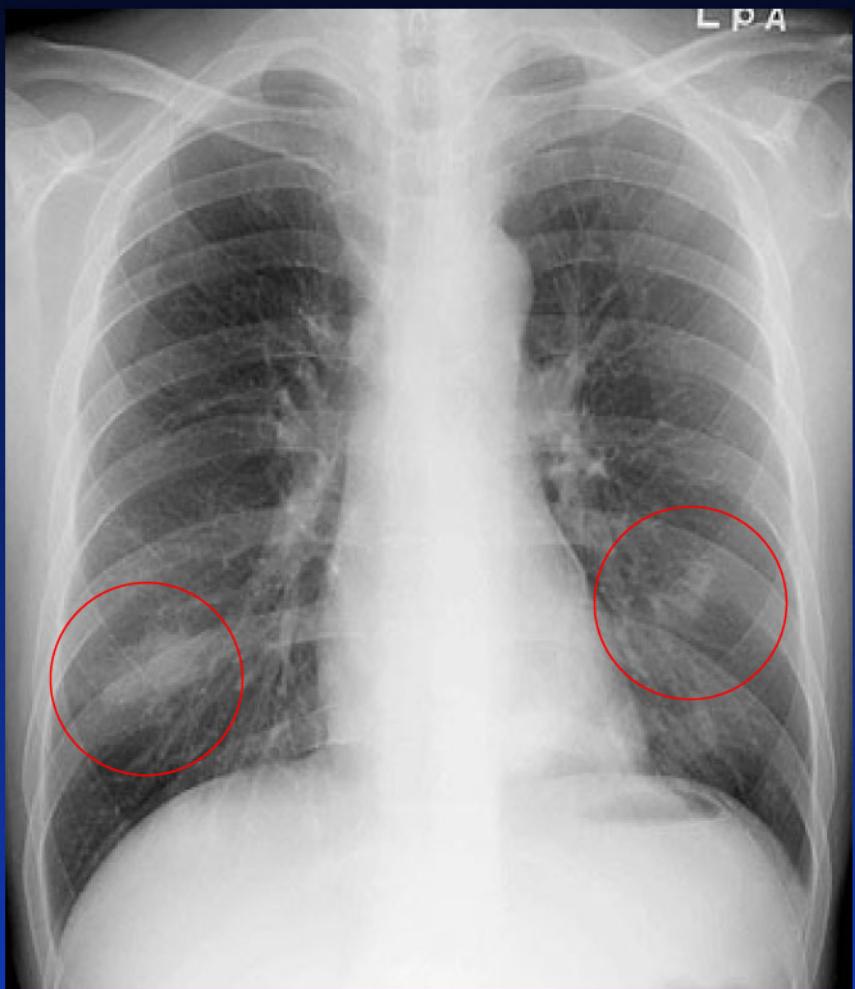
- Multiple, bilateral patchy areas of consolidation rapid evolving into ill-defined cavitary nodules





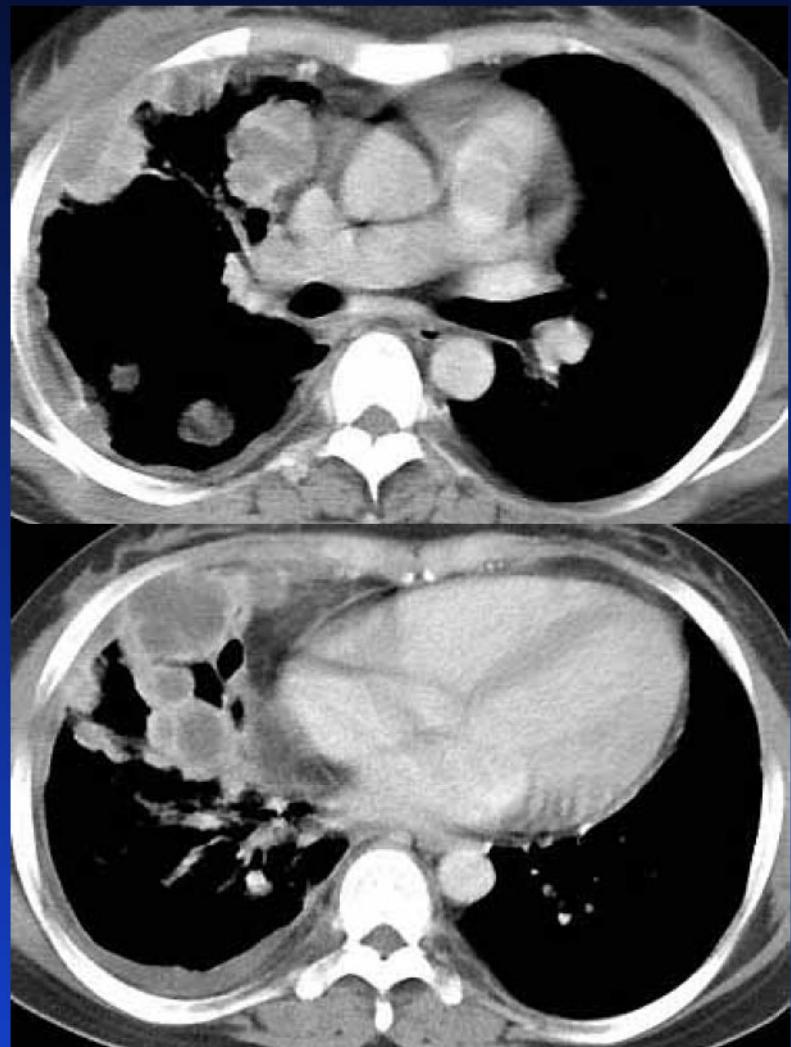
Septic emboli, cavity
Staphylococcus aureus

Pulmonary TB



Nocardiosis

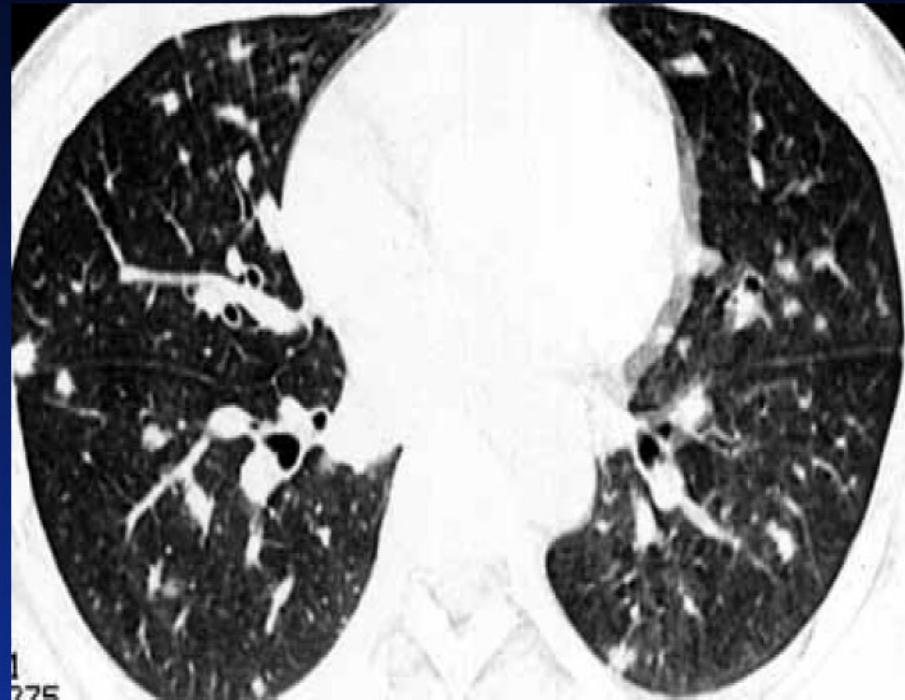
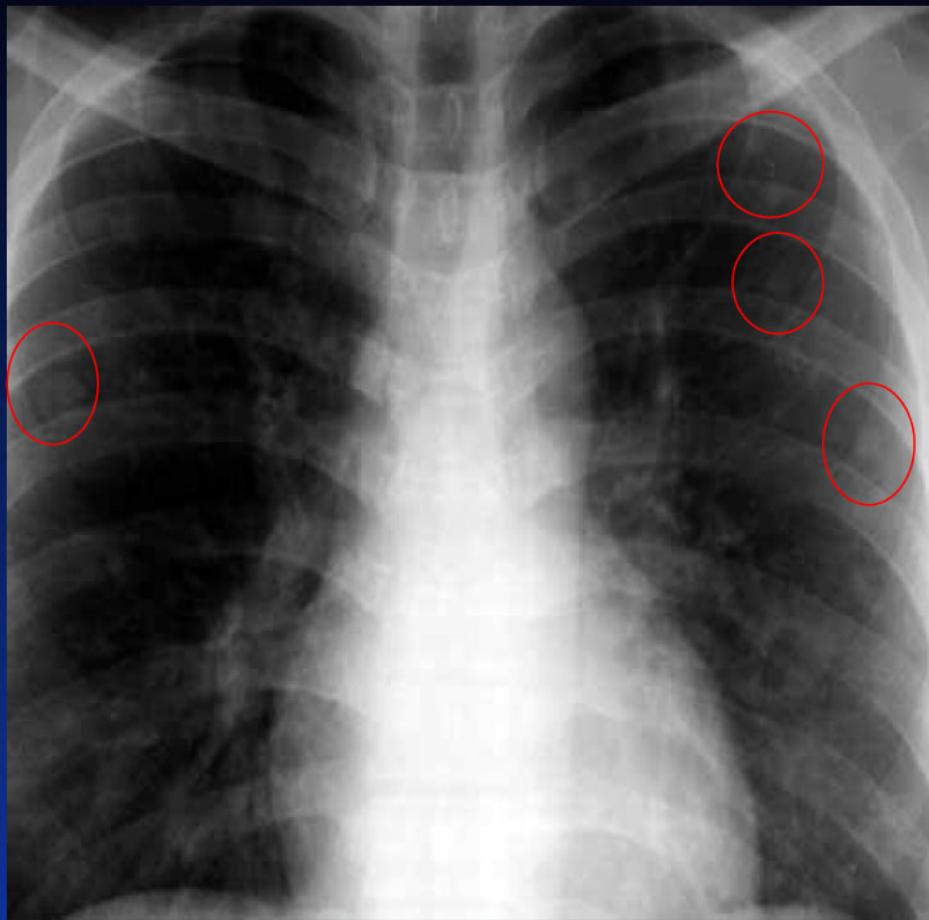
- The typical radiologic manifestations:
 - Nodules and areas of consolidation**, with or without cavitation, that frequently involve the pleural space



Pneumonia due to measles virus



poorly defined nodules and patchy consolidation in the left middle and lower lung zones.



Varicella-Zoster pneumonia

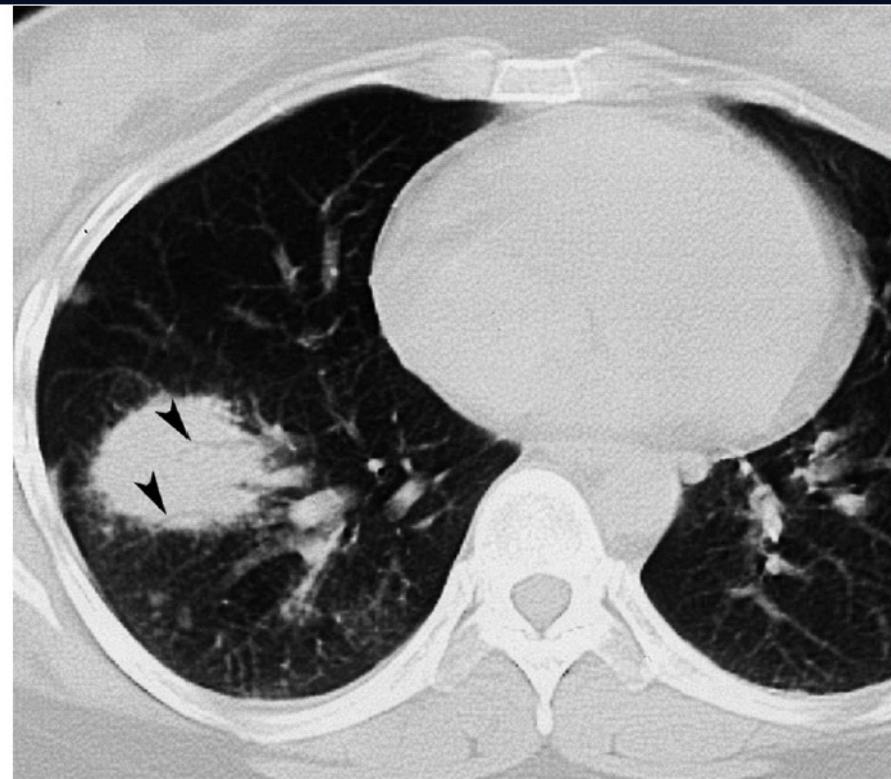
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Alveolar Sarcoidosis



a.



b.

Figure 7. Pulmonary sarcoidosis in a 26-year-old woman. (a) Chest radiograph demonstrates multiple lung nodules bilaterally and minimal hilar adenopathy, findings that may simulate metastatic disease. (b) CT scan obtained at the lower lung level demonstrates a nodular consolidation with ill-defined borders. Note the presence of an air bronchogram (arrowheads) within the nodules, a finding that is unusual for metastatic tumors.

Pneumoconiosis with PMF

- CXR findings:
 - Nodule in upper lobes 融合
 - 當PMF逐漸形成，nodule會逐漸減少
 - 病灶外緣平行chest wall且清楚，內緣較為模糊

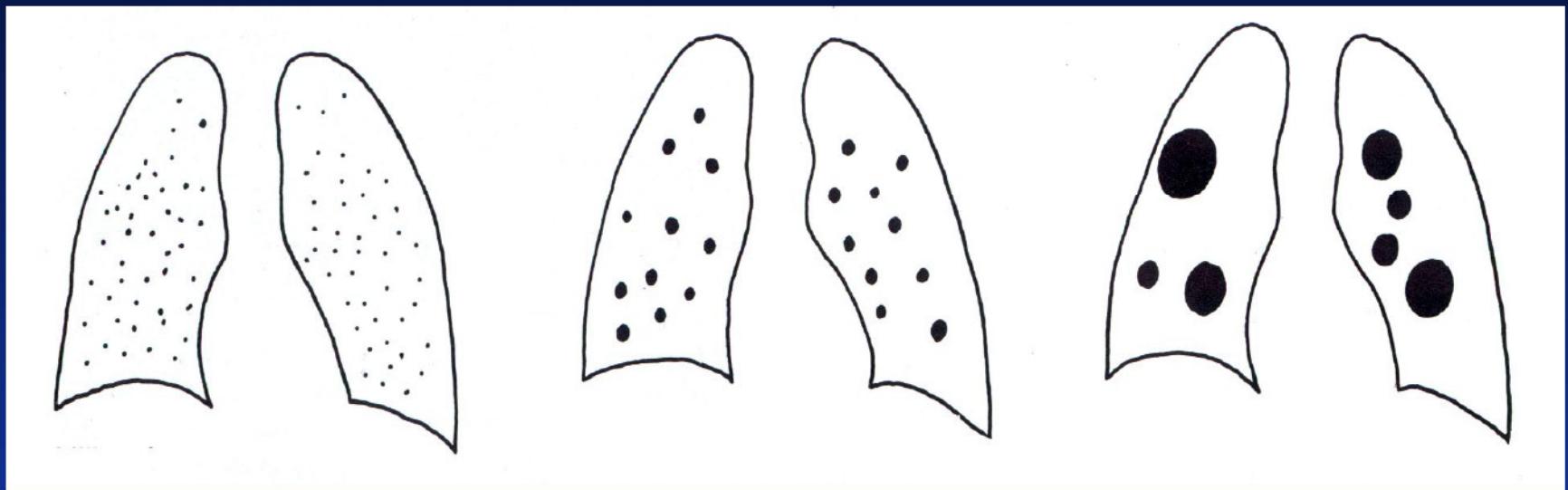


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Type of Pulmonary Metastases

Round metastases (1-10 cm) – *haematogenous spreading*



Miliary form:

Thyroid, lung, breast, bone

Coarse nodular form:

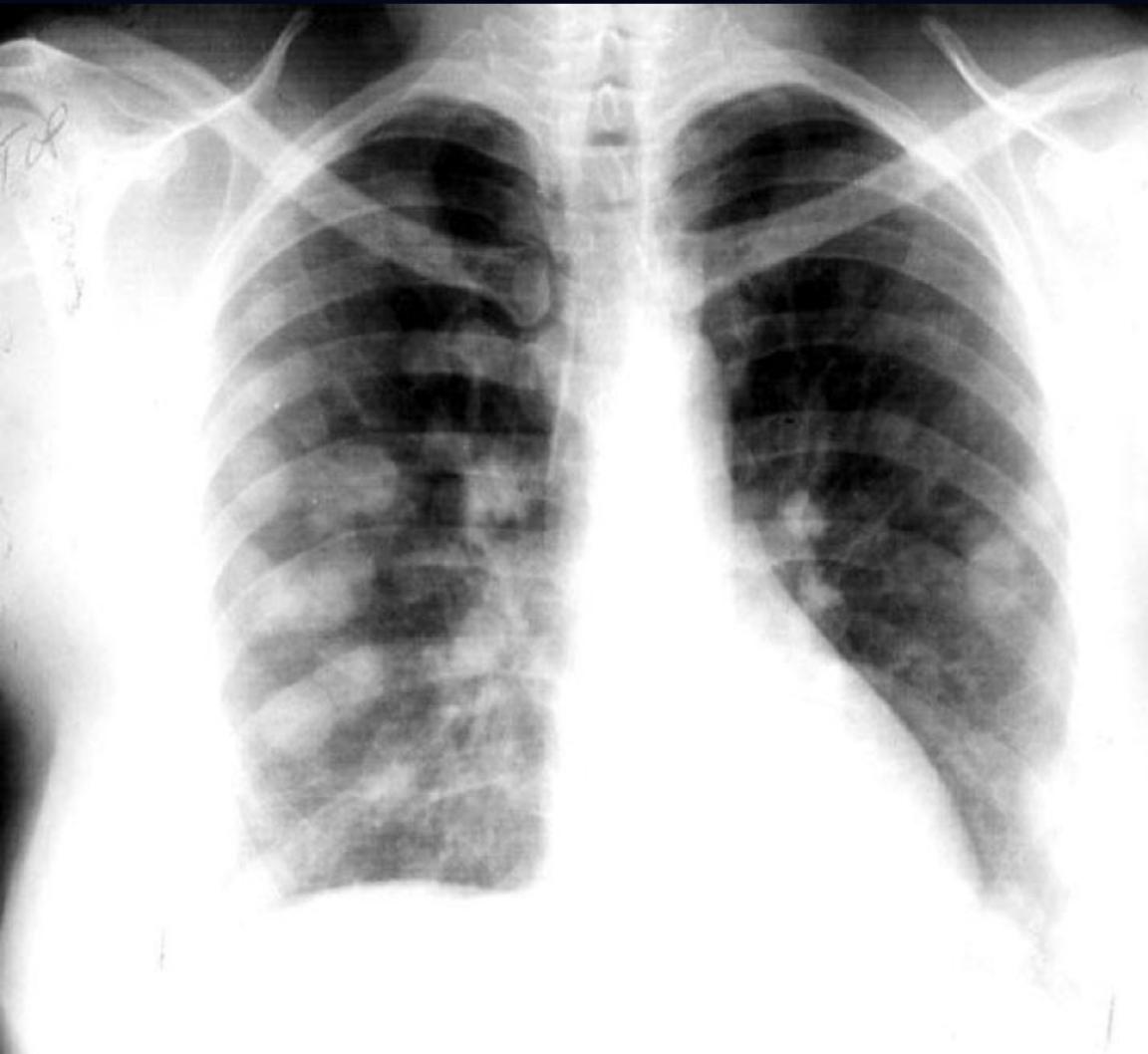
*Oropharynx, stomach, thyroid,
female genitals, lymphoma,
chorion carcinoma*

Cannon ball type:

*Sarcoma, carcinoma, seminoma,
hypernephroma*



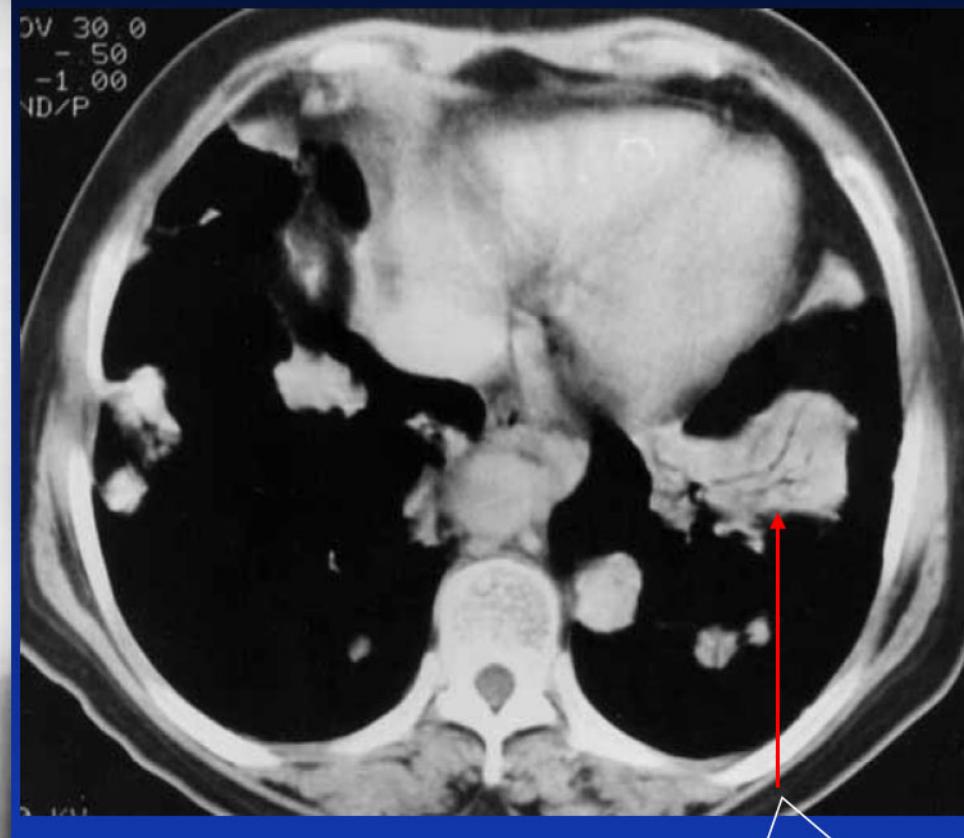
Pancreatic Ca with Diffuse alveolar metastasis



*Cannon Ball type–
Lung Metastasis -
Rectosigmoid Cancer*

- Bilateral
- Multiple
- Round mass densities
- Sharp margins

Non-Hodgkin's lymphoma



Multiple lung masses to ill defined consolidation

Widening of mediastinum

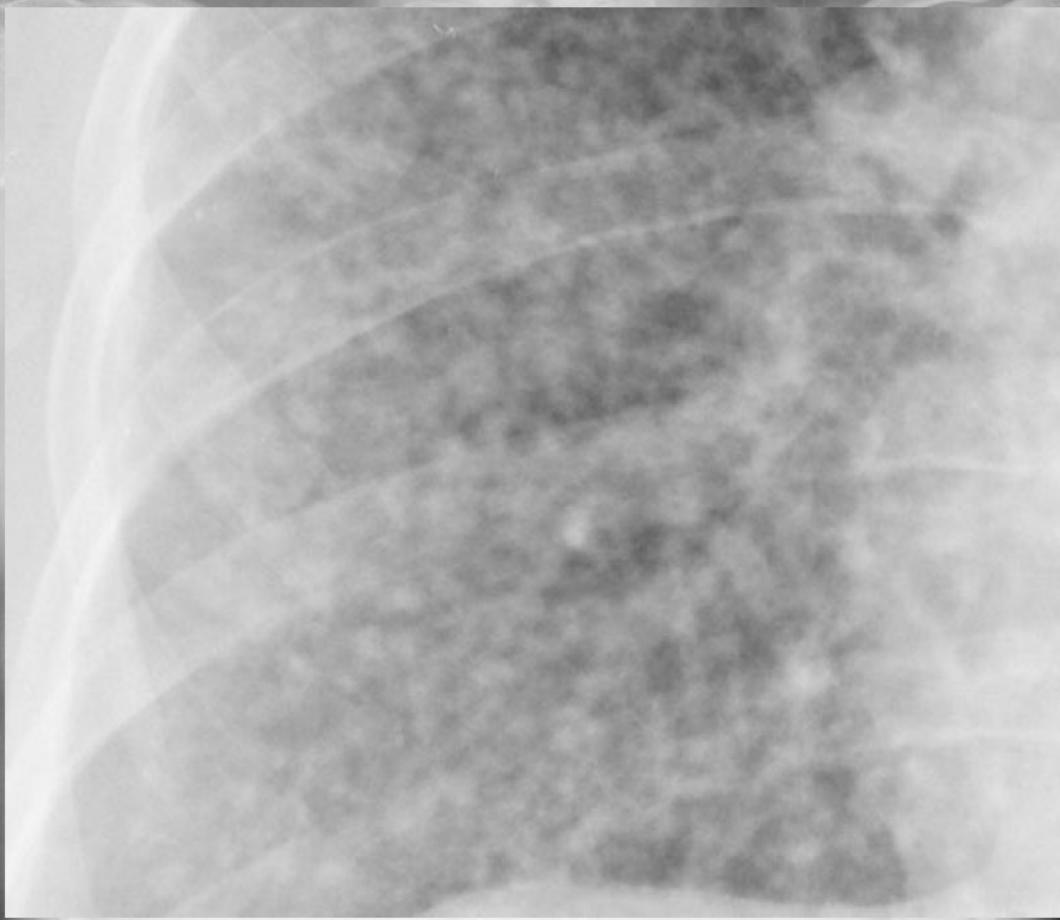
Air bronchogram

Diffuse Micronodular Lesion (<1cm)

Differential Diagnosis

- Malignancy: diffuse metastasis
 - Lower lung predominant, C-P angle (+)
 - Variable size
- Inhalation Dx:
 - Pneumoconiosis: upper lung predominant
- Infection:
 - Miliary TB : from apex to C-P angle
 - Miliary fungal infection
 - Virus: eg, chickenpox
 - Nocardiosis
- Others:
 - Diffuse panbronchiolitis (DPB): lower lung predominant
 - Alveolar lithiasis
 - Sarcoidosis
 - Hypersensitivity pneumonitis: HP
 - Histiocytosis X(PLCH): upper lung predominant

L21



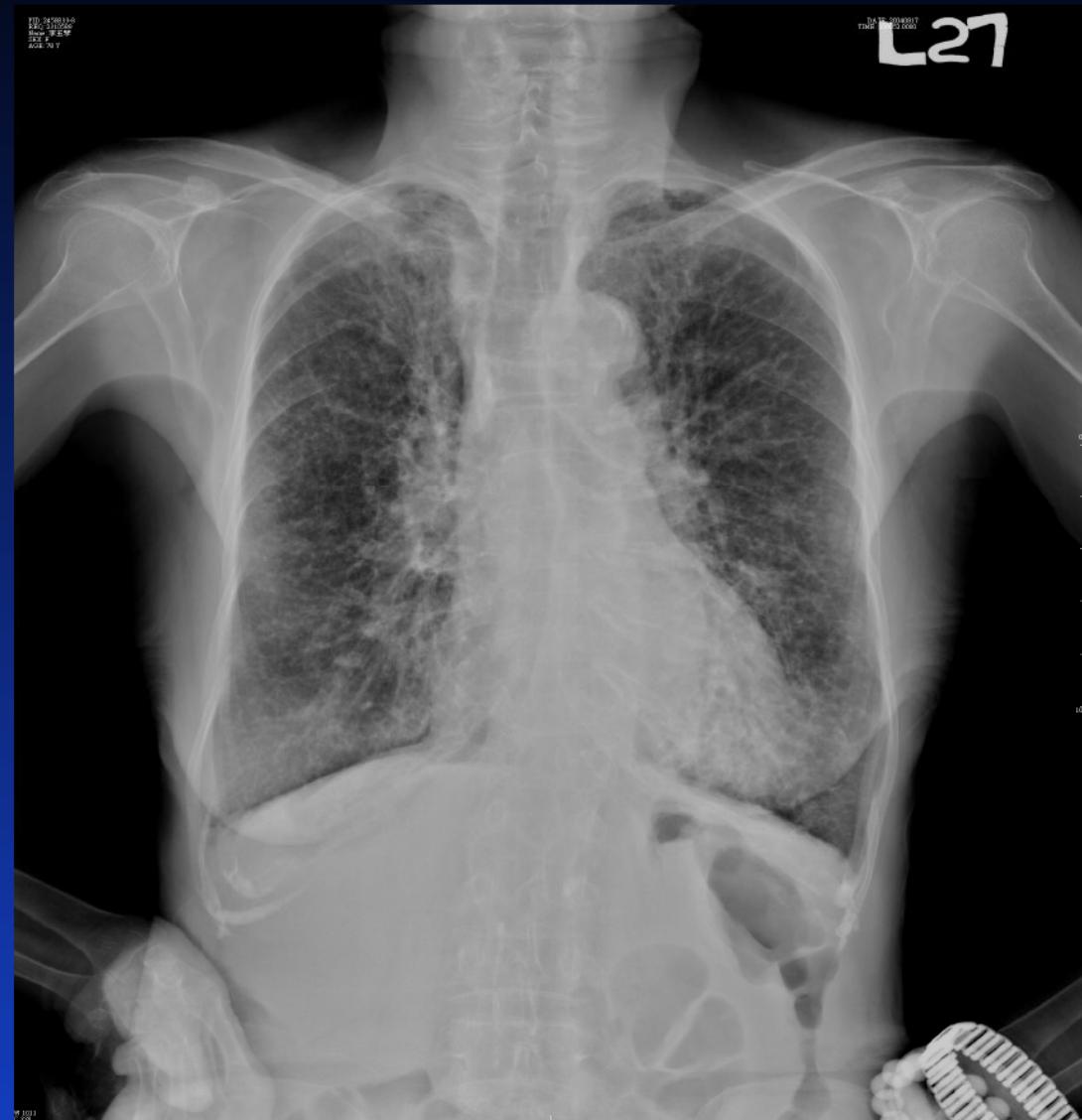
Lung cancer with lung
to lung metastasis

Miliary TB



- Evenly distributed miliary nodules (from apex to CP angle), diffuse small 2~3 mm nodules
- 細到不能再細，密到不能再密
- May increase in size to 3-5 mm, when -- in immucompromized host or without treatment

Diffuse Panbronchiolitis

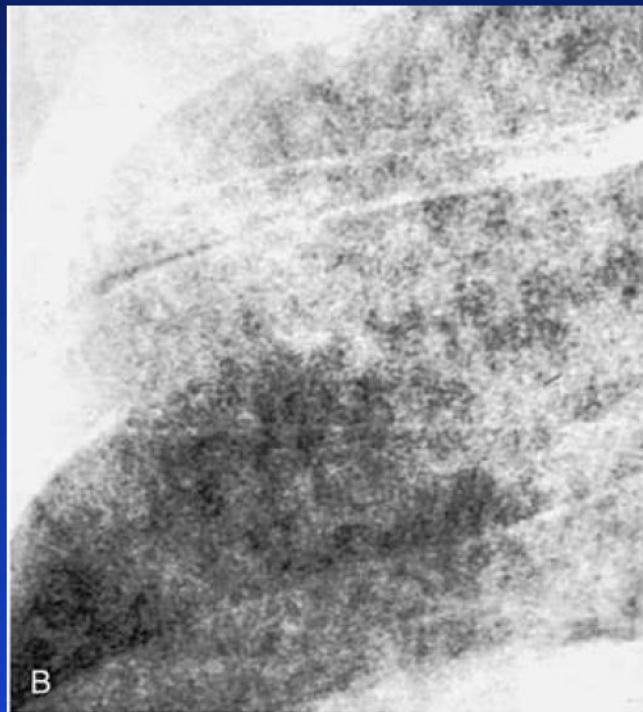


- CXR: triad
 - Diffuse nodules <5 mm, mainly in lower lung fields
 - Hyperinflation, bilateral
 - Bronchiectasis



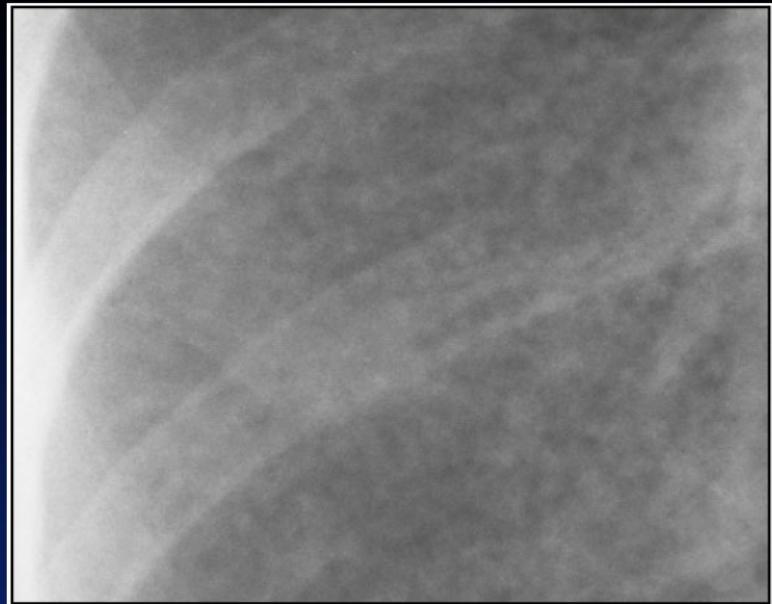
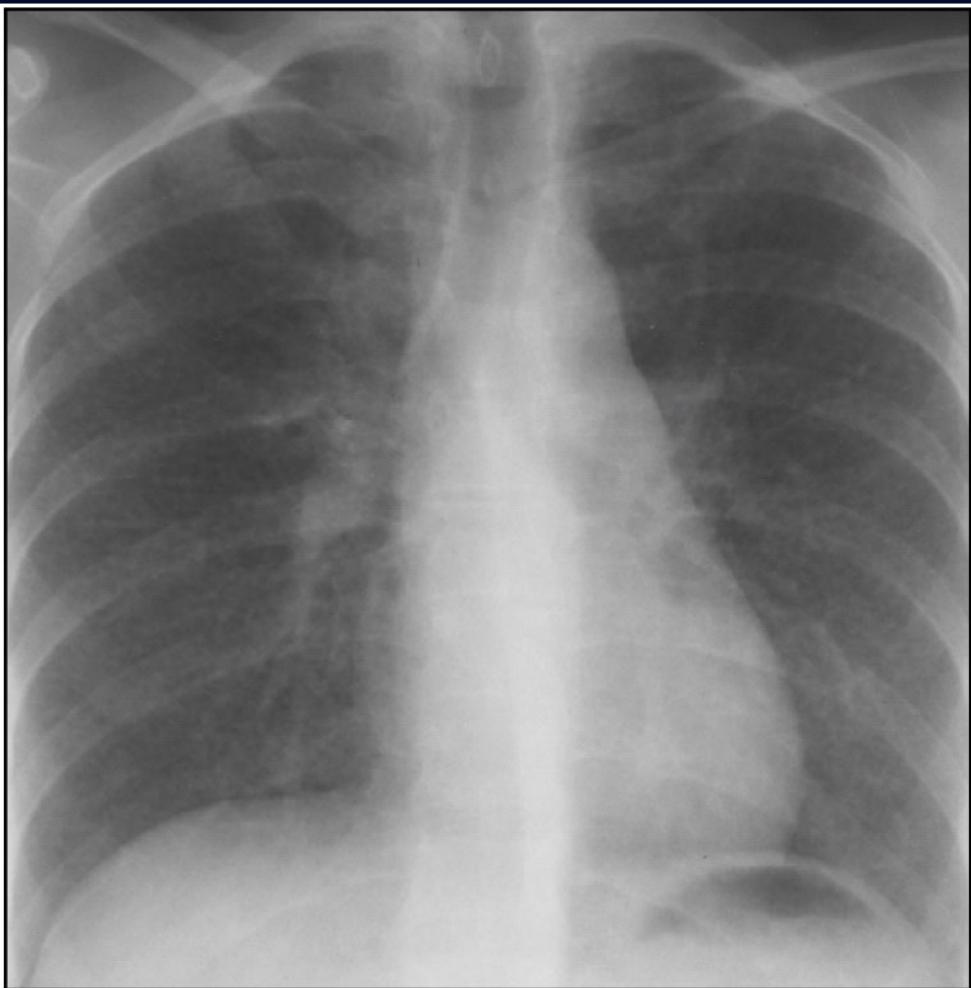
Alveolar Microlithiasis

- Rare, innumerable tiny calculi within alveolar air spaces
- Sandstorm appearance
 - Sharply defined micronodules, < 1 mm, diffusely in both lungs



Hypersensitivity Pneumonitis

– Subacute Stage



bilateral, diffusely distributed, well-defined small lung nodules and GGO.

Scattered ground-glass opacities
Centrilobular distribution peripherally

Pulmonary Langerhans Cell Histiocytosis (PLCH)



- Diffuse symmetric **nodular** and **reticulonodular** opacities
 - Multiple ill-defined nodules, 1-10mm, 60%~80%
 - Multiple irregular cysts, 1-3cm, more common than nodules, 80%
 - **Upper** and **middle** lung zones, sparing **C-P angle**



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• Tissue is the Issue

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Thanks for your attention!